

## Guna Awareness

Use for the temporary relief of : **Restlessness, lack of concentration for a prolonged period.**

### Ingredients:

Aurum Metallicum 12DH	-	Antidepressant
Brain Derived Neurotrophic Factor 4CH	-	Helps Mental Activity
Bufo Rana 12DH	-	Helps Mental Activity
Calcarea Carbonica 3DH	-	Immune Strengthening
Chromium Sulphuricum 3DH	-	Detoxification
Cicuta virosa 12DH	-	Antispastic
Cobalamin 3DH	-	Antioxidant
Coenzyme Q 3DH	-	Antioxidant
Cuprum metallicum 12DH	-	Antispastic
Ferrum metallicum 3DH	-	Antioxidant
Folic acid 3DH	-	Antioxidant
Frontal lobe suis 6DH	-	Supports Coordinating Behaviour
Lachesis mutus 12DH	-	Ant inflammation
Melatonin 4CH	-	Antistress
Molybdenum metallicum 3DH	-	Antianging
Neurotrophin 3 4CH	-	Supports Mental Activity
Neurotrophin 4 4CH	-	Supports Mental Activity
Oxytocin 6DH	-	Antispastic
Silicea 12DH	-	Immune Strengthening
Temporal lobe suis 6DH	-	Supports Auditory Processing
Thyrotropin-releasing hormone 3DH	-	Helps Mental Activity
Trimethylglycine 3DH	-	Detoxification
Vanadium metallicum 6DH	-	Antioxidant
Zincum metallicum 3DH	-	Antistress
Ethyl alcohol 30%		

Most common combinations with Guna Awareness:

Adjuvant treatment of autism	Guna-Awareness + Guna-Matrix + Guna-Cell + Guna-Lympho
Adjuvant treatment of Transit Ischemic Attacks (TIA), especially due to hyperlipidemia	Guna-Awareness + Guna-Liver
Stimulation of cognitive faculties (when deeper attention and concentration are required)	Guna-Awareness + Guna-Tonic
Better memory performance in elderly patients	Guna-Awareness + Guna-Geriatrics
Adjuvant treatment of Bipolar Disorder	Guna-Awareness + Guna-Mood



**The entire Guna range is available from:**

**Cyto-Solutions Ltd**

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*Cyto-Solutions Ltd*  
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### Guna Conference 2010 - November 27th at the RLHIM London

The Guna conference this year will be held at the newly titled Royal London Hospital for Integrated Medicine, formerly the Royal London Homeopathic Hospital.

**Dr Alessandro Perrá** will be conducting a full day of lectures under the title of 'How to Build a Therapy in accordance with PRM principles' and will cover a huge range of Otolaryngological, Immunological and Functional disorders. The day begins at 9.30am for registration with lecture beginning at 10am.

Book your place now to avoid disappointment.



The day is great value at £65.00 which includes a hot fork lunch. To book contact Cyto-Solutions, the contact details are on the back of this newsletter.

We look forward to seeing you there!

See [www.cyto-solutions.co.uk/Conference.html](http://www.cyto-solutions.co.uk/Conference.html) for the full programme and listing of subjects covered.



### Guna Complex N.1 - Our First Registration!

We now have a simplified homeopathic registration with the MHRA under section 14.1 for Guna Complex N.1 which means it can be sold OTC without indications.

Guna Complex N.1 has been known in the past as Guna Flu and Omeogrphi, but to achieve registration we were obliged to change the name. The first stocks of Guna Complex N.1 are expected in November, but we still have stocks of Guna Flu if you require some before (obviously not for OTC sale though!).

The timing of this registration could not be more perfect, coinciding with the beginning of the Winter flu season.



See [www.cyto-solutions.co.uk](http://www.cyto-solutions.co.uk) for clinical trials and in depth information.

## Guna Prostate

Adjunctive therapy for the temporary relief of symptoms due to benign prostate hypertrophy (BPH): slowed or delayed start of urination, sudden urge to urinate, incontinence, painful urination.

Ingredients:

Agnus castus 6X	Incontinence
Baryta carbonica 12X, 30X	Painful urination
Cimaphila umbellata 6X	Detoxification
Clematis erecta 3X	Antioxidant
Conium maculatum 12X, 30X	Antioxidant
Digitalis purpurea 12X, 30X	Relieves urinary irritation
Ferrum picricum 12X, 30X	Sudden urge to urinate
Interferon gamma 4C	Antioxidant
Interleukin 10 4C	Painful urination
Interleukin 2 4C	Painful urination
Melatonin 4C	Hormonal regulation
Prostate, Porcine 200X	Painful urination
Sabal serrulata 3X	Painful urination
Selenium metallicum 12X, 30X	Slowed start of urination
Staphysagria 12X, 30X	Painful urination
Thuja occidentalis 12X, 30X	Slowed start of urination
Transforming growth factor beta 1 4C	Painful urination
Zincum metallicum 3X	Slowed start of urination
Ethyl alcohol 30%	

Most common combinations with Prostate:

Acute prostatitis	<b>Guna-Prostate</b> <b>+ Guna-Flam</b>
Chronic prostatitis	<b>Guna-Prostate</b> <b>+ Citomix</b> <b>+ Guna-Cell</b>
Prostatic hypertrophy	<b>Guna-Prostate</b> <b>+ Guna-Kidney</b> <b>+ Guna-Lympho</b>



## Guna Geriatrics

For the temporary relief of symptoms due to: poor memory due to aging, forgetfulness, memory disturbance in the elderly.

Ingredients:

Adrenocorticotrophin 6X	Helps manage stress
Arnica montana 6X	Antiinflammatory
Barium oxalsuccinate 3X	Forgetfulness
Baryta carbonica 6X	Improves mental attention
Brain derived neurotrophic factor 4C	Helps mental activity
DL-Malic acid 3X	Improves attention
Frontal lobe, Porcine 6X	Stimulates mental alertness
Glandula suprarenalis suis 6X	Detoxification
Hepar suis 6X	Detoxification
Hypothalamus 6X	Improves mental attention
Insulin-like growth factor-1 4C	Enhances protein anabolism
Luteinizing hormone-releasing hormone 6X	Helps manage stress
Melatonin 4C	Helps manage stress
Neurotrophin 3 4C	Helps mental activity
Neurotrophin 4 4C	Helps mental activity
Oxytocin 6X	Stimulates social recognition
Parabenzochinon 3X	Antioxidant
Phenylalanine 3X	Stimulates mental alertness
Plumbum metallicum 6X	Antiaging
Pyruvic acid 3X	Antioxidant
Thyrotropin-releasing hormone 6X	Helps manage stress
Thyroxine T4 6X	Stimulates mental alertness
Ethyl alcohol 30%	

Most common combinations with Guna Geriatrics:

Prevention and treatment of physical and mental aging	<b>Guna-Geriatrics</b> <b>+ Guna-Cell</b> <b>+ Guna-Matrix</b> <b>+ Guna-Fem/Male</b>
Improvement of memory performance in elderly patients	<b>Guna-Geriatrics</b> <b>+ Guna-Awareness</b>
Support treatment of Transit Ischemic Attack (TIA) outcomes	<b>Guna-Geriatrics</b> <b>+ Guna-Trauma</b> <b>+ Guna-Awareness</b>
Brain arteriosclerosis	<b>Guna-Geriatrics</b> <b>+ Guna-Dizzy</b>
Depressive syndromes in elderly patients	<b>Guna-Geriatrics</b> <b>Guna-Mood</b> <b>+ Guna-Fem/Male</b>

