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INTRODUCTION

Today more than fifty million Europeans use homeopathic remedies. This “army” is constantly growing in number, as are the physicians who are turning more and more to homeopathic medicine with a view to finding suitable, safe and effective therapeutic solutions.

**Guna Laboratories** is part of this highly-dynamic context. In the course of about twenty years, Guna has become market leader in the field of natural medicine in Italy, supported by its great professionalism, spirit of initiative and research commitment - all features that have made it a byword for Italian physicians, pharmacists and patients.

Guna currently manufactures more than eight hundred homeopathic medicines: complex preparations and single-potency preparations in the form of granules, tablets, drops, ointments, powders, capsules, mouthwashes and sprays. As a result of close cooperation with leading European homeopaths, an increasing number of homeopathic medicines are also being formulated on the basis of the latest developments in the immunological and biochemical field.

Guna also devotes a great deal of energy to disseminating scientific knowledge; the company organizes refresher courses for physicians and pharmacists, thus helping to spread the word about the scientific discoveries of modern homeopathy.

It also plays a major role in scientific publishing: it has published the journal “La Medicina Biologica” since 1983, as well as books by leading European specialists.

Guna Laboratories - supported by sound experience, the scientific expertise of its management and workers, strict selection and use of raw materials, stringent quality controls and monitoring of production processes - provides the ideal setting for the development of Hahnemann’s principles and the progress of natural medicine.
The layout of the THERAPEUTIC INDEX is the following:

- pathologies are listed in alphabetical order;
- for each disease, the recommended medication is divided into Basic therapy and Add-on medication.

Recommended medication
The medicines recommended in the BASIC THERAPY category are the main preparations for curing the pathology. They are generally broad-spectrum drugs, particularly suitable for the front-line treatment of the patient. For acute situations, they are often administrated as massive-dose therapy, particularly effective on the morbid symptoms.

The remedies indicated as Basic Therapy can be prescribed altogether as a standard protocol; alternatively, within said protocol, one or more preparations can be selected, depending on the specific features of the patient.

For instance, under the heading Atherosclerosis the Basic therapy lists the association of Anti Age Circ with Senectus F or Senectus M, plus AR, Stenovit® (standard protocol), or the association of Anti Age Circ with Senectus F or Senectus M, instead of Anti Age Circ plus AR, Stenovit®, etc.

The medicines in the ADD-ON MEDICATION category can be used in combination with the Basic therapy, selected according to the dominant or concomitant symptoms of the patient.

So, in the previous example (Atherosclerosis), the Basic therapy is associated with Anti Age Ox (in the case of a brain vessel degenerative process) or NT3 4CH and/or NT4 4CH and/or BDNF 4CH (in order to support the involved neurons), or Oligoel 3 (Oligotherapy).

Selection of the recommended medication
The medicaments described in the therapeutic index will be selected according to the given case, the severity of the pathological process, the reactivity and the immunological situation of each patient.
Administration

More medicines may be taken altogether at the same time. Generally, administration time of homeopathic remedies is at fast, between meal and drinks such as coffee, tea, chocolates, fruit juice, etc..

- Drops and capsules are taken with a small amount of water, keeping the medication in the mouth for sometime. 1 dose is equal to 10 drops or 1 capsule.
- Granules, globuli and tablets are taken sublingually. 1 dose consists of 3 granules, 1 tube of globuli (1g) or 1 tablet.

Massive-dose therapy

Massive-dose therapy is used for treating suddenly-occurring illness or symptoms. The appropriate medicines are administrated frequently the more severe and acute the symptoms, the greater the frequency.

Generally, as massive-dose therapy, 1 dose (10 drops, 1 capsule, 1 tablet, 1 tube of globuli, 3 granules) is administrated every 15 minutes over a period of 2 hours; upon achieving improvement, the frequency is reduced.
THERAPEUTIC INDEX

1. Acne
2. Adenotonsillar hypertrophy
3. Adrenal cortex insufficiency
4. Aesthetic medicine (indications in)
5. Allergies
6. Alopecia
7. Anemia
8. Antibiotics (biological support therapy during antibiotic treatment)
9. Anxiety (anxious-depressive syndrome)
10. Aphthae
11. Arterial hypertension
12. Atherosclerosis
13. Atmospheric pollution (damage due to)
14. Blepharitis
15. Bronchial catarrh
16. Cellulite (see Aesthetic medicine, indications in)
17. Chalazion
18. Chemotherapy (biological support treatment in)
19. Chronic fatigue syndrome
20. Cinesia
21. Colitis
22. Common cold
23. Condylomatosis
24. Conjunctivitis (bacterial, viral, allergic)
25. Constipation
26. Cosmetology (applications in)
27. Cough
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32. Dentistry (indications in)
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34. Dermatitis (see Dermatology, indications in)
35. Dermatology, indications in (dermatitis, eczema/sunburn, erythema, psoriasis)
36. Diabetes
37. Diet supplementation (amino acids, vitamins)
38. Digestion (disorders)
39. Diuresis (diuretic therapy)
40. Dyslipidemia
41. Dyspareunia
42. Dyspepsia
43. Dystrophy of the cutaneous appendages and skin (onychorrhexis)
44. Eczema (see Dermatology, indications in)
45. Electrosmog
46. Erythema – sunburn (see Dermatology, indications in)
47. Fear of the dentist (see Dentistry, indications in)
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49. Female hypertrichosis
50. Fever
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52. Gastritis (acid)
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54. Headache
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62. Immunoprophylaxis
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66. Insect bites
67. Insomnia
68. Intestinal bacterial flora (disruption of the)
69. Intestinal dysbiosis (see Intestinal bacterial flora, disruption of the)
70. Jet lag syndrome (rapid change in time zone)
71. Keratitis
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73. Mastodynia
74. Memory (disorders)
75. Menopause (disorders)
76. Meteorism and flatulence
77. Mycoses (cutaneous, intestinal, vaginal)
78. Nervous breakdown (conditions)
79. Neurological damage (central and peripheral)
80. Neurovegetative dystonia
81. Obesity and weight problems
82. Oncology (options in)
83. Osteoporosis
84. Ovarian microcystosis
85. Oxidative stress (free radicals)
86. Pain
87. Parkinson’s disease
88. Premenstrual syndrome (see Female hormone disorders)
89. Prostatitis
90. “Protector”
91. Psoriasis (see Dermatology, indications in)
92. Rheumatology (indications in)
93. Scapulohumeral periarthritis (calcification)
94. Secondary amenorrhea (see Female hormone disorders)
95. Skin relaxation (see Aesthetic medicine, indications in)
96. Sports medicine (indications in)
97. Sterility (see Female hormone disorders)
98. Suffumigation
99. Sun tan (see Aesthetic medicine, indications in)
100. Thrush
101. Tonsillitis (acute, chronic)
102. Toothache (see Dentistry, indications in)
103. Tracheobronchitis
104. Urticaria
105. Vaccinations (prophylaxis against side effects of)
106. Vaginal candidosis
107. Venous insufficiency
108. Verruca
109. Vertigo
110. Withdrawal (from tobacco, narcotics, coffee, sugars)
111. Worms (see Helminth infestation)
112. Wrinkles
ACNE

**BASIC THERAPY**

Anti IL 1: 10 drops 3 times a day, or adjusting the frequency to individual needs *(anti-inflammatory action)*, or, alternatively: Macro Reg: 3 granules 2-3 times a day *(anti-inflammatory and anti-infectious action, particularly in acute forms)*  
Anti Age Pel 4: 3 granules morning and evening *(predisposition to acne)*  

**ADD-ON MEDICATION**

G3 (in females) K2M (in males): 10 drops 2-3 times a day *(endocrine dysmetabolism)*  
ß-estradiol D6: 15-20 drops twice a day *(anti-androgenic action reduces sebum secretion)*  
Natur 4 ointment: application morning and evening *(anti-androgenic action: for acne e seborrhea; revitalizes the facial skin)*  
Sepia compositum: 10-20 drops 3 times a day *(for cyclic mood instability)*  
Oligoel 16 (Cu-Au-Ag): 30 drops twice a day *(according to Oligotherapy)*  

*At end of treatment*

Anti Age Cut: 3 granules morning and evening *(for trophic skin stimulation)*  

ADENOTONSILLAR HYPERTROPHY

**BASIC THERAPY**

Linf Reg: 3 granules 2-3 times a day *(stimulates humoral immunity, regulates lymphocytic hyperactivity)*  
Comp Reg: 3 granules 2-3 times a day *(stimulates humoral immunity – complement system)*
ADD-ON MEDICATION

**Anti IL 1**: 10 drops several times a day *(acute and chronic inflammatory conditions)*

**Anti Age Stim**: 3 granules 3 times a day *(after regression of disease, as prophylactic and/or maintenance treatment)*

**TNF 4CH**: 20 drops twice a day *(antibacterial immunostimulation)*

**Oligoel 2 (Bi)**: 30 drops twice a day *(for chronic tonsillitis in Oligotherapy)*

### ADRENAL CORTEX INSUFFICIENCY

#### BASIC THERAPY

**K2F** *(in females) K2M *(in males): 10 drops 2-3 times a day *(for PNEI, psycho-neuroendocrine immunology, regulation of the endocrine network)*

**ACTH D6**: 20 drops twice a day *(stimulates the adrenal cortex hormones)*

#### ADD-ON MEDICATION

**Anti Age Stress**: 3 granules 3 times a day *(controls the neurovegetative system)*

**Oligoel 16 (Cu-Au-Ag)**: 30 drops twice a day *(for treating “anergic diathesis”, in Oligotherapy)*

**Oligoel 17 (Zn)**: 30 drops twice a day *(for functional endocrine disorders)*

### AESTHETIC MEDICINE *(indications in)*

#### CELLULITE

#### BASIC THERAPY

**Anti Age Cell**: 3 granules morning and evening *(for cell intoxication)*

**Anti Age Ven**: 3 granules morning and evening *(for venous-lymphatic stasis)*
ADD-ON MEDICATION

**Anti Age Met:** 3 granules morning and evening *(activates the metabolic systems)*

**Anti Age Ox:** 3 granules morning and evening *(activates cell respiration)*

**Pilosella compositum:** 20 drops 3 times a day *(fluid retention)*

**Metatox 4:** 30 drops 3-4 times a day, during meals *(for metabolic drainage)*

**Natur 4 ointment:** apply morning and evening *(for a trophic action on the skin)*

SKIN RELAXATION AND WRINKLES (FACE AND BREAST)

BASIC THERAPY

**MADE®:** s.c. injections in the appropriate points of face and neck. Initially, 2 treatments a week for the 1st week, then 1 treatment a week for 1 month, then 1 treatment a month regularly, in order to stabilize the results.

**Anti Age Cut:** 3 granules morning and evening *(for a trophic action on the skin; prevents skin aging and skin dehydration)*

**Serum vitae fluid:** apply morning and evening *(for trophic stimulation of the skin and subcutaneous connective tissue; as a complement to mesotherapeutic bio-lifting treatments)*

**AR® Esilen®:** 1 bottle a day for 10 days a month for several months *(oxidative stress and overproduction of free radicals in the skin)*

**AR® Esilen® emulsion:** spread on the affected area twice a day *(protects the skin against the effects of free radicals)*

SECOND-LINE THERAPY

**EGF 4CH:** 20 drops morning and evening *(for growth and differentiation of epithelial cells)*

**FGF 4CH:** 20 drops twice a day *(for growth and differentiation of fibroblasts)*

**β-estradiol D6:** 20 drops twice a day *(for an anti-androgenic action; develops subcutaneous adipose tissue, anti-seborrheic action)*
ADD-ON MEDICATION

Anti Age Pel 1: 3 granules morning and evening (improves facial tone)
Anti Age Pel 2: 3 granules morning and evening (for facial capillary circulation disorder)
Anti Age Pel 3: 3 granules morning and evening (for bags under the eyes)
Anti Age Pel 4: 3 granules morning and evening (for dull complexion)
Anti Age Pel 5: 3 granules morning and evening (for facial signs of “fatigue”)
Anti Age Pel 6: 3 granules morning and evening (for skin aging due to pollution)

Natur 4 ointment: apply morning and evening (revitalizes the skin of the face and body; improves tone of the breast; anti-androgenic action)

SON Formula*: 5 tablets (or one 5 g sachet) 3 times a day (amino acid substrate for optimal protein synthesis)

SUN TAN

BASIC THERAPY

Anti Age Sol: 3 granules morning and evening starting from a month before exposure to the sun. Continue with the same dosage throughout the period of exposure (to prevent damage due to exposure to the sun and UVA or UVB lamps, i.e. dehydration, skin aging, skin dyschromia)
Anti Age Bronz: 3 granules morning and evening starting from a month before exposure to the sun. Continue with the same dosage throughout the period of exposure (to intensify the sun tan, prevent erythema or sunburn, chloasma, sun-induced dyschromia)

ADD-ON MEDICATION

Anti Age Pel 2: 3 granules morning and evening (for a soothing action in the case of excessive exposure to the sun or UVA and UVB lamps)
Anti Age Ven: 3 granules morning and evening (for venous-lymphatic insufficiency conditions, particularly after exposure to the sun)

Anti Age Cut: 3 granules morning and evening during the month following exposure to the sun or UVA and UVB lamps, or 3 granules in the evening after a day of sunbathing (prevents skin aging and skin dehydration)
Anti Age Cap: 3 granules morning and evening during the month after exposure to the sun or UVA and UVB lamps, or 3 granules in the evening after a day of sunbathing (protects the hair in the case of bathing in the sea or swimming pool; for dry and fragile hair)
ALLERGIES

BASIC THERAPY
Ovix® modulates the release of allergic mediators

Prevention
From a few days before exposure to a few days afterwards:
Ovix®: 3-12 years old, 1-2 tab/day
Ovix®: 12-16 years old, 1-3 tab/day
Ovix®: adults, 3 tab/day

During acute reaction (as adjuvant, it enables a reduction in the dosage of the homeopathic or allopathic medication habitually administered):
Ovix®: 3-12 years old, 2-3 tab/day
Ovix®: 12-16 years old, 3-6 tab/day
Ovix®: adults, 6-12 tab/day

Maintenance therapy
Ovix®: 3-12 years old: 1-2 tab/day
Ovix®: 12-16 years old: 2-3 tab/day
Ovix®: adults: 3 tab/day

Transfactor 22: 1 capsule a day, from Monday to Friday (resting Saturday and Sunday), for 2-3 months (immunological treatment of the allergic “terrain”)

ADD-ON MEDICATION
Oligoel No. 9 (Mn): 30 drops twice a day (for treatment of the terrain in Oligotherapy)

Interleukin 5 4CH and/or Interleukin 4 4CH: 15-20 drops twice a day (regulates the allergic reaction)

Immun Reg: 3 granules 2-3 times a day (for basic regulation of the immunological network)

Ovix® ointment: spread several times on the affected area (for atopic dermatitis)

Apisplex: 3 granules every hour until symptoms improve; then 3 granules 3 times a day; in seasonal allergies: 3 granules 3 times a day starting from a month before symptoms are expected to begin (for conjunctivitis; hay fever)
ANTI-DUST MITE ALLERGY INDOOR TREATMENT

Acaris Stop: spray fabrics, rugs, carpets, etc. Repeat the treatment every 20-30 days

Specific desensitization treatments:
The Allergy Plex range

ALOPECIA

BASIC THERAPY

Anti Age Cap: 3 granules morning and evening (for detoxification and drainage of the scalp)
Anti Age Crin: 3 granules morning and evening (for trophic stimulation of the skin and cutaneous appendages)
Anti Age Cut: 3 granules morning and evening (activates cutaneous metabolisms)

ADD-ON MEDICATION

K2F (in females) K2M (in males): 10 drops 2-3 times a day (for endocrine dysmetabolisms)
β-estradiol D6: 15-20 drops twice a day (for female seborrhoic alopecia; anti-androgenic action)

Anti Age stress: 3 granules morning and evening (for controlling stress conditions)

Oligoel 19 (Zn-Cu): 30 drops twice a day (in Oligotherapy)

ANEMIA

BASIC THERAPY

SON Formula*: 5 tabs at main meals (to stimulate protein synthesis)
Oligoel 10 (Mn-Co): 30 drops twice a day (for catalytic therapy)
ADD-ON MEDICATION

Interleukin 3 4CH: 15-20 drops twice a day *(stimulates hemopoiesis)*

ANTIBIOTICS *(Biological support during treatment)*

BASIC THERAPY

Eubioflor 1: 20 drops 3 times a day for 2 months - Eubioflor 2: 10 drops 3 times a day for 2 months - then continue with 10 drops 3 times a day for another 2 months *(for treatment of intestinal dysbiosis)*

ADD-ON MEDICATION

Anti Age Cell: 3 granules twice a day *(for cell intoxication)*

ANXIETY *(ANXIOUS-DEPRESSIVE SYNDROMES)*

BASIC THERAPY

Sepia compositum: 10-20 drops 3 times a day *(for cyclic mood instability)*

ADD-ON MEDICATION

Serotonin D6 + Melatonin 4CH + Tryptophan D6 + ACTH D30: 20 drops of each twice a day *(to stabilize opioid tone)*

Senectus F (in females) Senectus M (in males): 10 drops 2-3 times a day *(anxious-depressive syndrome in the elderly)*

Anti Age Stress: 3 granules twice a day *(it controls the neurovegetative system)*

Anti Age Fam + Anti Age Diet: 3 granules twice a day *(to control anxiety on slimming diets or in fits of bulimia)*

Anti Age Reg: 3 granules twice a day *(to regulate sleep)*
**Metatox 2:** 30 drops several times a day (at least 4) *(to control anxiety in treatment for withdrawal from alcohol, tobacco, narcotics)*

**Omeo Prep:** 5 granules twice a day. During sporting activities: 5 granules before and 5 granules after the event *(to control anxiety in sports people)*

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**APHTHAE**

**BASIC THERAPY**

*Disease in active phase*

**Anti Age Herp:** 3 granules morning and evening (as stoss therapy: 3 granules every 30 min. for a few hours). *Prevention and treatment of aphthous stomatitis (thrush).*

**NK Reg:** 3 granules morning and evening (as stoss therapy: 3 granules every 30 min. for a few hours). *For cure and prevention of viral pathologies.*

*Chronic-recurrent forms*

**INF γ 4CH:** 20 drops twice a day *(stimulates antiviral defenses)*

**Uncastim:** 10 drops 3 times a day for periods of 2 months *(to prevent recurrent forms of bacterial and viral infections)* or, alternatively: **Citomix:** 3 granules morning and evening *(for non-specific stimulation of the immune defenses, especially antiviral)*

**ADD-ON MEDICATION**

**Eubioflor 1:** 20 drops 3 times a day for 2 months - **Eubioflor 2:** 10 drops 3 times a day for 2 months *(for the treatment of intestinal dysbiosis)*

**Anti 2:** 10 drops twice a day *(for digestive disorders)*

**Anti Age Stress:** 3 granules morning and evening *(for conditions of stress facilitating immunodepression)*

**Medi-Dent mouth wash:** 15 drops in a glass of water, or use pure for local applications *(oral cavity anti-inflammatory agent and disinfectant)*
ARTERIAL HYPERTENSION

BASIC THERAPY

Iper G: 10 to 20 drops 2-3 times a day (for essential arterial hypertension) with or without the following in association:

Pilosella compositum: 15-20 drops 3 times a day (for biological diuretic therapy)

Senectus F (in females) Senectus M (in males): 10 drops 2-3 times a day (for basic treatment of neuroendocrine dysregulation in the elderly)

ADD-ON MEDICATION

Menyanthes compositum: 10 drops 2-3 times a day; in the acute phase, 10 drops several times a day (for congestive headache)

ARD Stenovit®: 1 bottle a day for 10 days a month for several months (for oxidative stress, particularly hyperoxidation of the vasal endothelium; endothelial discoloring)

Anti Age Stress: 3 granules 2-3 times a day (modulates neurovegetative stress conditions)

Serotonin D6: 20 drops twice a day (for stress-induced hypertension)

Start: 10 drops once or twice a day (for stress-induced hypertension)

Oligoel 9 (Mn): 30 drops twice a day (regulates blood pressure in Oligotherapy)

ATHEROSCLEROSIS

BASIC THERAPY

Anti age Circ: 3 granules twice a day (activates the cerebral circulation)

Senectus F (in females) Senectus M (in males): 10 drops 2-3 times a day (for deteriorated neuroendocrine function in the elderly)

ARD Stenovit®: 1 bottle a day for 10 days a month for several months (antioxidant therapy to combat the onset or progression of endothelial discoloring induced by free radicals)
ADD-ON MEDICATION

Anti Age Ox: 3 granules twice a day (against brain vessel degeneration)
NT3 4CH: 15-20 drops twice a day (it supports damaged neurons)
NT4 4CH: 15-20 drops twice a day (it supports damaged neurons)
BDNF 4CH: 15-20 drops twice a day (it supports damaged neurons)
Oligoel 3 (Co): 30 drops twice a day (in Oligotherapy)

ATMOSPHERIC POLLUTION (DAMAGE DUE TO)

BASIC THERAPY

Anti Age Smog: 3 granules 2-3 times a day (for organic intoxication due to pollution)
ARo Stenovit®: 1 bottle a day for 10 days a month for several months (for cell hyperoxidation)

ADD-ON MEDICATION

The Detox-Endotox Range and the Allergy Plex range for specific disintoxication program (e.g. heavy metals, food additives, ink, exhaust gas, etc.).

Anti Age Video: 3 granules 2-3 times a day (for excessive computer exposure)
Anti Age Pel 6: 3 granules 2-3 times a day (face protection against atmospheric pollution)
ARo Esilen®: 1 bottle a day for 10 days a month for several months (for skin oxidative stress and overproduction of free radicals, replace l’ARo Stenovit®).
ARo Esilen® emulsion: spread on the affected area twice a day (skin protection against free radicals)

Anti Age Cell: 3 granules 2-3 times a day (for endocellular intoxication)
Anti Age Met: 3 granules 2-3 times a day (against aging processes)
BLEPHARITIS

**BASIC THERAPY**

Macro Reg: 3 granules 2-3 times a day *(for non-specific reinforcement of immune response, anti-inflammatory action)*
Bellaplex: 3 granules 3 times a day *(anti-inflammatory action on the eye)*
IL 10 4CH: 20 drops twice a day *(to modulate inflammation)*

**ADD-ON MEDICATION**

IL 6 4CH: 20 drops twice a day *(in chronic-recurrent forms)*
TNF 4CH: 20 drops twice a day *(in chronic-recurrent forms)*

BRONCHIAL CATARRH

**BASIC THERAPY**

Homeotox®, syrup: 2 teaspoons 3-6 times a day (adults), 1 teaspoon 2-4 times a day (children). *Fluidifies the bronchial secretions.*

**ADD-ON MEDICATION**

Omeogriphi*: 1 dose every 8 hours *(for influenza and cold syndromes)*

CELLULITE

*(see Aesthetic Medicine, indications in)*

CHALAZION

**BASIC THERAPY**

Comp Reg: 3 granules 2-3 times a day *(reinforces basic metabolic and immunological activity)*
**BELLAPLEX**:
3 granules 3 times a day *(anti-inflammatory action)*

**MACRO REG**:
3 granules 2-3 times a day *(for non-specific reinforcement of immune response, anti-inflammatory action)*

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**ADD-ON MEDICATION**

**IL2 4CH**:
20 drops twice a day *(to regulate cell-mediated response)*

**TNF 4CH**:
20 drops twice a day *(to regulate proliferative processes)*

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**CHEMOTHERAPY** *(Biological support treatment)*

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**BASIC THERAPY**

**IL3 4CH**:
20 drops twice a day *(for treating side effects of chemo- and radio-therapy; hemopoietic disorders)*

**ANTI 2**:
10 drops twice a day *(hepatic drainage)*

**METATOX 4**:
30 drops during meals (4 times a day): *metabolic drainage.*

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**ADD-ON MEDICATION**

**OLIGOEL 12 (Mn-Cu-Co)**:
30 drops twice a day *(adjuvant in the treatment of anemic conditions)*

**ANTI AGE CELL+ANTI AGE OX+ANTI AGE VIT**:
3 granules of each twice a day *(for cell drainage and reinforcement of cell enzyme activities)*

**AR®, STENOVIT**:
1 bottle a day for lengthy periods *(for neutralizing free radicals)*

**SON FORMULA®, TABLETS OR SACHETS**:
0.4 g/kg of ideal body weight a day *(reinforces and restores organic protein structures)*

**ANTI AGE CAP + ANTI AGE STRESS**:
3 granules of each twice a day *(protects the hair during chemotherapy)*
CHRONIC FATIGUE SYNDROME

**BASIC THERAPY**

- Anti Age Stress: 3 granules morning and evening *regulates neurovegetative dystonia*
- Melatonin 4CH: 20 drops twice a day *for neuroendocrine regulation of the “biological clock”*

**ADD-ON MEDICATION**

- SON Formula*: approx. 5 g to supplement each of the three main meals *develops strength and resistance to fatigue, particularly of the muscles*
- Senectus F (in females) Senectus M (in males): 10 drops 2-3 times a day *in the elderly*
- Anti Age Reg: 3 granules twice a day *regulates sleep*
- NGF 4CH: 20 drops twice a day *for severe forms of depression*
- Oligoel 16 (Cu-Au-Ag): 30 drops twice a day *for psychoasthenia, especially in the elderly, in Oligotherapy*

**CINESIA**

**BASIC THERAPY**

- Anti Age Jet: 3 granules morning and evening *promptly regulates neurovegetative hyperexcitability*

**ADD-ON MEDICATION**

- Melatonin 4CH: 10 drops repeatedly during the journey
COLITIS

STANDARD THERAPY

**Anti Age Stress**: 3 granules twice a day *(controls stress; gastro-intestinal somatization)*

**Serotonin D6 (or Tryptophan D6)**: 20 drops twice a day *(controls the anxious component)*

**Melatonin 4CH**: 20 drops twice a day *(regulates bowel function)*

**Eubioflor 1**: 20 drops 3 times a day for 2 months - **Eubioflor 2**: 10 drops 3 times a day for 2 months - continue with 10 drops 3 times a day for another 2 months *(to treat intestinal dysbiosis)*

COMMON COLD

*Treatment*

**BASIC THERAPY**

**Omeogriphi**: 1 dose every eight hours until remission of symptoms

*ADD-ON MEDICATION*

**S44**: 20-40 drops every hour; as maintenance therapy: 10-20 drops every 2-3 hours; half dose in children *(for associated acute fever symptoms)*

**NK Reg**: 3 granules 2-3 times a day *(activates the antiviral immune defenses)*

**Cytomix**: 10 granules 2-3 times a day *(combats a tendency for recurrent colds)*

**Oligoel 15 (Cu)**: 30 drops twice a day *(for bacterial and viral inflammation, in Oligotherapy)*

*Prevention*

**BASIC THERAPY**

**Omeogriphi**: 1 dose once a week for 6 weeks *(the cycle can be repeated)*
**ADD-ON MEDICATION**

**NK Reg:** 3 granules 2-3 times a day *(reinforces the antiviral immune defenses)*

**Cytomix:** 3 granules 2-3 times a day *(for non-specific stimulation of the immune system)*

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**CONDYLOMATOSIS**

**BASIC THERAPY, TO BE ADMINISTRATED TO BOTH PARTNER**

**Transfactor 11:** 1 capsule a day from Monday to Friday (resting on Saturday and Sunday) for 2-3 months *(for specific immunological stimulation against HPV; prevention of relapses and recurrent infection)*

**ADD-ON MEDICATION**

**Uncastim:** 30-50 drops a day for 2 months *(for prevention and treatment of relapsing bacterial and viral infections)*

**NK Reg:** 3 granules 2-3 times a day *(for prevention of viral diseases)*

**INF α 4CH+INF γ 4CH+IL2 4CH+IL12 4CH:** 20 drops of each twice a day *(for cytokine therapy)*

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**CONJUNCTIVITIS**

**BASIC THERAPY**

**Apisplex:** 3 granules every hour until symptoms improve; then continue with 3 granules 3 times a day; in seasonal allergies: 3 granules 3 times a day starting from a month before the symptoms are expected to begin *(conjunctivitis; hay fever)*

**ADD-ON MEDICATION**

**Bellaplex:** 3 granules every hour until symptoms improve; then continue with 3 granules 3 times a day for at least 7 days after the acute symptoms have disappeared *(for bacterial superinfection; bacterial conjunctivitis in contact lens wearers)*
Anti Age Video: 3 granules twice a day (for conjunctivitis induced by exposure to the computer screen)

Interleukin 5 4CH and/or Interleukin 4 4CH: 15-20 drops twice a day (to regulate allergic reaction in allergic conjunctivitis)

**CONSTIPATION**

**BASIC THERAPY**

Anti 2: 10 drops twice a day (stimulates hepatic and pancreatic enzyme activity)

**ADD-ON MEDICATION**

Melatonin 4CH: 20 drops twice a day (regulates circadian rhythm)

Anti Age Stress: 3 granules morning and evening (controls the neurovegetative system; for gastro-intestinal somatization)

Eubioflor 1: 20 drops 3 times a day for 2 months - Eubioflor 2: 10 drops 3 times a day for 2 months – then continue with 10 drops 3 times a day for another 2 months (for treating intestinal dysbiosis)

**COSMETOLOGY (Applications in)**

See under the following items:

Anti Age Pel 1 (skin relaxation)
Anti Age Pel 2 (facial capillary circulation disorder)
Anti Age Pel 3 (bags under the eyes)
Anti Age Pel 4 (dull complexion: predisposition to acne)
Anti Age Pel 5 (facial signs of fatigue due to stress or abuse of various kinds)
Anti Age Pel 6 (protection of the skin against pollutants)
**ARD Esilen®**: 1 bottle a day for 10 days a month for several months (*against skin oxidative stress and overproduction of free radicals*)

**ARD Esilen® emulsion**: spread on the affected area twice a day.

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**COUGH**

**BASIC THERAPY**

**Homeotox® syrup**: two 5 cc teaspoons 3 to 6 times a day (adults); one 5 cc teaspoon 2 to 4 times a day (children).

*Fluidifies the bronchial secretions.*

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**COUPEROSE**

**BASIC THERAPY**

**Anti Age Pel 2**: 3 granules twice a day (*for facial capillary circulation disorder*)

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**ADD-ON MEDICATION**

**Anti Age Pel 5**: 3 granules twice a day (*for effects of stress and a disorderly lifestyle*)

**Anti Age Sol**: 3 granules twice a day (*for excessive exposure to the sun*)

**Anti Age Ven**: 3 granules twice a day (*for venous-lymphatic circulation disorder*)

**ARD Esilen®**: 1 bottle a day for 10 days for several months (*specifically for neutralizing effects of free radicals in the skin*)

**ARD Esilen® emulsion**: 2 applications a day on the affected area (*protects the skin against free radicals*)
CRADLE CAP

**BASIC THERAPY**

- **Anti Age Cut:** 3 granules morning and evening (*activates the skin metabolisms*)
- **IL 10 4CH:** 20 drops twice a day (*regulates the immunotolerant processes*)

**ADD-ON MEDICATION**

- **Anti 2:** 10 drops twice a day (*for hepatic drainage*)
- **Eubioflor 1:** 10 drops 3 times a day (*for treating intestinal dysbiosis*)

CYSTITIS

**ACUTE CYSTITIS**

**BASIC THERAPY**

- **Anti IL 1:** 10 drops 2-5 times a day, or with a frequency depending on the clinical picture, for 1 week (*modulates the acute and chronic inflammatory condition*)

**ADD-ON MEDICATION**

- **Comp Reg:** 3 granules 2-3 times a day (*reinforces the immune response when under stress*)
- **Macro Reg:** 3 granules 2-3 times a day (*for acute infectious or inflammatory disease*)

- **Eubioflor 1:** 20 drops 3 times a day for 2 months - **Eubioflor 2:** 10 drops 3 times a day for 2 months, continue with 10 drops 3 times a day for another 2 months (*for concomitant intestinal dysbiosis*)
RECURRENT CYSTITIS

STANDARD THERAPY

Uncastim: 10 drops 3 times a day for 2 months (for treating recurrences of viral and bacterial infections)

DENTINE HYPERSENSITIVITY

(see Dentistry, indications in)

DENTISTRY (INDICATIONS IN)

Refer to the Dentotox Range for wider applications in dentistry.

DENTINE HYPERSENSITIVITY

BASIC THERAPY

Desy® Spray: spray several times during the day on the dental arches and gingiva.

FEAR OF THE DENTIST

BASIC THERAPY

Dentotox 11: 15 drops 3 times a day starting from several days before the visit to the dentist

GINGIVITIS

BASIC THERAPY

Medi-Dent, mouth wash: 15 drops in a glass of water; use pure for local applications
**Dentotox 9:** 15 drops 6-10 times during the day *(acute episodes)*, 2-3 times during the day *(standard therapy)*. Gingivitis. Prevention and cure of paradontal disorders. Teething in infants

**ADD-ON MEDICATION**

**Comp Reg:** 3 granules 2-3 times a day *(activates the immune system in stress conditions)*

**SURGERY**

*Before the operation:*

**Dentotox 15:** 15 drops 3 times a day starting from several days before the operation

*After the operation:*

**Dentotox 16:** 10 drops every hour on the day of the operation. Taper the doses on the following days.

**TOOTHACHE**

**BASIC THERAPY**

**Dentotox 8:** 15 drops 6-10 times during the day *(for acute episodes)*, 2-3 times during the day *(standard therapy)*. Specific anti-inflammatory therapy for the oral cavity.

**ß-endorfin 4CH:** 20 drops twice a day *(as massive-dise therapy: 20 drops every hour for a few hours)*

**ADD-ON MEDICATION**

**Anti IL 1:** 10 drops with a frequency depending on the clinical picture *(for acute and chronic inflammatory processes)*
DEPRESSION (ANXIOUS-DEPRESSIVE SYNDROMES)

BASIC THERAPY

Sepia compositum: 10-20 drops 3 times a day (for cyclic mood instability)

ADD-ON MEDICATION

Serotonin D6 + Melatonin 4CH + Tryptophan D6 + ACTH D30: 20 drops of each twice a day (this association stabilizes opioid tone)

Senectus F (in females) Senectus M (in males): 10 drops 2-3 times a day (for anxious-depressive syndromes in the elderly)

Anti Age Stress: 3 granules twice a day (controls the neurovegetative system)

Anti Age Reg: 3 granules twice a day (regulates sleep)

NGF 4CH: 20 drops twice a day (for severe forms of depression)

Oligoel 7 (Li): 30 drops twice a day (for mood instability in Oligotherapy)

Oligoel 16 (Cu-Au-Ag): 30 drops twice a day (psychoasthenia, especially in the elderly, in Oligotherapy)

DERMATITIS

(see Dermatology, indications in)

DERMATOLOGY (Indications in)

DERMATITIS

BASIC THERAPY

Apo Reg: 3 granules 2-3 times a day (for skin diseases, particularly of autoimmune or retoxic etiology)
**ARD Esilen®**: 1 bottle a day for 10 days a month for several months (*oxidative stress and overproduction of free radicals in the skin*)

**ARD Esilen® emulsion**: spread on the affected area twice a day (*protects the skin against the effects of free radicals*)

**ADD-ON MEDICATION**

**Anti Age Cut**: 3 granules twice a day (*stimulates skin metabolisms*)

**T4 Reg**: 3 granules 2-3 times a day (*stimulates cell-mediated immunity*)

**Macro Reg**: 3 granules 2-3 times a day (*for pyodermatitis*)

**Ovix® cream**: spread on the affected area (*for atopic dermatitis*)

**ß-estradiol D6**: 20 drops twice a day (*for seborrhoic dermatitis*)

**ECZEMA**

**BASIC THERAPY**

**Apo Reg**: 3 granules 2-3 times a day (*autoimmune etiology*)

**ADD-ON MEDICATION**

**Oliogoel 11 (Mn-Cu)**: 30 drops twice a day (*in Oligotherapy*)

**Ovix® cream**: spread on the affected area once or twice a day (*for atopic eczema*)

**ERYTHEMA - SUNBURN**

**BASIC THERAPY**

**Anti Age Sol + Anti Age Bronz**: 3 granules twice a day starting from a month before exposure. Continue with the same dosage throughout the period of sun tanning.
**PSORIASIS**

**BASIC THERAPY**

Apo Reg: 3 granules 2-3 times a day *(for skin diseases, particularly of autoimmune or retotoxic etiology)*

T4 Reg: 3 granules 2-3 times a day *(stimulates cell-mediated immunity)*

**ADD-ON MEDICATION**

Sepia compositum: 10-20 drops 3 times a day *(for cyclic mood instability)*

Anti Age Stress: 3 granules twice a day *(modulates emotional stress states)*

Oliogoel 16 (Cu-Au-Ag): 30 drops twice a day *(in Oligotherapy)*

FGF 15CH: 20 drops twice a day *(controls the turnover of ectoderm-derived cells)*

**DIABETES**

The treatments further described are not a replacement for insulin in Diabetes type I.

**BASIC THERAPY**

K2F-DIA (in females) K2M-DIA (in males): 10 drops 2-3 times a day *(regulates glycemia according to PNEI)*

**ADD-ON MEDICATION**

Oliogoel 18 (Zn-Ni-Co): 30 drops twice a day *(in Oligotherapy)*

Oliogoel 10 (Mn-Co) and/or Oliogoel 3 (Co): 30 drops twice a day *(for diabetic micro- and macro-angiopathies)*

Anti Age Circ: 3 granules twice a day *(for diabetic micro- and macro-neuro-angiopathies)*

ARo Stenovit*: 1 bottle a day for 10 days a month for several months *(antioxidant treatment for preventing or arresting the progression of endothelial discoloring induced by free radicals)*
**DIET SUPPLEMENTATION**

**ESSENTIAL AMINO ACIDS**
SON Formula*: 5-10 g to supplement the three main means *(stimulates protein synthesis)*

**VITAMINS**
VIT Formula*: 1 tab 2-3 times a day *(for primary and secondary vitamin deficiency conditions)*

**DIGESTION (DISORDERS)**

**BASIC THERAPY**
Anti 2: 10 drops twice a day *(stimulates hepatic and pancreatic enzyme function)*

**ADD-ON MEDICATION**
Sepia compositum: 10-20 drops 2-3 times a day

Eubioflor 1: 20 drops 3 times a day for 2 months - Eubioflor 2: 10 drops 3 times a day for 2 months - continue with 10 drops 3 times a day for another 2 months *(for treating intestinal dysbiosis)*

**DIURESIS (DIURETIC THERAPY)**

**BASIC THERAPY**
Pilosella compositum: 15-20 drops 3 times a day
DYSLIPIDEMIA

(See also Atherosclerosis)

BASIC THERAPY

Anti 2: 10 drops twice a day (stimulates hepatic and pancreatic enzyme activity)

ARD Stenovit®: 1 bottle a day for 10 days a month for several months (antioxidant treatment for preventing or arresting the progression of endothelial discoloring induced by free radicals)

ADD-ON MEDICATION

Oliogoel 18 (Zn-Ni-Co): 30 drops twice a day (in Oligotherapy)

DYSPAREUNIA

BASIC THERAPY

Natur 3 (cream with applicator): one application in the evening for several months and an hour before coitus (also for dyspareunia due to lack of estrogens; perimenopausal dyspareunia)

ADD-ON MEDICATION

K2F: 10 drops 2-3 times a day (regulates female neuroendocrine function)

Senectus F: 10 drops 2-3 times a day (regulates neuroendocrine function in elderly women)

Sepia compositum: 10-20 drops 3 times a day (for cyclic mood instability)

ß-estradiol D6: 20 drops 2-3 times a day from the 4th to the 14th day of the menstrual cycle (as a so-called autologous estrogen incretion starter)

Melatonin 4CH: 20 drops twice a day (for neuroendocrine regulation)

DYSPEPSIA

(see Digestion: disorders)
DYSTROPHY OF THE CUTANEOUS APPENDAGES AND SKIN

BASIC THERAPY

Anti Age Crin: 3 granules morning and evening (for treating diseases of the nails and cutaneous appendages)
Anti Age Cut: 3 granules morning and evening (for trophic stimulation of skin metabolisms)

ADD-ON MEDICATION

Anti Age Cap: 3 granules morning and evening (for detoxification and drainage of the scalp)
Anti Age Ox: 3 granules morning and evening (for oxidative stress; free radicals)
Anti Age Stress: 3 granules morning and evening (for conditions of psychophysical stress)
Anti Age Vit: 3 granules morning and evening (for general stimulation of the body)
Anti Age Cell: 3 granules morning and evening (for cell detoxification)

Vit Formula®: 1 tablet 2-3 times a day (for vitamin, mineral and oligo element deficiencies)

K2F (in females) K2M (in males): 10 drops 2-3 times a day (in cases of dysendocrine etiology)

ARD Esilen®: 1 bottle a day for 10 days a month for several months (against skin oxidative stress and overproduction of free radicals)
ARD Esilen® emulsion: spread on the affected area twice a day (local protection against free radicals)

ECZEMA

(see Dermatology: indications in)
ELECTROSMOG

BASIC THERAPY

EMF: 15 drops on waking and at bedtime (for preventive and support treatment in syndromes due to electromagnetic pollution: fatigue, headache, allergic syndromes, reproductive disorders)

ADD-ON MEDICATION

Anti Age Stress: 3 granules morning and evening (regulates the neurovegetative system’s response to stress)
Anti Age Video: 3 granules morning and evening (protects against TV and computer screen radiation)

Melatonin 4CH: 20 drops twice a day (for “protecting” the biological rhythms)
ACTH 4CH: 20 drops twice a day (regulates of the adrenal gland’s response to electromagnetic stress)

ERYTHEMA – SUNBURN

(see Dermatology: indications in)

FEAR OF THE DENTIST

(see Dentistry, indications in)

FEMALE HORMONE DISORDERS

PREMENSTRUAL SYNDROME
**BASIC THERAPY**

**K2F:** 10 drops 2-3 times a day *(to regulate female neuroendocrine function)*

**Progesterone D6:** 20 drops 2-3 times a day from the 14th to the 24th day of the menstrual cycle *(for progesterone deficiency)*

**ADD-ON MEDICATION**

**Sepia compositum:** 10-20 drops 3 times a day *(for cyclic mood instability)* or:

**Serotonin D6:** 20 drops twice a day *(for mood control)*

**(β-endorphin 4CH:** 10 drops every 15 min for up to 2 hours (acute phase); 20 drops twice a day *(in the event of pain)*

**Natur 3 cream:** spread on breasts several times a day *(for mastodynia)*

**Pilosella compositum:** 15-20 drops 3 times a day *(for fluid retention)*

**VIT Formula®:** 1 tab 3 times a day *(for vitamin, oligo element or mineral deficiency)*

**Oligoel 8 (Mg) + Oligoel 17 (Zn), or Oligoel 18 (Zn-Ni-Co):** 30 drops of each twice a day *(in Oligotherapy)*

**SECONDARY AMENORRHEA**

**BASIC THERAPY**

**K2F:** 10 drops 2-3 times a day *(to regulate female neuroendocrine function)*

**G3:** begin with 5 drops 3 times a day and gradually increase to 10 drops 3 times a day *(stimulates ovarian and uterine endocrine function)*

**ADD-ON MEDICATION**

*In cortico-hypothalamic amenorrhea:*

**(β-estradiol D6:** 20 drops 2-3 times a day from the 4th day of the menstrual cycle *(stimulates the proliferative phase)*

**Progesterone D6:** 20 drops 2-3 times a day from the 14th to the 24th day of the menstrual cycle *(stimulates the secretive phase)*

*In stress-related amenorrhea:*

**Prolactin D30:** 20 drops 2-3 times a day *(in the event of hyperprolactinemia)*
**ACTH D30:** 20 drops 2-3 times a day *(in the event of hypercortisolism)*

**Anti Age Stress:** 3 granules morning and evening *(for general neurovegetative regulation)*

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**STERILITY**

**BASIC THERAPY**

**K2F:** 10 drops 2-3 times a day *(to regulate female neuroendocrine function)*

**G3:** begin with 5 drops 3 times a day and gradually increase to 10 drops 3 times a day *(stimulates ovarian and uterine endocrine function)*

**ADD-ON MEDICATION**

**FSH D6:** 20 drops 2-3 times a day from the 1st to the 3rd day of the menstrual cycle *(Graafian follicle maturation)* in the event of low hormone levels

**β-estradiol D6:** 20 drops 2-3 times a day from the 4th to the 14th day of the menstrual cycle *(autologous estrogen incretion starter)* in the event of low hormone levels

**LH D6:** 20 drops 2-3 times a day from the 4th to the 15th day of the menstrual cycle *(stimulates ovulation)* in the event of low hormone levels

**Progesterone D6:** 20 drops 2-3 times a day from the 14th to the 24th day of the menstrual cycle *(to prepare the uterus for pregnancy)* in the event of low hormone levels

**Melatonin 4CH:** 20 drops twice a day *(restores circadian rhythm)*

**Sepia compositum:** 10-20 drops 3 times a day *(for cyclic mood instability)*

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**FEMALE HYPERTRICHOSIS**

**BASIC THERAPY**

**G3:** begin with 5 drops twice a day and increase by 1 drop a day up to 10 drops 3 times a day.
ADD-ON MEDICATION

β-estradiol D6: 20 drops twice a day (stimulates estrogen function and has an anti-androgenic action)
ACTH D30: 20 drops twice a day (normalizes sex hormone incretion)

FEVER

BASIC THERAPY

S44: 10-20 drops 2-3 times a day (half dose for children under 6 years old). For bacterial and viral fever syndromes. Alternatively: Anti IL 1: 10 drops, with a frequency depending on the clinical picture, for no more than 1 week (modulates acute and chronic inflammatory states).

ADD-ON MEDICATION

Omeogriphi®: 1 dose every 8 hours (for influenza and cold syndromes)
Citomix: 10 granules twice a day for 2-3 days as massive-dose therapy, then continue with 3 granules morning and evening (for non-specific stimulation of the immune system)
Macro Reg: 3 granules 3 times a day (for acute infectious and inflammatory diseases)
NK Reg: 3 granules 3 times a day (for viral fever syndromes)
IL 4 15CH: 20 drops twice a day (regulates the pro-inflammatory cytokines)
IL 10 4CH: 20 drops twice a day (modulates the inflammatory process)
Oligoel 15 (Cu): 30 drops twice a day (in Oligotherapy)

FIBROCYSTIC MASTOPATHY

BASIC THERAPY

Progesterone D6: 20 drops twice a day from the 14th to the 28th day of the menstrual cycle (regulates the physiological concentration of the hormone)
Endocrinotox 20: 10 drops 4 times a day (for mastodynia, particularly secondary to microcysts, lymphatic congestion, dysplasia)
Natur 3 ointment: apply to the breast morning and evening (for mastodynia)
ADD-ON MEDICATION

**Sepia compositum:** 10-20 drops 3 times a day *(for anxious-depressive syndromes)*

**G3:** begin with 5 drops twice a day and increase up to 10 drops 3 times a day *(for estro-progestinic incretion deficiencies, particularly secondary to GnRh deficiency)*

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### GASTRITIS (ACID)

**BASIC THERAPY**

**Anti IL 1:** 10 drops with a frequency depending on the clinical picture, for no more than 1 week *(modulates acute and chronic inflammatory states)*

**EGF 4CH:** 20 drops twice a day *(modulates acid secretion)*

**ADD-ON MEDICATION**

**Anti Age Stress:** 3 granules twice a day *(modulates the hyperexcitability of the neurovegetative system; for psychosomatic gastritis)*

**Tryptophan D6 + Serotonin D6 + Melatonin D6:** 20 drops twice a day *(for controlling mood)*

**Oligoel 9:** 30 drops twice a day *(for gastric ulcer)*

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### GINGIVITIS

*(see Dentistry, indications in)*
HEADACHE

**BASIC THERAPY**

Menyanthes compositum: 10-20 drops several times a day (for basic treatment of headache, particularly of vaso-congestive type)

**ADD-ON MEDICATION**

K2F (in females) K2M (in males): 10 drops 2-3 times a day (dysendocrine etiology)

Anti Age Video: 3 granules 2-3 times a day (long lasting before computer)
Anti Age Stress: 3 granules 2-3 times a day (stress-based)
Anti Age Reg: 3 granules 2-3 times a day (sleeping disorder)

Melatonin 4CH: 20 drops twice a day (for disturbed circadian rhythm)

Oligoel 15 (Cu): 30 drops twice a day; in the acute phase: 20 drops every hour for up to 3 hours (in Oligotherapy)

HELMINTH INFESTATION

**BASIC THERAPY**

IL5 4CH: 20 drops twice a day (interleukin specific for intestinal parasitic worms)

**ADD-ON MEDICATION**

Citomix: 3 granules morning and evening for lengthy periods (for non-specific stimulation of the immune system)
Immun Reg: 3 granules 2-3 times a day (for basic regulation of the so-called immunological network)

Anti Age Stress: 3 granules morning and evening (for psycho-nervous irritation)
HEMORRHOIDS

BASIC THERAPY

Anti Age Ven: 3 granules morning and evening (for flebotonic and anti-inflammatory action on the vessel endothelium)
Anti 2: 10 drops twice a day (for hepatic drainage)

ADD-ON MEDICATION

Anti Age Stress: 3 granules twice a day (neurovegetative modulation of modulation of stress)
Anti IL 1: 10 drops with a frequency depending on the clinical picture, for more than 1 week (modulates the acute and chronic inflammatory condition)
ß-endorphin 4CH: 20 drops twice a day (as massive-dose therapy: 20 drops every hour for a few hours). Modulates painful conditions.

HEPATO-PANCREATIC INSUFFICIENCY

BASIC THERAPY

Anti 2: 10 drops twice a day (normalizes hepatic and pancreatic function)

ADD-ON MEDICATION

Oligoel 18 (Zn-Ni-Co): 30 drops twice a day (for functional pancreatic dysfunctions in Oligotherapy)
Oligoel 20 (S): 30 drops twice a day (for hepatic dysfunctions)

HERPES (LABIAL AND GENITAL)

Disease in active phase

BASIC THERAPY

Anti Age Herp: 3 granules morning and evening (massive-dose therapy: 3 granules every hour for several hours). For labial herpes
Citomix: 3 granules morning and evening (stoss therapy: 10 granules twice a day). *For non-specific reinforcement of the immune defenses*

**ADD-ON MEDICATION**

T4 Reg: 3 granules 2-3 times a day *(stimulates non-specific cell immunity)*

Anti Age Stress: 3 granules twice a day *(stress control)*

**Chronic-recurrent forms**

**BASIC THERAPY**

Uncastim: begin with 50 drops 3 times a day for 20 days, then decrease to 30 drops 3 times a day for 2 months *(prophylactic treatment of recurrent forms of viral and bacterial infection)*

**ADD-ON MEDICATION**

IL 12 4CH: 20 drops twice a day *(stimulates antiviral defenses through NK and T lymphocytes)*

INF α 4CH + INF γ 4CH: 220 drops twice a day *(stimulates antiviral defenses)*

NK Reg: 3 granules 2-3 times a day *(for prevention of viral diseases)*

**HYPOGLYCEMIA**

**BASIC THERAPY**

Endotox 13: 10-15 drops before or during meals *(regulates sugar metabolism, particularly in hypoglycemia)*

**ADD-ON MEDICATION**

Metatox 3: 40 drops before meals *(regulates hypoglycemic conditions; stimulates organic “energy”)*

Anti 2: 10 drops twice a day *(for hepato-pancreatic drainage)*
HYPOTENSION

BASIC THERAPY

Melatonin 4CH: 20 drops 2-3 times a day (for neuroendocrine regulation)
ACTH D6: 20 drops twice a day (stimulates the adrenal cortex)

ADD-ON MEDICATION

Omeogaz: 5 granules several times, as necessary (regulates oxygenation)
SON Formula*: 5-7 tablets 3 times a day, or a 5 mg sachet 3 times a day (for lengthy periods)
Metatox 3: 40 drops before meals (for hypotension associated with hypoglycemic conditions)
Oligoel 9 (Mn): 30 drops twice a day (regulates blood pressure in Oligotherapy)

IMMUNODEFICIENCIES

BASIC THERAPY

Citomix: 3 granules morning and evening for lengthy periods (for non-specific stimulation of the immune system)
Immun Reg: 3 granules 2-3 times a day (for basic regulation of the so-called immunological network)

ADD-ON MEDICATION

Anti Age Im: 3 granules morning and evening (basic immunostimulation)
Anti Age Stim: 3 granules morning and evening
NK Reg: 3 granules 2-3 times a day (for prevention of viral diseases)
Comp Reg: 3 granules 2-3 times a day (stimulates humoral defenses, particularly against bacteria)
T4 Reg: 3 granules 2-3 times a day (activates non-specific cell immunity)
GCSF 4CH: 20 drops twice a day (for chronic and autoimmune diseases)
INF α 4CH + INF γ 4CH: 20 drops twice a day (stimulates antiviral defenses)
IL 12 4CH: 20 drops twice a day (reinforces antiviral defenses)
**THERAPEUTIC INDEX**

**TNF 4CH:** 20 drops twice a day *(stimulates antibacterial defenses; anti-neoplastic activity)*  
**IL 6 4CH:** 20 drops twice a day *(in neoplastic disease)*

**Oligoel 11 (Mn-Cu):** 30 drops twice a day *(in Oligotherapy)*  
**Oligoel 16 (Cu-Au-Ag):** 30 drops twice a day *(in Oligotherapy)*

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**IMMUNOPROPHYLAXIS**

**Uncastim:** begin with 50 drops 3 times a day for 20 days, then decrease to 30 drops 3 times a day for 2 months *(prophylactic treatment of recurrent forms of viral and bacterial infection)*

**Omeograpi®:** 1 dose once a week for 6 weeks; the cycle can be repeated *(for immunoprophylaxis against influenza)*

**Transfactor 11:** 1 capsule a day for 5 days *(Monday- Friday) for a period of 3 months *(for specific immunological stimulation against HPV – human papillomavirus; for blocking relapses and recurrence of condylomatous infection).* The treatment can be repeated 2-3 times a year.

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**INFECTIONS**

**BASIC THERAPY**

**Macro Reg:** 3 granules every 30 min for several hours; then 3 granules 2-3 times a day *(for acute infectious and/or inflammatory diseases, without clear ethiology)*

**Citomix:** 3 granules morning and evening for lengthy periods *(stimulates the immune system in chronic infections)* or, alternatively: **Uncastim:** begin with 50 drops 3 times a day for 20 days, then decrease to 30 drops 3 times a day for 2 months *(prophylactic treatment of recurrent forms of viral and bacterial infection)*

**Oligoel 11 (Mn-Cu):** 30 drops twice a day *(in Oligotherapy for chronic infections)*  
**Oligoel 16 (Cu-Au-Ag):** 30 drops twice a day *(in Oligotherapy for relapsing infections)*
ADD-ON MEDICATION

Bacterial infections:
  **Comp Reg**: 3 granules 2-3 times a day; in acute forms, 3 granules several times a day (*stimulates humoral defenses, particularly antibacterial*)
  
  **TNF 4CH**: 20 drops twice a day (*stimulates antibacterial defenses*)
  **IL 8 4CH**: 20 drops 2-3 times a day (*stimulates phagocytes and T lymphocytes*)

Viral infections:
  **NK Reg**: 3 granules 2-3 times a day (*preventive*)
  **T4 Reg**: 3 granules 2-3 times a day (*activates non-specific cell immunity*)
  **IL 1 4CH**: 10 drops several times at brief intervals (*for acute viral attack; virus-induced fever*)
  **IL 12 4CH**: 20 drops twice a day (*stimulates the NK and cytotoxic T lymphocytes*)
  **INF α 4CH + INF γ 4CH**: 20 drops twice a day (*stimulates antiviral defenses*)

Parasitic infections:
  **Micox**: 20 drops 3 times a day for the first month; then continue with 10 drops 3 times a day for another 30 days; maintenance therapy: 10 drops a day (*mycotic infections, particularly muco-intestinal*)
  **Anti Age Myc**: 3 granules 2-3 times a day (*for “beach and swimming pool” mycoses*)

INFLAMMATION

BASIC THERAPY

**Anti IL 1**: 10 drops with a frequency depending on the clinical picture, for no more than 1 week (*modulates acute and chronic inflammatory conditions*)

ADD-ON MEDICATION

**Macro Reg**: 3 granules 3 times a day (*for acute infectious and inflammatory diseases*)
**S44**: 10-20 drops 2-3 times a day (half dose in children under 6 years old). *For acute and chronic inflammatory processes, with and without associated hyperpyrexia*
**Homeotox** syrups: two 5 cc teaspoons 3 to 6 times a day; in children: one 5 cc teaspoon 2 to 4 times a day (for inflammatory conditions of the upper, middle and lower airways)

**Anti Age Dol:** 3 granules several times a day (inflammatory processes affecting muscles and bones apparatus)

**Natur 1:** 1 vaginal ovule morning and evening for the first two weeks; continue with 1 suppository in the evening (for topical treatment of vulvovaginitis)

**Natur 3, cream:** 1 application morning and evening (for topical treatment of mammary inflammatory symptoms)

**Medi-Dent mouth wash:** 15 drops in a glass of water as a mouth wash; use pure for local applications. For topical treatment of inflammatory conditions of the oral cavity

**IL 10 4CH:** 20 drops twice a day; as stoss therapy: 10 drops every 30 min. several times (modulates inflammation)

**IL 4 15CH:** 20 drops twice a day (regulates pro-inflammatory cytokines)

**Oligoel 15 (Cu):** 30 drops twice a day (for inflammatory bacterial and viral infections in Oligotherapy)

**Oligoel 16 (Cu-Au-Ag):** 30 drops twice a day (for inflammatory rheumatism in Oligotherapy)

**INFLUENZA**

**TREATMENT**

**BASIC THERAPY**

**Omeogriphi:** 1 dose every eight hours until remission of symptoms

**ADD-ON MEDICATION**

**S44:** 20-40 drops every hour; as maintenance therapy, 10-20 drops every 2-3 hours; half dose in children (for acute fever symptoms)

**Citomix:** 3 granules 2-3 times a day (stimulator of non specific immune system)

**NK Reg:** 3 granules 2-3 times a day (activates the antiviral immune defenses)

**Comp Reg:** 3 granules 2-3 times a day (for digestive tract symptoms)

**Uncastim:** begin with 50 drops 3 times a day for 20 days, then decrease to 30 drops 3 times a day for 2 months (prophylactic treatment of recurrent forms of viral and bacterial infection)
**ANTI AGE DOLE**: 3 granules several times a day *(for painful osteo-, arthro-, myo-fascial syndromes)*

**OLIGOEL 15 (Cu)**: 30 drops twice a day *(for bacterial and viral inflammatory conditions in Oligotherapy)*

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**CONVALESCENCE**

**BASIC THERAPY**

**Anti Age Im+Anti Age Vit**: 3 granules of each 3 times a day *(for supporting convalescence)*

**ADD-ON MEDICATION**

**Oligoel 16 (Cu-Au-ag)**: 30 drops twice a day *(for convalescence in Oligotherapy)*

**Senectus F** *(in females)/**Senectus M** *(in males)*: 10 drops 2-3 times a day *(for post-influenza asthenic syndromes in the elderly)*

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**PREVENTION**

**BASIC THERAPY**

**Omeogriphi®**: 1 dose once a week for 6 weeks, during epidemic periods.

**ADD-ON MEDICATION**

**NK Reg**: 3 granules 2-3 times a day *(reinforce the antiviral immune defenses)*

**Citomix**: 3 granules 2-3 times a day *(for non-specific stimulation of the immune system)*

**Anti Age Stim**: 3 granules 2-3 times a day *(particularly in synergic association with Citomix)*

**IL 2 4CH**: 20 drops twice a day *(regulates cell-mediated response)*

**IL 12 4CH**: 20 gtt. 2 volte al di *(20 drops twice a day (regulates cell-mediated response))*

**Oligoel 16 (Cu-Au-ag)**: 30 drops twice a day *(for relapsing infections in Oligotherapy)*
INSECT BITES

BASIC THERAPY

**Ovix® ointment**: apply locally *(modulates the release of chemical allergy mediators by controlling the arachidonic acid cascade)*

**Allergy Plex 38**: 10 drops 3 times a day *(for hypersensitivity to insect venom)*

**Aroma di Guna No. 2**: nebulize on the skin and in the room *(repels mosquitoes and horse flies; spray on hair in the event of infestation with fleas)*

INSOMNIA

BASIC THERAPY

**Anti Age Reg**: 3 granules 2-3 times a day *(for a biological hypnotic action)*

**Melatonin 4CH**: 20 drops morning and evening, and 20 drops about an hour before going to bed *(for a biological regulation of sleeping-waking rhythms)*

ADD-ON MEDICATION

**Anti Age Jet**: 3 granules 2-3 times a day *(jet lag)*

**Senectus F** (in females) **Senectus M** (in males): 10 drops 2-3 times a day *(in the elderly)*

**K2F** (in females) **K2M** (in males): 10 drops 2-3 times a day *(endocrine dysregulation)*

**Metatox 2**: 30 drops 4 times a day *(stress of various origin, particularly during treatment for withdrawal from alcohol, tobacco, narcotics)*.

**Oligoel 1 (Al)**: 30 drops twice a day *(in Oligotherapy)*

**Serotonin D6**: 20 drops twice a day *(mood controll)*

**Tryptophan D6**: 20 drops twice a day *(possibly in association with Serotonin D6)*
INTESTINAL BACTERIAL FLORA
(DISRUPTION OF THE)

BASIC THERAPY

Eubioflor 1: 20 drops 3 times a day for 2 months - Eubioflor 2: 10 drops 3 times a day for 2 months – then continue with 10 drops 3 times a day for another 2 months (for treating intestinal dysbiosis)

ADD-ON MEDICATION

Ortho®-Basic powder: 2-3 teaspoons (dissolve in fresh fruit juice and drink during meals) twice a day for at least 3 weeks (for alkalizing the environment)

Micox: 20 drops 3 times a day for 1 month; then continue with 10 drops 3 times a day for 1 month more (for dysbioses due to intestinal mycetes)

INTESTINAL DYSBIOSIS

(see Intestinal bacterial flora: disruption of the)

JET LAG SYNDROME (RAPID TIME ZONE CHANGE)

BASIC THERAPY

Anti Age Jet: 3 granules 3 times a day, starting a few days before the journey and stopping a few days afterwards. During the journey, 3 granules every hour.

Melatonin 4CH: 20 drops twice a day for lengthy periods (for circadian rhythm disruption)

ADD-ON MEDICATION

Anti Age Reg: 3 granules 2-3 times a day (when it is difficult to get asleep)

Anti Age Pel 5: 3 granules 2-3 times a day (face with signs of “fatigue”)
KERATITIS

**BASIC THERAPY**

*Arniplex*: acute phase: 3 granules every hour until bettering, then 3 granules 3 times a day for 1 month.

LOCALIZED ADIPOSY

**BASIC THERAPY**

*Anti Age Dim*: 3 granules morning and evening (*triggers lipolysis; reduces subcutaneous adipose tissue; activates hepatic and renal drainage*). Adjuvant treatment for electrolipolysis.

*Metatox 3*: 40 drops before meals (*stimulates basal metabolism; improves tone of whole body*)

*Anti Age Cell*: 3 granules morning and evening (*cell drainage*)

**ADD-ON MEDICATION**

*Anti Age Fam*: 3 granules morning and evening and 3 granules whenever the patient feels hungry (*regulates neurovegetative appetite*)

*Anti Age Diet*: 3 granules morning and evening, 15 min. before meals (*regulates neurovegetative appetite, particularly in patients previously treated with amphetamines and/or tranquilizers*)

*Anti Age Met*: 3 granules morning and evening

*Pilosella compositum*: 15-20 drops 3 times a day (*for fluid retention*)

*Oligoel 18*: 30 drops twice a day (*in Oligotherapy*)

MASTODYNIA

**BASIC THERAPY**

*Natur 3 ointment*: apply to the breast morning and evening

*Progesterone D6*: 20 drops twice a day from the 14th to the 28th day of the menstrual cycle (*regulates the physiological concentration of the hormone*)
ADD-ON MEDICATION

Anti IL 1: 10 drops with a frequency depending on the clinical picture (for biological regulation of acute and chronic inflammatory process)

Endocrinotox 20: 10 drops 4 times a day (for microcysts secondary mastodynia, lymphatic congestion, dysplasia), possibly in association with Endocrinotox 1 (15 drops 3 times a day) in cases of premenstrual mastodynia

G3: begin with 5 drops twice a day and increase by 1 drop a day up to 10 drops 3 times a day (for mastodynia secondary to peri-ovulatory endocrine dysmetabolisms; premenstrual breast tension)

MEMORY (DISORDERS IN)

BASIC THERAPY

AR° Cogiton®: 1 bottle for 10 days a month for several months (antioxidant treatment in the cerebral aging)
Anti Age Circ: 3 granules morning and evening (stimulates brain function in general, and memory in particular)

ADD-ON MEDICATION

Senectus F (in females) Senectus M (in males): 10 drops 2-3 times a day (for deteriorated neuroendocrine function in the elderly)

AR° Stenovit®: 1 bottle a day for 10 days a month for several months (antioxidant treatment for endothelial discoloring induced by free radicals)

NT3 4CH: 15-20 drops twice a day (it supports damaged neurons)
NT4 4CH: 15-20 drops twice a day (it supports damaged neurons)
BDNF 4CH: 15-20 drops twice a day (it support damaged neurons)

Oligoel 1 (Al): 30 drops twice a day (in Oligotherapy)
MENOPAUSE (DISORDERS IN)

BASIC THERAPY

**K2F**: 10 drops 2-3 times a day *(for neuroendocrine regulation in menopausal syndrome)*

**Melatonin 4CH**: 20 drops twice a day *(regulates pituitary function)*

**ß-estradiol D6**: 20 drops twice a day *(contributes to autologous compensation of estrogen deficiency)*

ADD-ON MEDICATION

**Sepia compositum**: 10-20 drops 3 times a day *(for anxious-depressive syndromes)*

**Natur 2 vaginal ointment**: apply morning and evening for at least 2 months. Continue with application before coitus *(for dystrophy of the vaginal mucous membranes; peri- and post-menopausal dyspareunia)*

**Natur 1**: 1 ovule morning and evening for the first 2 weeks. Continue with 1 vaginal suppository in the evening *(for post-menopausal and senile atrophic vulvo-vaginitis)*

**Endocrinotox 16**: 10 drops 4 times a day *(vasoactive phenomena in menopause)*

METEORISM AND FLATULENCE

BASIC THERAPY

**Anti 2**: 10 drops twice a day *(stimulates hepatic and pancreatic enzyme function)*

ADD-ON MEDICATION

**Eubioflor 1**: 20 drops 3 times a day for 2 months, **Eubioflor 2**: 10 drops 3 times a day for 2 months -continue with 10 drops 3 times a day for another 2 months *(for treating intestinal dysbiosis)*
MYCOSES

BASIC THERAPY

Micox: 20 drops 3 times a day for the first month. Continue with 10 drops 3 times a day for the next 30 days. Maintenance therapy: 10 drops a day (basic treatment for mucocutaneous mycoses)

Citomix: 3 granules morning and evening or, alternatively, Uncastim: begin with 50 drops 3 times a day for 20 days, then decrease to 30 drops 3 times a day for 2 months (prophylactic treatment of recurrent forms of viral and bacterial infection)

Ovix® cream: spread on the affected area (for atopic dermatitis)

ADD-ON MEDICATION

Anti Age Myc: 3 granules morning and evening (for beach and swimming pool skin mycoses)

Natur 1 suppositories: 1 suppository morning and evening for the first two weeks; then continue with 1 vaginal suppository in the evening (for muco-vaginal mycoses due to Candida)

Allergyplex 19: 10 drops 3 times a day (for muco-intestinal mycoses)

Anti Age Stress: 3 granules 2-3 times a day (for neurovegetative stress control)

IL 8 4CH: 20 drops twice a day (for chemotaxis of phagocytes and T lymphocytes)

Eubioflor 1: 20 drops 3 times a day for 2 months. Eubioflor 2: 10 drops 3 times a day for 2 months - continue with 10 drops 3 times a day for another 2 months (for treating the intestinal dysbiosis behind vaginal mycoses)

(See also: Intestinal bacterial flora)

NERVOUS BREAKDOWN (CONDITIONS)

BASIC THERAPY

Sepia compositum: 10-20 drops 2-3 times a day (for anxious-depressive syndromes)
ADD-ON MEDICATION

**Anti Age Stress**: 3 granules twice a day (modulates stress states by controlling the neurovegetative system)

**Anti Age Met**: 3 granules twice a day (activates the various organic metabolisms)

**Senectus F** (in females) **Senectus M** (in males): 10 drops 2-3 times a day (for deteriorated neuroendocrine function in the elderly)

**AR0, Stenovit**: 1 bottle a day for 10 days a month for several months (antioxidant treatment for preventing or arresting the progression of endothelial discoloring induced by free radicals)

**Vit Formula**: 1 tablet 2-3 times a day (multivitamin complex with oligo elements and minerals)

**SON Formula**: 5 tablets or 1 sachet 2-3 times a day (stimulates protein synthesis, with a trophic effect on muscle mass and an increment in strength and stamina)

NEUROLOGICAL DAMAGE
(CENTRAL AND PERIPHERAL)

**BASIC THERAPY**

**AR0, Cogiton**: 1 bottle a day for 10 days for several months (anti-free-radical treatment for brain vessel degeneration)

**Anti Age Circ**: 3 granules twice a day (activates brain circulation)

**ADD-ON MEDICATION**

**Senectus F** (in females) **Senectus M** (in males): 10 drops 2-3 times a day (for neuropsychological degeneration in the elderly)

**BDNF 4CH**: 20 drops twice a day (neuron damage during growth and due to lesions)

**NT3 4CH/NT4 4CH**: 20 drops twice a day (neuron damage during growth and due to lesions)

**CNTF 4CH**: 20 drops twice a day (neurotrophic effect on sensorial and motor neurons)

**IGF 1 4CH**: 20 drops twice a day (maintenance of nerve tissue)
NGF 4CH: 20 drops twice a day *(nerve tissue degenerative forms; multiple sclerosis)*

Oligoel 1: 30 drops twice a day *(in Oligotherapy)*

### NEUROVEGETATIVE DYSTONIA

**BASIC THERAPY**

Oligoel 10 (Mn-Co): 30 drops twice a day *(disorders in active phase and dystonic “diathesis”)*

**ADD-ON MEDICATION**

**Anti Age Stress:** 3 granules twice a day *(modulates stress conditions by controlling the neurovegetative system)*

**Anti Age Fam:** 3 granules twice a day *(for neurovegetative appetite regulation)*

**Anti Age Diet:** 3 granules twice a day *(controls neurovegetative tone on slimming diets)*

### OBESITY AND WEIGHT PROBLEMS

**BASIC THERAPY**

Replace one meal a day with: 10 g of SON Formula® (10 tabs or 2 sachets) + 500-700 g fruit + 1 tab of VIT Formula®.

Under strict medical surveillance, replace 3 meals a day with the above scheme.

**Pilosella compositum:** 20-25 drops twice a day *(for associated diuretic therapy)*

**ADD-ON MEDICATION**

**Anti Age Dim:** 3 granules morning and evening *(activates lipolysis; reduces subcutaneous adipose tissue; improves hepatic and renal drainage)*. Adjuvant treatment for electrolipolysis.
Metatox 3: 40 drops before meals *(stimulates basal metabolism; improves tone of whole body)*

K2F (in females) K2M (in males): 10 drops 3 times a day *(for endocrine dysmetabolisms)*

Anti Age Fam: 3 granules morning and evening, and 3 granules whenever the patient feel hungry; *(regulates neurovegetative appetite)*

Anti Age Diet: 3 granules morning and evening, 15 min. before meals *(neurovegetative regulation in patients previously treated with amphetamines and/or tranquilizers)*

Serotonin D6: 20 drops morning and evening *(mood control)*, it may be associated with:

Melatonin 4CH: 20 drops morning and evening *(to control circadian rhythm synchronism)* it may be associated with:

Prolactin D6: 20 drops morning and evening *(potentially modulates dopaminergic tone)* it may be associated with:

ACTH D6: 20 drops morning and evening *(potentially improves endorphin tone)* it may be associated with:

IL1 4CH: 20 drops morning and evening *(for a central anorexia-inducing effect)*

Oligoel 18 (Zn-Ni-Co): 30 drops twice a day *(in Oligotherapy)*

**ONCOLOGY** *(OPTIONS IN)*

**BASIC THERAPY**

Embryo Rerio D4 stage I (30 drops) + Embryo Rerio D4 stage II (15 drops) + Embryo Rerio D4 stage III (15 drops); the three preparations must be administered 3 times a day *(morning, afternoon and evening)*. For biological regulation of cell differentiation.

ARo Stenovit*: 1 bottle a day for several months *(for antioxidant treatment)*

**ADD-ON MEDICATION**

GCSF 4CH: 20 drops twice a day *(raises the immune system reactivity and sensitivity)*

IL 6 4CH: 20 drops twice a day *(stimulates the immune system in tumoral processes)*
**TNF 4CH**: 20 drops twice a day (*antitumoral action*)

**IL 3 4CH**: 20 drops twice a day (*side effects of chemotherapy and radiotherapy*)

**IL 3 4CH** (20 drops twice a day) + **Oligoel No. 12 (Mn-Cu-Co)** (30 drops twice a day): *for adjuvant treatment of anemia during chemotherapy*

**Somatostatin D6**: 20 drops twice a day (*for a GH inhibiting action and indirect effect on tumor cell development*)

**Melatonin D6**: 20 drops twice a day (*controls neurohormonal circuits*)

**SON Formula**: 0.4 g/kg of ideal body weight a day (*supports protein synthesis; contrasts cancerous cachexia conditions*)

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**OSTEOPOROSIS**

### BASIC THERAPY

**Osteobios**: 10-20 drops 3 times a day (*for complementary treatment of osteoporosis*)

**Oligoel No. 4 (F)**: 30 drops twice a day (*regulates phosphorus, calcium and magnesium homeostasis*)

**Senectus F**: 10 drops 2-3 times a day (*supports the so-called hormonal “network” in menopause*)

**Calcitonin D6**: 20 drops twice a day (*controls calcium metabolism through its bone captation*)

### ADD-ON MEDICATION

**β-estradiol D6**: 20 drops twice a day (*contrasts hormone deficiency in the peri-menopausal period*)

**Progestosterone D6**: 20 drops twice a day (*contrasts hormone deficiency in the peri-menopausal period*)

**Melatonin D6**: 20 drops twice a day (*controls neurohormonal circuits*)

**IGF1 4CH**: 20 drops twice a day (*controls bone growth*)

**SON Formula**: 0.4 g/kg of ideal body weight a day (*substrate for protein neosynthesis; compensates loss of protein bone matrix*)

**Ortho® Basic powder**: 2-3 teaspoons (add to fresh fruit juice and drink during meals) twice a day for at least 3 weeks (*alkalizes the environment: reduces Ca captation from the bone*)
OVARIAN MICROCYSTOSIS

**BASIC THERAPY**

**G3**: begin with 5 drops twice a day, increase 1 drop a day up to 10 drops 3 times a day

**Embryo Rerio Stage I D4**: 30 drops morning, afternoon and evening (*for biological regulation of cell proliferation*)

**ADD-ON MEDICATION**

**Anti IL 1**: 10 drops repeated as necessary in the event of pain (*for associated inflammatory conditions*)

**Endocrinotox 4**: 15 drops 3 times a day (*left ovary*)

**Endocrinotox 5**: 15 drops 3 times a day (*right ovary*)

**Endocrinotox 13**: 10 drops 3 times a day (*meno-metrorrhagia*)

**OXIDATIVE STRESS**

**BASIC THERAPY**

**ARD Cogiton**: 1 bottle a day for 10 days a month for several months (*oxidative stress of the cerebral vessels*)

**ARD Stenovit**: 1 bottle a day for 10 days a month for several months (*antioxidant treatment for endothelial discoloring induced by free radicals*)

**ARD Esilen**: 1 bottle a day for 10 days a month for several months (*skin oxidative stress and overproduction of free radicals*)

**ARD Esilen® emulsion**: spread on the affected area twice a day (*local protecting from free radicals*)

**ADD-ON MEDICATION**

**Olympia granules + Biocyclic Plus**: 3 granules 3 times a day (*for hyperoxidation due to physical over-exertion*)

**Uncastim**: begin with 50 drops 3 times a day for 20 days, decrease to 30 drops a day for 2 months.

**SON Formula**: 0.4 g/Kg of ideal body weight a day (*in hyperoxidation due to over-eating*)
PAIN

BASIC THERAPY

β-endorphin 4CH: 20 drops twice a day (as stoss therapy: 20 drops every hour for a few hours). “Painkilling” action.

ADD-ON MEDICATION

Anti IL 1: 10 drops with a frequency depending on the clinical picture (acute and chronic inflammatory processes)

Anti Age Dol: 3 granules morning and evening (as stoss therapy: 3 granules every 30 min for a few hours). For painful osteo-, arthro-, myo-fascial syndromes.

PARKINSON’S DISEASE

BASIC THERAPY

Extrabios 1 + Extrabios 2: 10 drops 3 times a day (or 15 drops twice a day). The two medicines must be taken on alternate days (as support therapy for Parkinson’s disease)

Senectus F (in females) - Senectus M (in males): 10 drops 2-3 times a day (supports the hormone network in the elderly)

ADD-ON MEDICATION

AR₀ Cogitont: 1 bottle a day for 10 days a month for several months (antioxidant treatment against brain vessels aging due to free radicals)

AR₀ Stenovit*: 1 bottle a day for 10 days a month for several months (endothelial discoloring induced by free radicals)

Sepia compositum: 10-20 drops 3 times a day (for secondary depressive syndromes)

NT3 4CH: 15-20 drops twice a day (it supports damaged neurons)

NT4 4CH: 15-20 drops twice a day (it supports damaged neurons)

BDNF 4CH: 15-20 drops twice a day (it supports damaged neurons)

Melatonin D6: 20 drops twice a day (controls neurohormonal circuits)
PREMENSTRUAL SYNDROME

*(see Female hormone disorders)*

PROSTATITIS

**BASIC THERAPY**

**NK Reg:** 3 granules 2-3 times a day *(for cure and prevention of viral infectious diseases)*

**Anti IL 1:** 10 drops with a frequency depending on individual reactivity *(for acute and chronic inflammatory processes)*

**IL 8 4CH:** 20 drops twice a day *(reinforces chemotaxis of macrophages and lymphocytes)*

**ADD-ON MEDICATION**

**TNF 4CH:** 20 drops twice a day *(reduces the tendency for proliferation)*

**Comp Reg:** 3 granules 2-3 times a day *(reinforces the immune defenses in conditions of persistent stress)*

**Anti Age Stress:** 3 granules morning and evening *(modulates the hyperexcitability of the neurovegetative system)*

**Senectus M:** 10 drops 2-3 times a day *(for prostatic hypertrophy in the elderly)*

**“PROTECTOR”**

**BASIC THERAPY**

**Start:** 10 drops once or twice a day *(morning and afternoon)*, according to Ancient Chinese Medicine, it supports and moves the Ancestral Energy.
**PSORIASIS**

(see Dermatology, indications in)

**RHEUMATOLOGY (INDICATIONS IN)**

**BASIC THERAPY**

**Anti IL 1:** 10 drops with a frequency depending on the clinical picture (for acute and chronic inflammatory processes)

**Anti Age Dol:** 3 granules morning and evening (as massive-dose therapy: 3 granules every 30 min for a few hours). For painful osteo-, arthro-, myofascial syndromes.

**ADD-ON MEDICATION**

β-endorphin 4CH: 20 drops twice a day (as massive-dose therapy: 20 drops every hour for a few hours). “Painkilling” action.

**SCAPULOHUMERAL PERIARTHRITIS (CALCIFICATION)**

**BASIC THERAPY**

M 47: 10-15 drops twice a day for at least 2 months (basic medication for calcification-induced scapulohumeral periartthritis)

**ADD-ON MEDICATION**

**Anti IL 1:** 10 drops with a frequency depending on the clinical picture (modulates inflammatory conditions)

**Anti Age Dol:** 3 granules 2-3 times a day (in acute episodes: several times a day). Modulates pain in the tissues of the supporting and locomotor apparatus.
SECONDARY AMENORRHEA

(See Female hormone disorders)

SKIN RELAXATION

(see Aesthetic medicine, indications in)

SPORT MEDICINE (INDICATIONS IN)

TO IMPROVE AEROBIC WORK AND RAISE THE ANAEROBIC THRESHOLD

Olympia: 3-5 granules 3 times a day (stimulates muscle anabolism and contrasts catabolism)
Biocyclic Plus: 3-5 granules 3 times a day (stimulates ATP synthesis)
Omeo Gaz: 3-5 granules 3 times a day (regulates muscle oxygenation)

TO DEVELOP MUSCLE MASS, STRENGTH AND STAMINA

BASIC THERAPY

SON Formula*: 10 tablets (or 2 sachets) 30 min. before training and 10 tablets (or 2g sachets) at meals after training

ADD-ON MEDICATION

VIT Formula*: 1 tablet every 10 g of SON Formula

Olympia granules: 3-5 granules an hour before training, 3-5 granules immediately before training, 3-5 granules within 45 min. of completing training (stimulates muscle anabolism; stimulates oxidative phosphorylation of muscle fibrous cells; reduces synthesis of lactic acid)
Olympia ampoules: s.c. injections can be used to electively stimulate a hypotonic or hypotrophic muscle (or group of muscles), i.e. following immobilization due to trauma.
FOR PROTECTING THE LIVER DURING ATHLETIC TRAINING

Anti 2: 10 drops twice a day (stimulates liver function)

TO MODULATE OXIDATIVE STRESS DUE TO PHYSICAL OVER-EXERTION

AR® Stenovit®: 1 bottle before and 1 bottle after the training session (controls the formation of free radicals secondary to reperfusion of “ischemic” tissue: mechanism for converting hypoxanthine into xanthine)

BASIC PROTOCOLS

BASIC THERAPY

Before training:
- Olympia: 3-5 granules (stimulates muscle anabolism and contrasts catabolism)
- Omeo Prep: 5 granules (regulates pre-competition anxiety conditions)
- Omeo Gaz: 5 granules (regulates muscle oxygenation)
- SON Formula®: 5 tablets (or one 5 g sachet): amino acid substrate for protein neosynthesis

During training:
- Omeo Gaz: 5 granules 2-3 times (contrasts energy “drops” and muscle fatigue)

After training:
- Olympia: 3-5 granules (contrasts the muscle catabolism phase)
- Omeo Gaz: 5 granules (regulates muscle oxygenation)
- SON Formula®: 5 tablets (or one 5 g sachet): amino acid substrate essential for contrasting the catabolic phase of the training
- Anti Age Ven: 5 granules (to facilitate venous return and contrast stasis)

ADD-ON THERAPY

Omeo Def: 5 granules 2-3 times a day (reduces subcutaneous adipose tissue; improves muscle definition)
Anti Age Cut: 3 granules before and after training (improves skin tone, in fitness programs)

Anti Age Pel 5: 3 granules twice a day (for facial signs of “fatigue” due to stress, in fitness programs)

Anti Age Cell + Anti Age Ven: 3 granules of both before and after the training session (in the case of concomitant cellulite deposits, in fitness programs)

Anti Age Dim + Anti Age Met: 3 granules of both before and after the training session (in the case of concomitant excess weight, in fitness programs)

Anti Age Dol: 3 granules every hour for several hours (for painful symptoms in tissues of the supporting and locomotor apparatus)

AR_{0}, Stenovit^{®}: 1 bottle a day throughout the training period (against free radicals production)

STERILITY

(see Female hormone disorders)

SUFFUMIGATION

Aroma di Guna No. 4: spray in closed rooms (for a balsamic, anticitarrhal, lenitive action on the upper, middle and lower airways)

SUN TAN

(see Aesthetic medicine, indications in)

THRUSH

BASIC THERAPY

T4 Reg: 3 granules 2-3 times a day (activates non-specific cell immunity)
**Immun Reg:** 3 granules 2-3 times a day *(reinforces the immune system and facilitates hepatic drainage)*

**Micox:** 10 drops 3 times a day for the first month; continue with 10 drops twice a day for the next 30 days *(for treating the muco-cutaneous mycoses)*

**ADD-ON MEDICATION**

**IL 10 4CH:** 10-20 drops twice a day *(modulates inflammation)*

**TGF β1 4CH:** 10-20 drops twice a day *(stimulates T and B lymphocytes, monocytes and NK)*

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**TONSILLITIS**

**ACUTE**

**BASIC THERAPY**

**Anti IL 1:** 10 drops with a frequency depending on the severity of the case *(modulates inflammatory states)*

**Macro Reg:** 3 granules 2-3 times a day *(for acute infectious-inflammatory pathologies)*

**ADD-ON MEDICATION**

**S 44:** 5-10 drops every 3 hours (children); 10-20 drops every 3 hours (adults). *For associated fever symptoms.*

**Citomix:** 10 granules 2-3 times a day. At onset of the disease, it reinforces antiviral defenses *(adenovirus)*

**T4 Reg:** 3 granules 2-3 times a day *(activates the cell’s non-specific immune response)*

**IL 4 4CH:** 20 drops twice a day *(for regulating inflammation)*

**IL 1 β 4CH:** 20 drops twice a day *(in the early hours of fever of viral etiology)*

**Oligoel 2 (Bi):** 30 drops twice a day *(in Oligotherapy)*
**CHRONIC**

**BASIC THERAPY**

Uncastim: begin with 50 drops 3 times a day for 20 days, then decrease to 30 drops 3 times a day for 2 months (*infectious diseases of the airways, particularly in lymphatic subjects*)

Linf Reg: 3 granules 2-3 times a day (*for adenotonsillar hypertrophy*)

**ADD-ON MEDICATION**

Oligoel 11 (Mn-Cu): 30 drops twice a day (*for chronic and relapsing respiratory diseases*)

**TOOTHACHE**

*(see Dentistry, indications in)*

**TRACHEOBRONCHITIS**

**BASIC THERAPY**

Homeotox® syrup: 2 teaspoons 3 to 6 times a day (adults); 1 teaspoon 2 to 4 times a day (children).

*Fluidifies the bronchial secretions.*

**ADD-ON MEDICATION**

Omeogriphi®: 1 dose every 8 hours (*for influenza and cold syndromes*)

Comp Reg: 3 granules 2-3 times a day (*activates humoral immunity*)

IL 8 4CH: 20 drops twice a day (*for chemotaxis of the macrophages and T lymphocytes*)
URTICARIA

BASIC THERAPY

**Ovix® ointment:** locally *(regulates allergic response)*
**IL 4 4CH:** 20 drops twice a day *(regulates inflammation; antiallergenic activity)*
**IL 5 4CH:** 20 drops twice a day *(regulates allergic response)*

ADD-ON MEDICATION

**Oligoel 9 (Mn):** 30 drops twice a day *(in Oligotherapy)*

**Anti Age Stress:** 3 granules morning and evening *(modulates hyperexcitability of the CNS and neurovegetative system)*

**Melatonin 4CH:** 220 drops twice a day *(for disturbed neuroendocrine circuits)*

**Prevention**

from a few days before exposure up to a few days afterwards:

**Ovix®:** 3-12 years old, 1-2 tab/day
**Ovix®:** 12-16 years old, 1-3 tab/day
**Ovix®:** adults, 3 tab/day

**During the reaction, as ajuvant treatment enables a reduction of the usual standard dose medication:**

**Ovix®:** 3-12 years old, 2-3 tab/day
**Ovix®:** 12-16 years old, 3-6 tab/day
**Ovix®:** adults, 6-12 tab/day

**Maintenance therapy**

**Ovix®:** 3-12 years old: 1-2 tab/day
**Ovix®:** 12-16 years old: 2-3 tab/day
**Ovix®:** adults: 3 tab/day

VACCINATIONS *(PROPHYLAXIS AGAINST SIDE EFFECTS)*

**Before the vaccination:**

**Citomix:** 10 granules a few hours before the vaccination *(for non-specific stimulation of the immune system)*
**Anti Age Met:** 10 granules a few hours before the vaccination *(activates all the metabolic systems)*

**After the vaccination:**
- **Citomix:** 10 granules a few hours after the vaccination, then continue with 3 granules morning and evening for 10 days *(for non-specific stimulation of the immune system)*
- **Anti Age Cell or Anti Age Smog:** 10 granules a few hours after the vaccination, then continue with 3 granules morning and evening for 10 days *(combats the sycotization induced by vaccines)*
- **IL 12 4CH:** 10 drops 3 times a day for a week *(regulates the cell-mediated immune response; stimulates the NK and T lymphocytes)*

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**VAGINAL CANDIDOSIS**

**BASIC THERAPY**

**Infection in active phase**
- **Natur 1:** 1 ovule morning and evening for 2 weeks; continue for 2 other weeks with 1 ovule in the evening *(anti-inflammatory and local antifungal action)*
- **Micox:** 10 drops 3 times a day for the first month; continue with 10 drops twice a day for the next 30 days *(for treating muco-cutaneous mycoses)*

**To cure of the terrain**
- **Ortho®-Candy:** from 2 to 6 capsules a day for 3 months *(according to Orthomolecular medicine)*

**ADD-ON MEDICATION**

- **Citomix:** 3 granules morning and evening *(reinforces the immune defenses)*
- **Eubioflor 1:** 20 drops 3 times a day for 2 months - **Eubioflor 2:** 10 drops 3 times a day for 2 months; then continue with 10 drops 3 times a day for another 2 months *(for treating intestinal dysbiosis)*
- **Ortho®-Basic powder:** 2-3 teaspoons (dissolve in fresh fruit juice and drink during meals) twice a day for at least 3 weeks *(for alkalizing the environment)*
VENOUS INSUFFICIENCY

BASIC THERAPY

Anti Age Ven: 3 granules morning and evening (for venous-lymphatic insufficiency, particularly of the lower limbs)

ADD-ON MEDICATION

K2F (in females): 10 drops 2-3 times a day (for endocrine dysmetabolisms)

Anti Age Sol: 3 granules morning and evening (for “heavy legs” after sun-bathing)

Pilosella compositum: 10-20 drops 3 times a day (for fluid retention)
Anti 2: 20 drops twice a day (for hepatic drainage)

VERRUCA

BASIC THERAPY

NK Reg: 3 granules 2-3 times a day (reinforces the cell-mediated antiviral defenses)
INF γ 4CH: 20 drops twice a day (reinforces the antiviral humoral response)

ADD-ON MEDICATION

Linf Reg: 3 granules 2-3 times a day (reinforces lymphocytic function)

IL 8 4CH: 20 drops twice a day (stimulates chemotaxis of the macrophages and T lymphocytes)
TNF 4CH: 20 drops twice a day (contrasts cell proliferation)

Tansfactor 11: 1 capsule from Monday to Friday for 2-3 months (for persistent and recurrent forms)
VERTIGO

BASIC THERAPY

Anti Age Jet: 3 granules morning and evening (for neurovegetative regulation)

ADD-ON MEDICATION

Anti Age Circ: 3 granules twice a day (activates the brain circulation)
Senectus F (in females) Senectus M (in males): 10 drops 2-3 times a day (for vertigo of atherosclerotic origin)
AR₉ Stenovit*: 1 bottle a day for 10 days a month for several months (antioxidant treatment against endothelial discoloring induced by free radicals)
AR₉ Cogiton*: 1 bottle a day for 10 days a month for several months (anti-aging treatment for cerebral vessels)
Oligoel 3 (Co): 30 drops twice a day (to overcome vessel spasm, in Oligotherapy)

WITHDRAWAL
(FROM TOBACCO - NARCOTICS - COFFEE - SUGARS)

BASIC THERAPY

Metatox 1: 30 drops several times a day (at least 4). It supports overcoming of tobacco, alcohol, coffee, sugar, narcotic dependence
Metatox 2: 30 drops several times a day (at least 4). It supports the nervous system when the body is under stress of any kind, and for withdrawal symptoms (particularly from tobacco)

ADD-ON MEDICATION

Metatox 4: 30 drops during meals (4 times a day). For organic drainage, eliminates excess fluids and regulates metabolism (particularly of sugars).
Melatonin 4CH: 20 drops twice a day (for neuroendocrine regulation)
Anti 2: 10 drops twice a day (for hepato-pancreatic drainage)
WORMS

(see Helminth infestation)

WRINKLES

(see Aesthetic Medicine, indications in)
PHARMACOLOGICAL INDEX

Compendium Guna
ANTIFREE RADICALS TREATMENT

The main cutaneous compartments affected by the action of free radicals are the epidermis, the connective tissue and vessels, and each of them needs its own antioxidant or antioxidant system. The ARD range has been specifically studied with the aim of interfering with the aging processes, by giving appropriate antioxidant substrates to each compartment.

For further detailed indications about the ARD range, please refer to the section “Dietary supplements”. The cosmetic treatment only is described in this chapter.

AR0 ESILEN® emulsion

AR0 Esilen® is a specific cosmetic treatment against oxidative stress and aging of the skin.

The core of the product is squalene, an important intermediate product of cholesterol synthesis, normally produced by the sebaceous glands. Squalene is a natural antioxidant specific for the epidermis while ß-carotene is effective at connective tissue level.

Squalene has a key role in decreasing the oxidant action of singlet oxygen, a free radical generated mainly through UV rays. It is common knowledge that the capacity of glands to synthesize squalene declines dramatically with aging thus enhancing the formation of wrinkles and skin dyschromias.

Due to the synergic and complementary action of its components, AR0 Esilen® is helpful in defending the skin from physiological and pathological aging. AR0 Esilen® emulsion also contains jojoba oil and palm oil that, thanks to their high content of NMF (Natural Moisturizing Factors), improve cutaneous hydration and skin trophism.

COMPOSITION
Emulsion: Vit. C, Bioflavonoids, Palm oil, Jojoba oil, Squalene, ß-carotene.

INDICATIONS
Prevention and treatment of wrinkles on face and neck, due to free radicals injuries.

DOSAGE
Apply twice a day, morning and evening, excellent results in association with AR0 Esilen® bottles for oral use.

PACKAGE SIZE
Tube containing 50 ml of emulsion.

AR0 Esilen® is also available as dietary supplement for oral use (see page 192)
MADE is an injectable homeopathic preparation specific for the treatment of facial wrinkles.

MADE represents the state of the art for face biological revitalization. Its components include antioxidant enzymatic catalysts effective on cell respiration, classic homeopathic remedies with an effect on drainage and on the constitution, typical homotoxicological remedies such as the “Suis” organ preparations, whose cell revitalizing action is well known.

The innovative feature is represented both by hyaluronidase, that in homeopathic dilutions of D8/D30 modulates the activity of autologous hyaluronidase, and by specific remedies able to trigger the production of autologous collagen. The result is a “compaction” of the fundamental substance and, in aesthetic terms, a smoothing of the wrinkle.

COMPOSITION
Vitamin C D6, Vitamin B1 D6, Vitamin B2 D6, Vitamin B6 D6, Nicotinamid D6, Ac. cis-aconitum D6, Ac. fumaricum D6, Ac. alpha-ketoglutaricum D6, Baryum oxal succinicum D6, Natrium oxalaceticum D6, Natrium pyruvicum D8, Sulphur D12, Magnesium gluconicum D6, Manganum phosphoricum D10, Collagen D8/D30, Hyaluronidase D8/D30, Funiculus umbicalis suis D10/D30, Musculus suis D20, Placenta suis D10, Hepar suis D10, Glandula suprarenalis suis D10, Mercurius solubilis hahnemanni D20, Calcium fluoratum D30, Galium aparine D6, Thuja D6, Cutis suis D8/D30.

INDICATIONS
Biolifting of the face, neck and décolleté. Reduces wrinkles. Improves tone.

DOSAGE, ADMINISTRATION AND THERAPEUTIC PROTOCOL
• using a 4 mm, 30 G needle, make the classic intradermal pomphi according to the mesotherapeutic method
• using a 13 mm, 30 G needle, cannulate the wrinkle by moving the needle gently to left and right, while injecting the content of the syringe.

The protocol consists of one session a week for 5-7 weeks. For prolonged treatments, 2 sessions for the first week, 1 session a week for 1 month and then 1 session a month are recommended.

PACKAGE SIZE
Packs containing 10 ampoules of 2 ml for injection s.c., i.d.
LOCAL HORMONAL TREATMENT

NATUR 4

Natur 4 is a homeopathic cream for face and body treatment, containing remedies specific for a rivitalizing action on face and body skin. Improves breast tone and has anti-androgenic properties, useful for acne and seborrhea.

COMPOSITION
Placenta suis D6, Embryo totalis suis D6, Funiculus umbilicalis suis D6, Estradiol D6, Hamamelis D6, Aesculus D6, Collagen D6.

CLINICAL NOTES FROM HOMEOPATHIC MATERIA MEDICA

Placenta suis D6 stimulates peripheral blood circulation: trophic action on the skin
Embryo totalis suis D6 revitalizes the skin by improving vascularization
Estradiol D6 regulates mild imbalances in the physiological concentration of the hormone, compensating for deficits and alleviating the consequent symptoms (tissue atrophy and aging)
Funiculus umbilicalis suis D6 stimulates connective tissue functions (for the prevention of skin aging)
Hamamelis D6 flebotonic, with a capillary-protecting action
Aesculus D6 improves the permeability of the vascular endothelia
Collagen D6 revitalizes the connective tissues

DOSAGE AND ADMINISTRATION
Apply to the face in the morning before make-up and in the evening after cleansing the face. Apply to the body after showering.

PACKAGE SIZE
Tube containing 75 ml of ointment.
LOCAL BASIC TREATMENT

SERUM VITAE

Serum Vitae is a homeopathic complex preparation for topical use, which regulates the cellular skin metabolism.

Due to the organ preparations Embryo Totalis Suis D14 and Funiculus Umbilicalis Suis D14, it has a marked revitalizing effect; Collagen Suis D12 stimulates the synthesis of autologous collagen; Coenzyme D8 ensures the recovery of the enzymatic skin activity.

The homeopathic components contained in Serum Vitae reach the whole epidermis due to the action of the ionic oxygen used to activate the poten-
tized combination of the components.

The excipient used is Labrafil, a corn oil derivative whose characteristics ensure the perfect bio-availability and perfect percutaneous absorption of the compound.

COMPOSITION
Coenzyme D8, Collagen Suis D12, Embryo Totalis Suis D14, Funiculus Suis D14, Labrafil, Perfume to make up to 30 ml.

INDICATIONS
Revitalization of the face, neck, décolleté, breast.
As a complement to all mesotherapeutic biolifting treatments.

DOSAGE
Apply a few drops of Serum Vitae to the affected skin with a brush and mas-
sage.

PACKAGE SIZE
30 ml bottle with brush. For topical use.

NOTE
Individuals allergic to corn oil (Labrafil) may develop a slight rash. Should this occur, the skin must be thoroughly rinsed and product application discontin-
ued.
DESI SPRAY®

Desi spray® is an innovative formulation developed for dentine hypersensitivity to heat and cold. It activates the dentine matrix, promotes the formation of new dentine, controls and reduces the inflammatory conditions affecting the correlated anatomical structures, progressively solving the problem of sensitive teeth. Desi spray® protects the most sensitive parts of the teeth (dental pulp, dentine tubules and interdentine nerve fibers) without local and systemic side effects.

Scientific studies* demonstrate the efficacy of Desi spray® in the treatment of dentine hypersensitivity caused by traumatic operations on the tooth, e.g. fillings, reconstructions, preparation of crowns and bridges, or pathological alterations such as abrasion of the neck of the tooth, receding gums and dental pulp inflammatory conditions.

**COMPOSITION**

**INDICATIONS**
- Treatment of dentine sensitivity (to heat and cold).
- Local inflammation of the oral cavity.

**DOSAGE**
1 spray at least twice a day on the part(s) affected.

**PACKAGE SIZE**
50 ml bottle with nebulizer. Oral spray.

**Bibliography**
Battistoni M. - Trattamento omotossicologico degli elementi dentali sensibili.
La Medicina Biologica 3/98, p. 23-27.
Battistoni M. - Report clinico sull’efficacia di Desi Spray®.
La Medicina Biologica 3/00, p. 49-52.
**MEDI-DENT**

**COMPOSITION**

**INDICATIONS**
Anti-inflammatory, disinfectant, antihemorrhagic treatment of the oral cavity.

**DOSAGE**
15 drops in a glass of water as a mouth wash; use pure for local applications.

**PACKAGE SIZE**
30 ml bottle with drop counter. For oral use.
THE TINE RANGE
(INTEGRATED NEUROENDOCRINE THERAPY)


In fact, chronic diseases disrupt the neuroendocrine homeostasis of the membrane receptors, leading to cell damage.

TINE therapy restores the cellular homeostasis through a neuroendocrine modulation.

Further details available in the “TINE (integrated neuroendocrine therapy)” brochure, in Italian.
K2F  
(for females)

COMPOSITION
Gl. pinealis D6/12/30/200, Melatonin D6/12/30/200, Hypophysis suis D6/12/30/200, Hypothalamus suis D6/12/30/200, Gl. thyreoidea suis D6/12/30/200, Thymus suis D6/12/30/200, Pancreas suis D6/12/30/200, Ovarium suis D6/12/30/200, Corpus luteum suis D6/12/30/200, Gl. suprarenalis suis D6/12/30/200. Contains alcohol (30%).

INDICATIONS
- functional disorders of the menstrual cycle
- menopausal syndrome
- osteoporosis
- mood disorders

DOSAGE
10 drops 2-3 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

K2M  
(for males)

COMPOSITION
Gl. pinealis D6/12/30/200, Melatonin D6/12/30/200, Hypophysis suis D6/12/30/200, Hypothalamus suis D6/12/30/200, Gl. thyreoidea suis D6/12/30/200, Thymus suis D6/12/30/200, Pancreas suis D6/12/30/200, Testis suis D6/12/30/200, Gl. suprarenalis suis D6/12/30/200. Contains alcohol (30%).

INDICATIONS
For restoring neuroendocrine function in case of:
- andropause
- mood disorders
- neuroendocrine-related disorders in the sexual sphere

DOSAGE
10 drops 2-3 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

SENECTUS F  
(for females)

COMPOSITION
Cerebrum suis D8, Melatonin D6, Hypophysis suis D6, Hypothalamus suis D6, Gl. thyreoidea suis D6, Thymus suis D6, Pancreas suis D6, Ovarium suis 200K, Corpus luteum suis 200K, Gl. suprarenalis suis D6, Serotonin D6,

INDICATIONS

- senile asthenia
- strain dyspnea
- memory disorders
- sleeping disorders
- anxious-depressive syndrome in the elderly
- mild vascular and coronary disorders

DOSAGE

10 drops 2-3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

SENECTUS M

(for males)

COMPOSITION

Cerebrum suis D8, Melatonin D6, Hypophysis suis D6, Hypothalamus suis D6, Gl. thyreoida suis D12, Thymus suis D6, Pancreas suis D6, Testis suis 200K, Gl. suprarenalis suis D6, Serotonin D6, Tryptophan D4, Phosphorus 6/30CH, Phosphorus 200K, Vit. B1 D4, Vit. B12 D4, Vit. C D4, Acidum folicum D6, Eleutherococcus 4CH. Contains alcohol (30%).

INDICATIONS

- senile asthenia
- strain dyspnea
- memory disorders
- sleeping disorders
- anxious-depressive syndrome in the elderly
- mild vascular and coronary disorders

DOSAGE

10 drops 2-3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

K2F-DIA

(for females)

COMPOSITION

Gl. pinealis suis D6, Melatonin D6, Hypophysis suis D6, Hypothalamus suis D6, Gl. thyreoida suis D6, Thymus suis D6, Pancreas suis D6/30, Pancreas suis 200K, Ovarium suis D12/200, Corpus luteum suis D6/200, Hepar suis 200K, Cor suis 200K, Pulmo suis 200K, Zincum gluconicum D6, Niccolum gluconicum D6, Cobaltum gluconicum D6. Contains alcohol (30%).
INDICATIONS
Adjuvant in the treatment of type I (insulin-dependent) diabetes.

DOSAGE
10 drops 2-3 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

K2M-DIA
(for males)

COMPOSITION
Gl. pinealis suis D6, Melatonin D6, Hypophysis suis D6, Hypothalamus suis D6, Gl. thyreoidea suis D6, Thymus suis D6, Pancreas suis D6/12/30, Pancreas suis 200K, Testis suis D12/200, Hepar suis 200K, Cor suis 200K, Pulmo suis 200K, Zincum gluconicum D6, Niccolum gluconicum D6, Cobaltum gluconicum D6. Contains alcohol (30%).

INDICATIONS
Adjuvant in the treatment of type I (insulin-dependent) diabetes.

DOSAGE
10 drops 2-3 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.
POTENTIZED HORMONES

Guna supplies a wide range of hormones in single dilutions. According to clinical experience some hormones are available in D6 and D30, while others in 4CH, 15CH and 30CH. Hormones are physiologically effective in minimal quantities, in some cases the concentration can be as little as a picogram (one millionth of a milligram) per milliliter, i.e. a concentration very close to the homeopathic dilutions.

With the aid of a peri-physiological concentration of potentized hormone, a defective biological system can recover its ability to trigger the endocrine network.

**Potentized hormones do not replace hormones deficiency, their aim is to send proper biological messages** that triggers self-regulating mechanisms. **The potentized hormone neutralizes imbalances caused by minor changes in physiological concentration of the corresponding hormone.**

**CLINICAL ISSUES**

Potentized hormones are prescribed according to the physiopathology of the hormone and the clinical examination of the patient. Dilutions D6, D30, 4CH, 15CH have the effect of **stimulating** the physiological function of the homologous hormone. Vice versa, to restrain the function of a given hormone, it is necessary to administer the hormone that, according to physiology, has a negative feedback effect on the incretion of the hormone, e.g. Progesterone D6 for cases of hyperestrogenism.

The therapeutic planning usually begins with the lowest dilution (D6). The higher dilution (D30) can be used later on, with a view to “stabilizing” the therapeutic effects.

**DOSAGE**

15-20 drops twice a day.

**PACKAGE SIZE**

30 ml bottle with drop counter. For oral use.

_N.B._

From the methodological standpoint, the treatment with potentized hormones can be integrated with a homotoxicological therapy based on the “Suis” organ preparations (Heel).
ACTH (adrenocorticotropic hormone)

Single dilutions available: **D6-D30**

SECRETING GLAND
Anterior PITUITARY GLAND

BIOLOGICAL FUNCTIONS
Stimulates the adrenal cortex hormones:
- **glycorticoids:** hydrocortisone, corticosterone, cortisol
- **mineral corticoids:** aldosterone, 11-desoxycorticosterone
- **sex hormones**

DOSAGE
15-20 drops twice a day.

CALCITONIN

Single dilutions available: **D6-D30**

SECRETING GLAND
THYROID

BIOLOGICAL FUNCTIONS
Controls calcium metabolism through captation of the calcium in bones.

DOSAGE
15-20 drops twice a day.

ß-ENDORPHIN

Single dilutions available: **4CH-15CH-30CH**

SECRETING GLAND
Various zones of the encephalon, particularly: HYPOTHALAMUS and PITUITARY GLAND

BIOLOGICAL FUNCTIONS
Neurohormone with inhibiting effect on pituitary activity. Pain-killing activity.

DOSAGE
15-20 drops twice a day.
BETA-ESTRADIOL

*Single dilutions available: D6-D30*

**SECRETING GLAND**
FEMALE GONADS on stimulation of the pituitary FSH

**BIOLOGICAL FUNCTIONS**
- **Menstrual cycle:** ovogenesis and maturation of the egg cell
- **Pregnancy:** preservation of pregnancy
- **Puerperium:** maintains the breast feeding and prepares for the menstrual cycle

**DOSAGE**
15-20 drops twice a day.

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FSH (follicle-stimulating hormone)

*Single dilutions available: D6-D30*

**SECRETING GLAND**
Anterior PITUITARY GLAND

**BIOLOGICAL FUNCTIONS**
- Controls sex cell maturation and the synthesis of sex hormones (estrogens/androgens).
  - **In females:** follicle maturation
  - **In males:** spermatogenesis

**DOSAGE**
15-20 drops twice a day.

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LH (luteinizing hormone)

*Single dilutions available: D6-D30*

**SECRETING GLAND**
Anterior PITUITARY GLAND

**BIOLOGICAL FUNCTIONS**
- Stimulates sex hormone production.
  - **In females:** development of the corpus luteum and estrogen production (with FSH). Stimulates progesterone production (with prolactin)
  - **In males:** testosterone production

**DOSAGE**
15-20 drops twice a day.
MELATONIN

*Single dilutions available: 4CH-15CH-30CH*

**SECRETING GLAND**
EPIPHYSIS

**BIOLOGICAL FUNCTIONS**
- Controls the neurohormonal circuits.
- Normalizes the circadian rhythms.

**DOSAGE**
15-20 drops twice a day.

PARATHORMONE

*Single dilutions available: D6-D30*

**SECRETING GLAND**
PARATHYROID

**BIOLOGICAL FUNCTIONS**
- Increases blood calcium through osteoclastic activity.

**DOSAGE**
15-20 drops twice a day.

PROGESTERONE

*Single dilutions available: D6-D30*

**SECRETING GLAND**
CORPUS LUTEUM during the menstrual cycle and PLACENTA during pregnancy

**BIOLOGICAL FUNCTIONS**
- Prepares the uterus for pregnancy and the mammary apparatus for lactation.

**DOSAGE**
15-20 drops twice a day.

PROLACTIN

*Single dilutions available: D6-D30*

**SECRETING GLAND**
Anterior PITUITARY GLAND
**BIOLOGICAL FUNCTIONS**
Stimulates mammary gland development. Its blood concentration is raised by stress-inducing stimuli.

**DOSAGE**
15-20 drops twice a day.

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**SEROTONIN**
*Single dilutions available: D6-D30*

**SECRETING GLAND**
Produced by the nuclei of the raphe of Medulla oblongata, PONS and MID-BRAIN

**BIOLOGICAL FUNCTIONS**
Controls mood.

**DOSAGE**
15-20 drops twice a day.

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**TRI-IODOTHYRONINE**
*Single dilutions available: D6-D30*

**SECRETING GLAND**
THYROID

**BIOLOGICAL FUNCTIONS**
Stimulates O\(_2\) consumption and heat production.

**DOSAGE**
15-20 drops twice a day.

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**THYROXINE (T4)**
*Single dilutions available: D6-D30*

**SECRETING GLAND**
THYROID

**BIOLOGICAL FUNCTIONS**
Stimulates O\(_2\) consumption and heat production.

**DOSAGE**
15-20 drops twice a day.
HOMEOPATHY

Endocrinology

TRYPTOPHAN

Single dilutions available: D6-D30

BIOLOGICAL FUNCTIONS
Precursor in the synthesis of serotonin and melatonin.

DOSAGE
15-20 drops twice a day.

TSH (thyroid-stimulating hormone)

Single dilutions available: D6-D30

SECRETING GLAND
PITUITARY GLAND

BIOLOGICAL FUNCTIONS
Controls thyroid activity. Stimulates the release of thyroid hormones.

DOSAGE
15-20 drops twice a day.
A complex network of information connects the brain to the various organs, and stress signals perceived by the sensory organs or detected at psycho-emotional level, are transferred to the brain.

The brain then activates the endocrine and immune systems so that they trigger the reactions needed to guarantee the body survival (by increasing its strength, reducing the sex drive, the need for sleep and hunger, increasing the defenses, etc.).

The key elements in these interactions are the hypothalamus, pituitary gland, adrenal glands, gonads, thyroid, and the organs of the immune system: by means of their mediators (release factors, hormones and cytokines) they act as starters for further crucial organic defense reactions.

The hypothalamus, alerted by the central nervous system in the event of stress, produces CRF (Corticotropin Releasing Factor) which flows to the pituitary gland, causing it to secrete ACTH.

The pituitary gland communicates through this “messenger” with the adrenal glands, stimulating them to produce cortisol.

This powerful hormone and its metabolites (which have anti-inflammatory and immunoregulating functions) are subsequently carried in two different directions: firstly, the cortisol travels to the hypothalamus, where it inhibits the release of more CRF and limits further activation of the pituitary gland, and secondly, it is conveyed to the immune system (spleen, lymph glands, thymus, bone marrow, etc.) to regulate their reactivity.

In response to these stimuli, the immune system produces a complex, diversified group of substances, called cytokines, which convey a coordinated regulatory message to all parts of the body. This delicate communication system between the brain, nervous system, endocrine system and immune system can easily be disrupted, however, by persistent tension and stress, or if particularly aggressive medicines are used.

Variations in hormone levels may be triggered and give rise to faulty regulation of the immune system, which means lower resistance to attack and greater susceptibility to inflammatory diseases and their relapses. This leads to disorders of various kinds and severity, involving different organs and tissues.

This modern approach to etiopathogenesis is also expressed in the fundamental concepts of homeopathy, which consider disease to be an evolving condition that originates in the psycho-sensorial sphere, progressively
becomes structured into a specific function (functional disorders) and eventually affects the organic sphere, where it takes shape in the form of a lesion or clinical disorder.

**PNEI (PSYCHO-NEUROENDOCRINE IMMUNOLOGY) STUDIES AND FEMALE ENDOCRINE PROBLEMS**

In women, the main target organs of PNEI dynamics are the genital organs, the breast and the skin. These are also the organs that best reflect the body's state of health and balance, in view of their close relationship with neuroendocrine variations.

For instance, changes in the normal prolactin levels may not only modify the size of the mammary gland or cause variations in fertility cycles, but also trigger the onset of acne. In other cases, modifications in the vaginal pH resulting from the use of hormone-based contraceptives can make woman susceptible to vaginal infections.

Conventional symptomatic treatments often do not have lasting results, and the disorders alternate between quiescent periods and acute phases.

**G 3**

G 3 components are two organ preparations and two classic homeopathic remedies (a basic remedy and a constitutional remedy). Ovarium and Corpus Luteum, administered together, play a fundamental part in regulating pituitary gland - ovarian feedback with no side effects of contraindications. The combination of Ovarium + Corpus Luteum can be described as a graduated, potentized estrogen-progestin association (Ovarium contains infinitely small doses of estrogens and progesterone and Corpus Luteum contains infinitely small doses of progesterone) which is indicated in all conditions of ovarian hypofunction and functional dysregulation.

**Pulsatilla** is the remedy for the typical female biotype women of childbearing age with a cyclothymic nature who are emotionally unstable and “like to be cuddled”. The emotional characteristics of the Pulsatilla woman are due to the alternating function of the hypothalamus, which also affects the pituitary func-
tion: in these patients, FSH and LH often suffer from receptor and quantita-
tive disorder.
Pulsatilla is a remedy in the phospho-tuberculinic series, and the phospho-
rus constitution is often revealed by a neurovegetative imbalance because
of the prevalence of the CNS, the sympathetic nervous system and the adre-
nal medullary function.

Due to **Kalium Carbonicum**, G 3 is useful not only for controlling the pitu-
itary-ovarian hormone function and the phosphorus subject, but also for
carbon types.

**COMPOSITION**
Kalium carbonicum 6CH/30CH.

**INDICATIONS**
Functional menarche disorders, functional disorders of the puberal phase.
Amenorrhea secondary to stress, unsuitable diet, excessive sporting activities.
For regulating ovulation in women with polycystic ovary syndrome.
Menstrual disorders due to GnRh deficiency.
Adjuvant in the treatment of female acne.
Hypertrichosis in ovarian microcystosis.

**DOSAGE**
Begin with 5 drops twice a day, then increase by 1 drop a day up to 10 drops
three times a day.

**PACKAGE SIZE**
30 ml bottle with drop counter. For oral use.

**THE NATUR RANGE**

**Natur** is the new range for the most common female endocrine problems.
It comprises four products specifically designed to offer effective solutions
to the most common disorders of the **gynecological sphere** and **breasts**, and
to prevent premature aging.
The products in the **Natur** range are based on modern psycho-neuroen-
docrine immunology (PNEI), homeopathy and homotoxictology.

The ultra-modern **Natur** range, which uses potentized organ preparations in
the gynecological endocrine field together with potentized hormones and
nosodes, provides not merely a symptomatic, but a genuinely etiological
treatment for women’s problems.
**INDICATIONS**

**COMPONENTS**
Calendula D4, Propolis D4, Vincetoxicum D6, Helonias D6, Kreosotum D6, Hydrastis D6, Psorinum D10, Candida albicans D30.

**CLINICAL NOTES FROM HOMEOPATHIC MATERIA MEDICA**
- **Calendula D4**: scarring and anti-inflammatory action
- **Propolis D4**: scarring and anti-inflammatory action
- **Vincetoxicum D6**: stimulates the immune defenses
- **Helonias D6**: specific remedy for female genital problems, particularly of inflammatory type
- **Hydrastis D6**: anti-inflammatory action on the mucous membranes (for dense, yellowish, thread-like mucopurulent secretions); hemostatic in cases of menorrhagia and metrorrhagia
- **Kreosotum D6**: anti-inflammatory action on the mucous membranes and skin (vulvar pruritus, foul-smelling fluor); hemostatic in cases of menorrhagia and metrorrhagia
- **Psorinum D10**: nosode of chronic leukorrhea and low capacity for reaction
- **Candida albicans D30**: nosode of vaginal mycoses

**DOSAGE AND ADMINISTRATION**
1 ovule morning and evening for the first two weeks. Continue with one vaginal suppository in the evening.

**PACKAGE SIZE**
Pack containing 14 vaginal ovules.
NATUR 2 - cream for vaginal application

**INDICATIONS**

**COMPONENTS**
Estradiol D6, Ovarium D6, Placenta suis D6, Embryo totalis suis D6

**CLINICAL NOTES FROM HOMEOPATHIC MATERIA MEDICA**
- **Estradiol D6**: in mild deficiencies, it regulates the physiological concentration of the hormone, compensating for the deficit and alleviating the consequent symptoms
- **Ovarium suis D6**: activates ovarian function
- **Placenta suis D6**: stimulates peripheral blood flow, with a trophic action on the tissues
- **Embryo totalis suis D6**: revitalizes the skin by improving vascularization

**DOSAGE AND ADMINISTRATION**
Apply morning and evening for at least 2 months; then continue once a day and after coitus.

**PACKAGE SIZE**
Pach containing 1 tube of 75 ml of cream and 2 cannules that make easy the vaginal application. The cannules are reusable and easy to clean and wash.

NATUR 3 - breast cream

**INDICATIONS**
Premenstrual mastodynia. Mastodynia in patients suffering from fibrocystic mastopathy.

**COMPONENTS**
Progesterone D6, Phytolacca D6, Conium D6, Thuja D6

**CLINICAL NOTES FROM HOMEOPATHIC MATERIA MEDICA**
- **Progesterone D6**: in mild deficiencies, it regulates the physiological concentration of the hormone, alleviating the consequent symptoms
- **Phytolacca D6**: reduces inflammation of the serous surfaces, muscles, mucous membranes, periostium and lymph nodes, and of the mammary glands (painful nodes)
- **Conium D6**: reduces glandular swelling and fibrous tissue hardening processes
- **Thuja D6**: reduces proliferative processes involving the skin (condyloma, verruca, papilloma, etc.) and of the glandular epithelia
Gynecology

DOSAGE AND ADMINISTRATION
Apply to the breast morning and evening. In the event of mammary tension, apply from the 14th to the 28th day of the menstrual cycle.

PACKAGE SIZE
Tube containing 75 ml of cream.

NATUR 4 - face and body cream

INDICATIONS
Revitalizing effect on face and body. Improves breast tone. Anti-androgenic action: for acne and seborrhea.

COMPONENTS
Placenta suis D6, Embryo totalis suis D6, Funiculus umbilicalis suis D6, Estradiol D6, Hamamelis D6, Aesculus D6, Collagen D6.

CLINICAL NOTES FROM HOMEOPATHIC MATERIA MEDICA
Placenta suis D6 stimulates peripheral blood flow: trophic action on the skin
Embryo totalis suis D6 revitalizes the skin by improving vascularization
Estradiol D6 regulates mild imbalances in the physiological concentration of the hormone, compensating the deficit and alleviating the consequent symptoms (tissue atrophy and aging)
Funiculus umbilicalis suis D6 stimulates connective tissue function (for prevention of skin aging)
Hamamelis D6 flebotonic, with a capillary-protecting action
Aesculus D6 improves permeability of the vascular endothelia
Collagen D6 revitalizes the connective tissue

DOSAGE AND ADMINISTRATION
Apply to the face in the morning before applying make-up and in the evening after cleansing. Apply to the body after showering.

PACKAGE SIZE
Tube containing 75 ml of cream.
IMMUNOLOGICAL COMPLEX PREPARATIONS

ANTI IL 1

The use of homeopathic dilutions of anti-interleukin 1 antibodies regulates excessive production of this cytokine by the macrophage in acute and chronic inflammatory conditions. It is consequently advisable to associate this product with classic homeopathic-homotoxicological “anti-inflammatory” remedies.

**COMPOSITION**
- Anti-interleukin 1 alpha 4CH, Anti-interleukin 1 beta 4CH.

**INDICATIONS**
- Immune response regulation in inflammatory diseases.

**DOSE**
- 10 drops, adjusting the frequency to individual reactivity. The duration of the treatment is usually short (1 week).

**PACKAGE SIZE**
- 30 ml bottle with drop counter. For oral use.

ANTI 2

Anti 2 restores liver and pancreas enzyme function. It is consequently indicated in digestive disorders, among others; hepatic function activation also leads to an improvement in immune response (liver disintoxicating action).

**COMPOSITION**
- Transaminase 4CH, Trans-glutaminase 4CH, Trypsin 4CH, Lipase 4CH, Cholesterol-esterase 4CH, Pancreozymin 4CH.

**INDICATIONS**
- Functional hepatic and pancreatic deficiencies.

**DOSE**
- 10 drops twice a day.

**PACKAGE QUANTITIES**
- 30 ml bottle with drop counter. For oral use.
**APO REG**

It proves particularly effective in skin diseases (dermatitis, psoriasis, eczema, scarring problems) with an autoimmune and/or retoxic etiology (preferably in association with Anti Age Cut and Anti Age Stim).

When it is necessary to regulate cell differentiation, the association with Embryo Rerio D4 has proved particularly effective.

**COMPOSITION**

- Viscum album D8, Gingko biloba D3, Echinacea angustifolia D1, Soya D3, Oryza D3, Malva D1, IL1-beta 7CH, TNF 4CH, IL6 4CH/7CH, Plantago D3, Sedum telephium D8, ADN 4CH/7CH, ARN 4CH/7CH, Sanguis suis 4CH

**DOSAGE**

3 granules 2-3 times a day

**PACKAGE SIZE**

Tube containing 4 g of granules.

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**CITOMIX**

Citomix, along with the other immunological complexes, represents the state of the art in the integration between homeopathy, immunology and molecular biology.

The association between the pool of cytokines involved and the homeopathic remedies makes this compound a powerful non-specific immune system stimulator.

The clinical features of this product enable its use in two different ways:

- as a single product, in influenza and viruses deseases;
- as “core element” in a more complex therapy that needs cytokines stimulation.

**COMPOSITION**

- GCSF 4CH/9CH/15CH/30CH, IL4 4CH, IL1 5CH, IL2 5CH/7CH, IL6 7CH/9CH/15CH, Interferon gamma 4CH, Vasa lymphatica suis 4CH, Vaccinium vitis D3, Ananassa sativa D3, Centella asiatica D3, Medulla ossis suis 4CH, Thymuline 4CH.

**INDICATIONS**

Non-specific reinforcement of immune response. Influenza and viral diseases.

**DOSAGE**

10 granules twice a day for 2-3 days massive-dose therapy, or 3 granules morning and evening.

**PACKAGE SIZE**

Tube containing 4 g of granules.
COMP REG

It activates the complement system which is, along with the antibodies, the key element of humoral response against infectious agents. The cascade activation of the components ensures the defensive functions, such as bacterial or viral cell lysis. The product supports hepatic function and regulates liver’s reactivity, and particularly its drainage. It supports immunological and metabolic activities in states of stress.

COMPOSITION
Paeonia D3, Ginseng D1/D3, Hibiscus D3, Curcuma longa D3, Splen suis 4CH, Hepatine 4CH, Bilinum 7CH, IL1 beta 5CH, IL4 5CH/7CH, Sedum telephium D8, Plantago D3, Viscum album D8/D12/D20, IL11 5CH.

INDICATIONS
Immune deficiencies with a psycho-physical stressful background.

DOSAGE
3 granules 2-3 times a day.

PACKAGE SIZE
Tube containing 4 g of granules.

IMMUN REG

It regulates the immunological network. This medicine supports hepatic function and regulates liver’s reactivity.

COMPOSITION

DOSAGE
3 granules 2-3 times a day.

PACKAGE SIZE
Tube containing 4 g of granules.

LINF REG

It has a selective action on cell-mediated immunity system and particularly a lymphocytic function. Suis organ preparations together with a pool of cytokines, such as IL 4 (for B lymphocyte proliferation), IL3 (for mastocyte growth stimulation), IL 11 (for interleukin release) and, above all, GCS trigger the reactivity of the organism and modulates the immune system. It is used in immunostimulating therapies. It is helpful in adenotonsillar hyper-
**tropho** (it regulates lymphocytic activity), preferably in association with the appropriate homeopathic-homotoxicological medicaments. Notes: the association with Embryo Rerio D4 (stage I) is preferable for the basic regulation of autoimmune disorders.

**COMPOSITION**
- IL4 4CH, IL11 5CH, GCSF 4CH, IL3 5CH, Splen suis 4CH, Lymphatic ganglia 4CH, Sanguis suis 4CH/7CH, Ganoderma D8, Angelica radix sin. D3, Lentinus edodes D8, Melatonin 4CH/7CH.

**DOSAGE**
- 3 granules 2-3 times a day

**PACKAGE SIZE**
- Tube containing 4 g of granules.

**MACRO REG**

It acts on cell-mediated immunity and particularly on **macrophagic function**, which represents the front line of body defence. The compound is useful in **acute infectious or inflammatory pathologies**.

**COMPOSITION**

**DOSAGE**
- 3 granules 2-3 times a day

**PACKAGE SIZE**
- Tube containing 4 g of granules.

**NK REG**

Its target is to modulate the cell-mediated immunity and particularly **natural killer (NK) cell** function. The stimulation of killer cell proliferation induced by some of its components (particularly Interleukin 2) and the presence of gamma Interferon, makes NK Reg the ideal product for therapy (through rapid activation) and prevention of viral pathologies.

**COMPOSITION**
- Oryza D3, Sedum telephium D3, Ganoderma D8, Coriolus versicolor D8, Soya D3, ß-endorphin 4CH, Serotonin D6, Melatonin 4CH/15CH, Interferon gamma 3CH, IL 2 5CH, Splen suis 4CH, Sanguis suis 4CH, Lymphatic ganglia 4CH/7CH.
OMEOGRIPHI®

Omeogriphi® is the remedy of choice in preventing and curing influenza and cold syndromes.

The homeopharmacological structure of Omeogriphi® is particularly interesting since it acts both as an immunostimulant and as a symptomatic remedy.

1. Immunostimulation is obtained through two actions: the first (Anas barbariae and Influenzinum) enhances specific immunity stimulating the cytotoxic T lymphocytes and NK cells, the second (Vincetoxicum officinalis) triggers non-specific immunity through lysozyme release.

2. Symptoms are dealt with by the following remedies: Aconitum for acute, sudden onset fever; Belladonna is the remedy of inflammation, especially in the vasal phase (“... Belladonna follows Aconitum”); Echinacea angustifolia is effective on inflammatory processes; Cuprum reduces typical influenza pain symptoms.

The combination of remedies in Omeogriphi® ensures a strong immunostimulating effect and a good treatment of the influenza symptoms.

COMPOSITION
Aconitum napellus 5 CH, Atropa belladonna 5 CH, Echinacea angustifolia 3 CH, Vincetoxicum officinalis 5 CH, Anas barbariae (heart and liver autolysate) 200 K, Cuprum 3 CH, Influenzinum 9 CH, lactose and saccharose to make up to 1 g.

INDICATIONS
Prevention and cure of influenza and cold symptoms.

DOSAGE
Prevention: 1 dose a week for 6 weeks.
Treatment: 1 dose from 1 to 3 times a day.

PACKAGE SIZE
Pack containing 6 tube of 1 g each in globuli.
**T4 REG**

This compound has an elective tropism for the cell-mediated immunity and particularly for the **T4 lymphocyte function**. The product enables a good activation of non-specific cell immunity.

**COMPOSITION**
- IL3 5CH, IL2 5CH, Interferon alpha 4CH, Interferon gamma 4CH, IL10 5CH, Coriolus versicolor D8, Soya D3, Echinacea angustifolia D3/D6/D8, Ginseng D1, Splen suis 4CH, Sanguis suis 4CH, Lymphatic ganglia 4CH/7CH, ß-endorphin 15CH, Melatonin 15CH.

**DOSAGE**
- 3 granules 2-3 times a day

**PACKAGE QUANTITIES**
- 4 g tube of granules.

**UNCASTIM**

**Uncastim** is a complex homeopathic product. The careful combination of plant and mineral homeopathic remedies with Suis organ preparations, intermediate catalysts, oligo elements and a nosode makes this preparation useful in the **prevention and treatment of relapsing bacterial and viral infections**, especially in lymphatic subjects, even if already treated with retoxic therapy.

Uncastim achieves a complex and articulated therapeutic action that includes **immunostimulation** (related to plant remedies such as *Uncaria tomentosa*, *Echinacea angustifolia* and *purpurea*, *Vincetoxicum*, and several organ preparations such as *Splen suis*, *Lymphatic ganglia suis*, *Thymus suis*, *Medulla ossis suis*), **control of septic expansion of the disease** (*Hepar sulphuris*, *Pyrogenium*), **drainage of the mesenchyma** (*Galium aparine*, *Pulsatilla*, *Silicea*, *Phytolacca*, *Sulphur*), **restoration of enzyme activity** (*Ac. succinicum*, *Ac. fumaricum*, *Ac. malicum*, *Natrium pyruvicum*, *Chinhydron*) and **catalytic stimulation** (Manganese and Cuprum).

Given this homeopharmacological structure, the product is contraindicated in autoimmune pathologies in the active phase and in cases of acute fever.

**COMPOSITION**
- Uncaria tomentosa D4, Echinacea angustifolia D4, Echinacea purpurea D4, Phytolacca D6, Silicea D6, Hepar sulphuris D6, Pyrogenium D6, Galium aparine D4, Pulsatilla D6, Vincetoxicum D4, Sulphur met. D6, Colon suis D6, Thymus suis D6, Lymphatic ganglia suis D6, Splen suis D6, Hepar suis D6, Medulla ossis suis D6, Hypothalamus suis D12, Corpus pinealis suis D12, Ac. succinicum D4, Ac. fumaricum D4, Ac. malicum D6, Natrium pyruvicum D6, Chinhydron D12, Manganese D4, Cuprum D4. Contains alcohol (30%).
**INDICATIONS**

**DOSAGE**
30-50 drops three times a day for two months (preferably starting with the administration of 150 drops a day for the first 20 days of treatment, then 90 drops a day thereafter).

**MAINTENANCE THERAPY**
10 drops three times a day for at least 4 months.  
*Children under 3 years old*: 1/3 of the adult dose.  
*Children from 3 to 6 years old*: 1/2 of the adult dose.

**NOTES**
It may be advisable to associate Uncastim with oligo elements. In immunodeficiencies associated with intestinal dysbiosis or fungal infestations, it is useful to associate Eubioflor 1, Eubioflor 2 and Micox.

**PACKAGE SIZE**
30 ml bottle with drop counter. For oral use.
POTENTIZED CYTOKINES

The term cytokine refers to a vast range of protein components produced by the cells in response to a great variety of stimuli. There is general consensus for the concept according to which the action of the cytokines is directed specifically towards certain receptors on the target cell, activating a series of functional modifications in which they have a leading role, such as:

1. agents capable of promoting growth proliferation, cell differentiation (growth factors)

2. agents capable of creating a communication network in the immune system (lymphokines – interleukins)

3. agents involved in inflammation (chemokines – lymphokines)

It seems evident that cytokines play a dominant part in the coordination of immune and inflammatory response. The biological role of cytokines is therefore that of “weavers” of a complex network of interactions, the so-called Immunological Network. This network is governed exclusively by infinitely small stimulation mechanisms (in homeopathic-like doses: 10^-6-10^-10 M), but sufficient to sensitize or occupy a few units of cell or plasma receptors. This threshold enables chain reactions that, thanks to a reinforcing effect (complex systems) have a regulating influence on the immunological network.

CLINICAL ISSUES

It would be impossible to draw up a specific, ready-prepared protocol on the use of cytokines for a given pathology. Their prescription has to be based on the analysis of the physiopathology of the different immunological mediators in relation to the patient’s pathology.

All the available dilutions (4CH-15CH-30CH) have a stimulating effect on the physiological function of the homologous cytokine. Clinically, therapeutic planning usually begins with the lowest dilution (4CH). The higher dilutions (15CH and 30CH) can be used later on, with a view to “stabilizing” the therapeutic effects.

It is advisable to associate the use of potentized immunological intermediaries with a homotoxicological therapy for liver drainage.

DOSAGE

15-20 drops twice a day (standard dosage).

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.
**BDNF (Brain Derived Neurotrophic Factor – human recombinant)**

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Neurotrophin with an effect on the neurons damaged during development or as a result of trauma.

**INDICATIONS**
- see Biological functions.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

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**CNTF (Ciliary Neurotrophic Factor – mouse recombinant)**

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Neurotrophin with an effect on the neurons damaged during development or as a result of trauma.

**INDICATIONS**
- see Biological functions.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

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**EGF (Epidermal Growth Factor)**

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Neurotrophin with an effect on the neurons damaged during development or as a result of trauma.

**INDICATIONS**
- see Biological functions.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

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**FGF (Fibroblast Growth Factor)**

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Mitogen for fibroblasts and other ecto-, endo- and meso-dermal cells.

**INDICATIONS**
- see Biological functions.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).
G1 (GD3 ganglioside)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Activation of nerve growth factors for the secretion of NT3, NT4, BDNF and CNTF for myelin repair.

**INDICATIONS**
- see Biological functions.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

GCSF (Growth Colony Stimulating Factor)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Triggers the reactivity of the organism in relation to immune system functional deficiencies.

**INDICATIONS**
- Raises the sensitivity of the immune system. Useful in the initial phase of all treatments for chronic and autoimmune diseases.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

IGF 1 (Insulin-like Growth Factor)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- For the growth and maintenance of nerve tissue. Regulates bone and fetal growth.

**INDICATIONS**
- see Biological functions.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

INF α (Interferon alpha, leukocytic)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Antiviral activity.

**INDICATIONS**
- see Biological functions.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).
INF γ (Interferon gamma, lymphocytic)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Antiviral activity. Activation of NK cells. Activation of macrophages.
- Antiproliferative effects. Reinforces T lymphocyte activity.

**INDICATIONS**
- Rapid activation of the immune defenses (activates the presentation of the antigen). Stimulation of antiviral defenses. Treatment of autoimmune pathologies that carry a risk of viral superinfection. Treatment of hepatitis C and B.

> Begin the treatment with 4CH and at the first signs of a reaction from the organism, continue with 15CH.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

INTERLEUKIN 1 beta (IL 1β)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Induces a feverish reaction as an alarm signal of attack (endogenous pyrogen).

**INDICATIONS**
- Acute immune attack. In the early hours of a virus-induced fever attack.

> For occasional use only, for as long as it takes to induce the fever reaction.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

INTERLEUKIN 2 (IL 2)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Differentiation of T lymphocytes. Stimulation of B lymphocytes and NK cells.

**INDICATIONS**
- For regulating the cell-mediated immune response.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).
INTERLEUKIN 3 (IL 3)

Single dilutions available: 4CH-15CH-30CH

**BIOLOGICAL FUNCTIONS**
- Stimulation of mastocyte growth. Stimulation of hematopoiesis.

**INDICATIONS**
- Treatment of hematopoietic disorders.
- Treatment of the side effects of chemotherapy, radiotherapy and allopathic antiviral therapy.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

INTERLEUKIN 4 (IL 4)

Single dilutions available: 4CH-15CH-30CH

**BIOLOGICAL FUNCTIONS**
- Proliferation of B lymphocytes. Synthesis of IgG and IgE. Inhibition of pro-inflammatory cytokines.

**INDICATIONS**
- For regulating inflammation. Anti-allergic action both in treatment and in prophylaxis (for restoring the balance of the immune system). Asthma, dermatitis, allergic rhinitis. Adjuvant in desensitizing treatments.
- In vaccination therapies it improves individual response.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

INTERLEUKIN 5 (IL 5)

Single dilutions available: 4CH-15CH-30CH

**BIOLOGICAL FUNCTIONS**
- Differentiation, growth and maturation of eosinophils and basophils.

**INDICATIONS**
- For regulating the allergic response.
- Intestinal parasitoses.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

INTERLEUKIN 6 (IL 6)

Single dilutions available: 4CH-15CH-30CH

**BIOLOGICAL FUNCTIONS**
INDICATIONS
Post-operative complications in patients with autoimmune pathologies.
Stimulation of general immunity in neoplastic processes.

DOSAGE
15-20 drops twice a day (standard dosage).

INTERLEUKIN 7 (IL 7)
*Single dilutions available: 4CH-15CH-30CH*

BIOLOGICAL FUNCTIONS
Proliferation of thymocytes and T lymphocytes.

INDICATIONS
see Biological functions.

DOSAGE
15-20 drops twice a day (standard dosage).

INTERLEUKIN 8 (IL 8)
*Single dilutions available: 4CH-15CH-30CH*

BIOLOGICAL FUNCTIONS
Chemotaxis of phagocytes, T lymphocytes and platelets.

INDICATIONS
see Biological functions.

DOSAGE
15-20 drops twice a day (standard dosage).

INTERLEUKIN 9 (IL 9)
*Single dilutions available: 4CH-15CH-30CH*

BIOLOGICAL FUNCTIONS
Stimulation of the lymphocytic line.
Synergism with erythropoietin in the development of erythroid proliferation.

INDICATIONS
Determination of the specific immune response.

DOSAGE
15-20 drops twice a day (standard dosage).
INTERLEUKIN 10 (IL 10)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Immunosuppressant and cytokine network inhibiting activity. Regulation of the reactivity of the organism.

**INDICATIONS**
- For regulating the immunotolerance processes.
- For modulating the inflammatory response.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

INTERLEUKIN 11 (IL 11)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Regulation in the growth and differentiation of the hematopoietic lines.
- Control of the proliferation of other interleukins.

**INDICATIONS**
- Basic regulation in patients receiving immunotherapy.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

INTERLEUKIN 12 (IL 12)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Stimulation of the NK cells and T lymphocytes.

**INDICATIONS**
- For a regulating action on cell-mediated immune response.

**DOSAGE**
- 15-20 drops twice a day (standard dosage).

NGF (Nerve Growth Factor)

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
- Activation of the inflammation cells. Growth of the nervous system.
INDICATIONS
Degeneration of the nervous tissue.
Severe depression. Multiple sclerosis (within a specific therapeutical planning). Diseases of the CNS.

DOSAGE
15-20 drops twice a day (standard dosage).

**NT3 (Neurotrophin 3)**

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
Neurotrophin with effect on the neurons damaged during development or as a result of trauma.

**INDICATIONS**
see Biological functions.

**DOSAGE**
15-20 drops twice a day (standard dosage).

**NT4 (Neurotrophin 4)**

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
Neurotrophin with effect on the neurons damaged during development or as a result of trauma.

**INDICATIONS**
Activity on the peripheral sensory neurons.

**DOSAGE**
15-20 gocce 2 volte al giorno (posologia standard).

**PDGF (Platelet Derived Growth Factor)**

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
Mitogenic activity.

**INDICATIONS**
see Biological functions.

**DOSAGE**
15-20 drops twice a day (standard dosage).
**TGF β 1 (Transforming Growth Factor beta 1)**

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**
Suppression of the function of the T and B lymphocytes, NK cells and monocytes. It stimulates the chemotaxis of the phagocytes. Formation of the extracellular matrix. Controls development.

**INDICATIONS**
see Biological functions. Autoimmune diseases.

*(see: M. Schmolz - Transforming Growth Factor beta (TGF-b). An element for regulating anti-inflammatory treatments - La Medicina Biologica n°1/2001)*

**DOSAGE**
15-20 drops twice a day (standard dosage).

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**TNF (Tumor Necrosis Factor)**

*Single dilutions available: 4CH-15CH-30CH*

**BIOLOGICAL FUNCTIONS**

**INDICATIONS**
see Biological functions.

**DOSAGE**
15-20 drops twice a day (standard dosage).
TRANSFACTOR

The Transfactor range uses the Transfer Factor proteins as its active ingredient. These immunoproteins are obtained by means of sophisticated molecular biology techniques. Depending on the type of Transfer Factor, suitably selected cell lines are made to react with the specific antigens; then, by dialysis, the Transfer Factors are separated from the various immunological components produced during the antigen-antibody reaction.

This method of preparation is an innovative approach to preparing nosodes that meets the needs of standardization and control requested by GMP rules.

From the pharmacological standpoint, Transfer Factors proteins are responsible for the transfer of the cell-mediated reactivity to specific antigens.

Twenty years of research have unveiled their mechanism of action, which is two-fold:
- on the one hand, they amplify the receptor activity of the lymphocyte through the resynthesis of the receptors specific for the antigen;
- on the other, they amplify the inter-cell communication of the lymphocyte’s messages.

Their main clinical application is the treatment of recurrent (chronic and relapsing) infectious diseases and in the regulation of the immune system related to T lymphocyte response.

The Transfer Factors dosage per day is of 100 ng/day, which equates to the concentration D7 contained in a single capsule.

TRANSFACTOR 1 (Transfer Factor HSV type I and type II, D7)

**INDICATIONS**
- Recurrent infections of Herpes labialis and Herpes Gentalis; cheratoconjunctivitis of various etiology; herpes-like cutaneous infections.

**DOSAGE**
- **Acute infections:** 1 capsule a day for 5 consecutive days, generally for 4 weeks.
- **Chronic-relapsing infections:** 1 capsule a day for 5 consecutive days, in uninterrupted 3-4 month cycles.

**PACKAGE SIZE**
- Pack with 20 capsules of 230 mg each. For oral use.
TRANSFACTOR 2 (Transfer Factor Monilia Albicans D7)

INDICATIONS
Recurrent infections of candida; micosis of various localization; dermatitis.

DOSAGE
Acute infections: 1 capsule a day for 5 consecutive days, generally for 4 weeks. Chronic-relapsing infections: 1 capsule a day for 5 consecutive days, in uninterrupted 3-4 month cycles.

PACKAGE SIZE
Pack with 20 capsules of 230 mg each. For oral use.

TRANSFACTOR 11 (Transfer Factor Papilloma Virus D7)

INDICATIONS
Recurrent papilloma virus infections; condylomatosis; treatment after surgery for condylomas; verrucas.

DOSAGE
Acute infections: 1 capsule a day for 5 consecutive days, generally for 4 weeks. Chronic-relapsing infections: 1 capsule a day for 5 consecutive days, in uninterrupted 3-4 month cycles.

PACKAGE SIZE
Pack with 20 capsules of 230 mg each. For oral use.

TRANSFACTOR 22 (Transfer Factor AIS -Immunosuppressor- D7)

INDICATIONS
Stimulation of the type TH1 helper lymphocytes through suppression of the TH2; allergic syndromes of various origin (pollens, dust, insects, foods).

DOSAGE
Acute infections: 1 capsule a day for 5 consecutive days, generally for 4 weeks. Chronic-relapsing infections: 1 capsule a day for 5 consecutive days, in uninterrupted 3-4 month cycles.

PACKAGE SIZE
Blister pack of twenty 230 mg capsules.

For further information, please ask for the specific literature from the GUNA Scientific Department.
THE ANTI AGE RANGE

The **Anti-Age range** includes a number of complex homeopathic medications, formulated with classic homeopathic remedies, homotoxicological remedies, immunological and endocrinological intermediates, cell revitalizing factors.

The aim of the Anti-Age strategy is to maintain or restore a **“strict homeostasis”** (Laborit), namely good health, by taking action on:

1. the regulation of biological systems
2. the stressful consequences of daily life, both at work and in recreational activities
3. cosmetic problems

**STANDARD DOSAGE**

3 granules morning and evening, preferably between meals.

**PACKAGE SIZE**

Tube containing 4 g of granules. For oral use.

For further details on the features and usage of these products, the “Anti-Age Homeopathy” brochure is available in Italian.
ANTI AGE BRONZ

**COMPOSITION**
Melanin 4CH, Somatotropin 4CH, Phenylalanine 5CH, Tyrosine 5CH, Glutathione 5CH, Cysteine 5CH, Brunella D3, Daucus carota D3, Platanus orientalis D3, Secale cereale D1, Fagopyrum D4, Achillea Millefolium D3, Thuja D3, Monazite D8, Ulva lactuga D3

**INDICATIONS**
For stimulating the suntan and preventing dyschromias.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

ANTI AGE CAP

**COMPOSITION**
Hamamelis D3, Buxus 5CH, Cornus sanguinaria D3, Sorbus domestica D3, Ananassa sativa D3, Secale cereale D1, Rosmarinus D1, Oleum jecoris aselli D6, 12 Schüssler salts D7, Dopamine 5CH, Cutis 4CH, Vasa capillaris 4CH, Plexus carotideus suis 4CH, Hypophysis suis 4CH, Silicae 4CH, Thallium metallicum 4CH, Rhus tox 5CH, Luffa operculata D6, Nux Vomica 7CH

**INDICATIONS**
All kinds of damage to hair and scalp.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

ANTI AGE CELL

**COMPOSITION**

**INDICATIONS**
Support cell metabolism

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

ANTI AGE CIRC

**COMPOSITION**
Cerebrum totalis suis 4CH, Arteria suis 4CH, Zona limbica suis 7CH, Circumvolutione hyppocampus suis 4CH, Sorbus domestica D6, Ruscus aculeatus D6, Cornus sanguinaria D6, Chondrus crispus 4CH, Ubiquinone 4CH, Dopamine 4CH, Selenium metallicum 4CH
**INDICATIONS**
For activating the brain circulation.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

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**ANTI AGE CRIN**

**COMPOSITION**
Antimonium crudum 9CH, 12 Schüssler salts D6, Silicea D6, Thuja 9CH, Buxus D3, Anagallis arvensis 4CH, Cladosporium metanigrum D8, Collagen suis 4CH, Onyx suis 4CH, ADN 4CH, ARN 4CH, Glutathione 4CH, Propolis 4CH, Cysteine 4CH

**INDICATIONS**
For treatment of the nails and scalp.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

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**ANTI AGE CUT**

**COMPOSITION**

**INDICATIONS**
For activating the skin metabolisms.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

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**ANTI AGE DIET**

**COMPOSITION**

**INDICATIONS**
For psychometabolic support on slimming diets.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.
ANTI AGE DIM

COMPOSITION
Rosmarinus D1, Vitis vinifera D1, Lipase 4CH, Hyaluronidase 4CH, Vena suis 5CH, Adipose tissue 9CH, Placenta suis 4CH, ADN 4CH, ARN 4CH, Arginine 4CH, Ornithine 4CH, Lysin 7CH

INDICATION
Adjuvant in slimming diets.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE DOL

COMPOSITION
Vaccinium vitis D3, Ananassa sativa D3, Oleum jecoris aselli D3, Cortex suprarenalis 4CH, Vasa lymphatica suis 4CH/7CH, Thymuline 5CH, Cartilago suis 4CH, Os 4CH, Synovia suis 4CH, ADN 4CH, ARN 4CH, Arnica 5CH, Rhus tox 5CH, Bryonia 5CH, Placenta 5CH

INDICATIONS
For pain modulation in the supporting and locomotor apparatus.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE FAM

COMPOSITION
Ficus carica D3, Nux vomica 7CH, Moschus 9CH/15CH, Tilia D3, Aleurisma lugdunensis D10, Dopamine 4CH, Melatonin 4CH, Tryptophan 4CH, Hypothalamus suis 7CH/9CH/15CH

INDICATIONS
For neurovegetative appetite regulation.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE HERP

COMPOSITION
Buxus D3, Taraxacum D3, Herpes nosode 9CH/15CH/30CH, Mucosa oris suis 4CH, Penicillium caseicolum D8, Cladosporium metanigrum D8, Interferon gamma 5CH, IL 6 5CH, IL 1 5CH, Borax 5CH, Acidum muriaticum 5CH, Rhus tox 9CH, Belladonna 5CH
INDICATIONS
Labial herpes.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE IM

COMPOSITION
Ribes nigrum D6, Rosa canina D6, Interferon alpha 4CH, Ubiquinone 4CH, Vitamin A 4CH, Vitamin E 4CH, Zincum metallicum 4CH, Selenium metallicum 5CH, Arteria suis 4CH, Vasa lymphatica suis 4CH, Thymus suis 9CH

INDICATIONS
For activating the immune system.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE JET

COMPOSITION
Thalamus suis 7CH, Plexus solaris suis 7CH/9CH, Inner ear suis 4CH, Sterigmatocystis nigra D8, Aleurisma lugdunensis D8, Symphoricarpus 9CH, Gelsemium 9CH/15CH, Tabacum 5CH/9CH, Cocculus 4CH, Nux vomica 5CH/9CH/15CH, Apomorphinum 9CH, Melatonin 4CH

INDICATIONS
Jet lag syndrome.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE MET

COMPOSITION
ADN 4CH, ARN 4CH, Dopamine 4CH, Leucin 4CH, Isoleucin 4CH, Valine 4CH, Ubiquinone 4CH, Oxygen 4CH, Ozone 4CH, 12 Schüssler salts D6, Vaccinium vitis D1, Sequoia gigantea D1

INDICATIONS
For activation of enzymatic cells metabolism.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.
ANTI AGE MYC

COMPOSITION
Juglans regia D3, Rosmarinus D3, Ulva lactuga D3, Propolis D1, Cutis 4CH, GCSF 4CH, IL 4 4CH, Melatonin 4CH/7CH, Tryptophan 4CH, Candida albicans D8, Saccharomyces apiculata D8, Penicillium notatum D8, Streptomyces griseus D8, Ammi visnaga 4CH, Arsenicum album 9CH, Silicea 15CH

INDICATIONS
Beach and swimming pool mycoses.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE OX

COMPOSITION
Arteria suis 4CH, Cor suis 4CH, Cerebrum suis 4CH, Vitamin C 4CH, Vitamin E 4CH, Acidum succinicum 4CH, Ubiquinone 4CH, Oxygen 4CH, Dopamine 4CH

INDICATIONS
Antioxidant. Anti-free-radical. For activating cell respiration.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE PEL 1

COMPOSITION
Ulva Lactuga D3, Fucus crispus D3, Fucus vesiculosus D3, Laminaria 4CH, Selenium metallicum 4CH, Germanium metallicum 4CH, Cobaltum gluconicum D8, Cuprum gluconicum D8, Manganum gluconicum D8, Monazite D8, Cutis suis 4CH, Collagen suis 4CH, IL 1 5CH, ADN 4CH, ARN 4CH

INDICATIONS
Skin relaxation. Improves facial tone.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE PEL 2

COMPOSITION
Carduus marianus D3, Vitis vinifera D3, Hedera helix 4CH, Cutis suis 4CH, Capillary tissue suis 4CH, Collagen suis 4CH, Hamamelis 4CH, Arnica 4CH, Vipera redi 4CH, Apis 4CH, Berberis 4CH, Capsicum 5CH/7CH/9CH, Lachesis 5CH

INDICATIONS
Disorders of the venous and capillary circulation of the face.
STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE PEL 3

COMPOSITION
Hamamelis D3, Vaccinium vitis D3, Vitis vinifera D3, Ginseng D3, Collagen suis 4CH, Cutis suis 4CH, Melatonin 4CH, Berberis 4CH, Sepia 9CH, Carbo vegetabilis 9CH

INDICATIONS
Bags under the eyes.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE PEL 4

COMPOSITION
Rosmarinus D3, Secale cereale D3, Collagen suis 4CH, Cutis suis 4CH, IL 1 5CH, Leucin 4CH, Arnica 5CH, Belladonna 9CH, Hepar sulphuris 30CH, Eugenia jambosa 5CH, Nux vomic a 5CH

INDICATIONS
Dull complexion. Predisposition to acne.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE PEL 5

COMPOSITION
Eleutherococcus D3, Hamamelis D3, Ginseng D3, Collagen suis 4CH, Cutis suis 4CH, Valine 9CH, Isoleucin 4CH, Leucin 4CH, Proline 4CH, Germanium metallicum 4CH, IL 1 5CH

INDICATIONS
Facial signs of fatigue due to stress and unbalanced lifestyle.

STANDARD DOSAGE
3 granules morning and evening, preferably between meals.

ANTI AGE PEL 6

COMPOSITION
Melatonin 4CH, IL 4 5CH, GCSF 4CH, Collagen suis 4CH, Cutis suis 4CH, Oxygen 4CH, Ubiquinone 4CH, Vitamin C 4CH, Vitamin E 4CH, Dopamine 4CH, Ozone 4CH, ADN 4CH/7CH/9CH, ARN 4CH/7CH/9CH, Leucin 4CH, Ginseng 4CH, AMPc 4CH/7CH/9CH, Histamine 12CH, Plumbum 30CH, Mazout 30CH, Acidum succinicum 4CH
**Indications**
For protecting the facial skin from pollution.

**Standard Dosage**
3 granules morning and evening, preferably between meals.

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**Anti Age Reg**

**Composition**
Crataegus D1, Ballotta nigra D3, Escholtzia D3, Lavandula D1, Melilotus D1, Citrus aurantus D3, Cortex cerebralis suis 7CH, Circumvolutione hippocampus suis 4CH, Epiphysis suis 4CH, Melatonin 4CH/15CH, Serotonin 7CH/15CH, GABA 4CH, Adrenalin 30CH

**Indications**
For regulating sleep.

**Standard Dosage**
3 granules morning and evening, preferably between meals.

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**Anti Age Smog**

**Composition**

**Indications**
Organic damage due to pollution.

**Standard Dosage**
3 granules morning and evening, preferably between meals.

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**Anti Age Sol**

**Composition**
Cutis suis 4CH, Placenta suis 4CH, ADN 4CH, ARN 4CH Thymuline 9CH, Platanus orientalis D3, Ulva lactuga 4CH, Brunella D3, Belladonna 4CH, Arnica 4CH, Apis 4CH, Hamamelis D3

**Indications**
Aging of the skin. Dehydration due to excessive exposure to the sun or UVA and UVB lamps.

**Standard Dosage**
3 granules morning and evening, preferably between meals.
ANTI AGE STIM

**COMPOSITION**
Rosa canina D6, Ribes nigrum D6, Interferon alpha 4CH, Vitamin A 4CH, IL 2 5CH, GCSF 4CH/7CH, Selenium 5CH, Alanine 5CH, Zincum metallicum 4CH, Melatonin 4CH, Thymuline 6CH, Ubiquinone 9CH, Glutamine 5CH, Vitamin E 9CH, Acidum salicylicum 4CH/15CH, Vasa lymphatica 5CH, Arteria suis 5CH

**INDICATIONS**
For stimulating the immune system.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

ANTI AGE STRESS

**COMPOSITION**
Ballotta Nigra D3, Citrus aurantus D3, Cortex cerebralis suis 4CH/7CH, Thalamus suis 7CH, Ventriculus suis 7CH, Plexus solaris 7CH, Sporobolomyces griseus D8, Penicillium notatum D8, Melatonin 4CH/15CH, GCSF 4CH, Interferon gamma 5CH, Nux vomica 5CH/7CH/9CH/15CH, Argentum nitricum 9CH, Kalium carbonicum 9CH, Lithium carbonicum D8, Adrenalin 9CH/15CH, Acetylcysteine 4CH, Glutathione 4CH

**INDICATIONS**
For controlling the neurovegetative nervous system. For controlling stress.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

ANTI AGE VEN

**COMPOSITION**

**INDICATIONS**
Venous and lymphatic insufficiency conditions, particularly after sun exposure.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

ANTI AGE VIDEO

**COMPOSITION**
Chamomilla matricaria D3, Eleutherococcus D3, Musculus oculi suis 7CH, Retina suis 4CH, Lens suis 4CH/7CH, Melatonin 4CH/15CH, NGF 5CH,
Euphrasia 7CH, Onosmodium 9CH, Ruta 9CH, Natrium muriaticum 5CH, Nux vomica 15CH, Cuprum 4CH, Cladosporium metanigrum D8

**INDICATIONS**
Tired eyes due to excessive exposure to computer and television screens.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.

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**ANTI AGE VIT**

**COMPOSITION**

**INDICATIONS**
For stimulating the organism as a whole.

**STANDARD DOSAGE**
3 granules morning and evening, preferably between meals.
**EMF**

EMF is designed to correct the disorders related to a more or less prolonged exposure to natural or artificial electromagnetic fields, such as chronic asthenia, fatigue, headache, insomnia, allergic syndromes and disorders of the reproductive sphere. It is recommended for prophylaxis in subjects who live in particularly polluted environments. The mechanism of action behind this medicine can be traced back to the organ preparations and to the melatonin that modulate the reactivity of the endocrine glands, which are the most affected, while Silicea, Phosphorus, Cuprum, Magnesium, Zincum and Selenium contrast disturbing electromagnetic fields and geopathic stress in general.

**COMPOSITION**

Glandula suprarenalis 2CH, Corpus pinealis suis 2CH, Melatonin 4CH, Silicea 4CH, Phosphorus 4CH, Cuprum 4CH, Magnesium 2CH, Zincum 2CH, Selenium 2CH.

**INDICATIONS**

For prevention and support treatment in syndromes induced by electromagnetic and geopathic stress.

**DOSAGE**

15 drops on waking and before going to bed.

**PACKAGE SIZE**

30 ml bottle with drop counter. For oral use.

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**EUBIOFLOR 1**

This is a complex preparation designed for the treatment of intestinal dysbiosis of various origin. It is consequently indicated in all pathologies in which an altered intestinal bacterial flora constitutes an important etiological cofactor.

Due to its composition, Eubioflor 1 ensures an effective drainage of the intestines, while also supporting the other organs of the digestive tract, promoting an immunostimulating action and contrasting the processes of intestinal putrefaction by simultaneously preparing the terrain for the subsequent colonization of the colon by the eubiotic flora.

**COMPOSITION**

Hepar suis D12, Vesica fellea suis D6, Nux vomica D6, Carbo vegetabilis D6, Veratum D6, Aethusa cynapium D6. Contains alcohol (30%).

INDICATIONS
For the treatment of intestinal dysbiosis
For the prevention of dysbiosis during and after antibiotic therapy.

DOSAGE
10 drops three times a day for two months
Notes: eliminate any foods that the individual may be intolerant to, and always rule out milk and its derivatives, pork and its derivatives, white sugar. After a cycle of treatment with Eubioflor 1, treatment can continue with Eubioflor 2, proceeding with a recolonization of the intestinal environment with suitable enzymes.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

EUBIOFLOR 2

Eubioflor 2 is for maintenance therapy in cases of dysbiosis. The action of the medicine focuses mainly on the reactivation of digestive function, thanks to the presence of organ preparations in low dilutions and homeopathic remedies with a specific trophic effect on the organs of the digestive tract.

Given these premises for its therapeutic action, Eubioflor 2 promotes the recovery of an intestinal environment suitable for recolonization by the symbiont eubiotic flora.

COMPOSITION
Uncaria tormentosa D4, Vaccinium myrtillus D4, Colon suis D6, Hepar suis D6, Vesica fellea suis D6, Pancreas suis D6, Lycopodium D6, Chelidonium D6, Leptandra D6, Momordica D6, Quassia D6, Podophyllum D6, Veratum D6/D12/D30, Nux vomica D6/D12/D30. Contains alcohol (30%).

INDICATIONS
For continuing the treatment of intestinal dysbiosis after treatment with Eubioflor 1.

DOSAGE
10 drops three times a day for at least two months. Proceed with 10 drops a day for another two months.
Notes: during treatment with Eubioflor 2, it is advisable to associate a therapy for recolonizing the intestinal environment.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.
EXTRABIOS 1 and EXTRABIOS 2

Numerous patients suffering from Parkinson's disease have benefited from an associated treatment with Extrabios 1 and Extrabios 2. These products are used in combination; the rationale for this treatment stems from the principles of homotoxicological treatment, i.e. cell disintoxication and reactivation of the enzyme mechanisms.

COMPOSITION


INDICATIONS
For auxiliary treatment in Parkinson's disease.

DOSE

10 drops 3 times a day, or 15 drops twice a day.
The two products must be used on alternate days (e.g. Monday Extrabios 1, Tuesday Extrabios 2, Wednesday Extrabios 1, and so on) for lengthy periods of time.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

HOMEOTOX®

Few phenomena can represent the paradigm of the homeopathic-homotoxicological theorem like the cough. According to Hahnemann and Reckeweg, diseases represent, through their symptomatological extrinsication, the expression of a war waged by the organism against exogenous and endogenous toxins, with a view to neutralizing and expelling them.

So cough must also be interpreted as an appropriate defense mechanism; coughing is a phenomenon that must not be suppressed or masked, but that must always be investigated and never underestimated.

In fact, almost all lung pathologies are accompanied by cough symptoms (asthma, tumors, infections, TBC, etc.) and from an in-depth examination of this symptom it often becomes possible to reach a correct differential diagnosis.

Homeotox® syrup is the baseline medicine for the non-sedative treatment of cough (it therefore does not rule out the contemporary use of other homotoxicological medication specific for the morbidity concerned). Thanks to the tissue trophism of its components, obtained by means of the low dilutions, Homeotox® exerts a decongestant, antispastic, anti-inflammatory and
antiseptic effect on the lower, middle and upper airways and also stimulates the fluidification and expectoration of the catarrhal secretions. According to the Materia Medica indications for the single components, the medicine is active both on dry coughs (Drosera, Sticta, Thymus vulgaris) and on productive coughs (Tartarus stibiatus, Coccus cacti); it has a markedly sedative and emollient effect (Cetraria islandica, Plantago major, Althaea officinalis); it is homeopharmacologically active on the spasmodic component (Drosera, Cuprum aceticum, Thymus vulgaris); and it facilitates the fluidification of the catarrhal secretions (Thymus vulgaris, Althaea officinalis).

**COMPOSITION**
Drosera D1 1.0 g, Sticta pulmonaria D4 0.2 g, Echinacea angustifolia D1 1.0 g, Thymus vulgaris D1 2.0 g, Bryonia D6 0.2 g, Cuprum aceticum D8 0.2 g, Althaea officinalis D1 1.0 g, Plantago major D1 1.0 g, Cetraria islandica D4 0.2 g, Tartarus stibiatus D8 0.2 g, Coccus cacti D6 0.2 g, Excipients: saccharose syrup 57.98 g; Sodium methylparabenzoate 0.1 g; Sodium propylparabenzoate 0.02 g, Citric acid to make up to pH 4-6, Aqua to make up to 100 g.

**INDICATIONS**
Treatment (non-sedative) of cough and fluidification of the bronchial secretions. Adjuvant in the treatment of acute and chronic (catarrhal) tracheobronchitis, common cold and influenza.

**DOSAGE**
Standard dosage:
Adults: two 5 cc teaspoons 3 to 6 times a day.
Children: one 5 cc teaspoon 2 to 4 times a day.

**PACKAGE SIZE**
125 cc bottle with dosing spoon (for oral use).
IPER G

IPER-G has an elective vasculotrophic action, formulated according to the principles of Homotoxicology and Constitutional Homeopathic Medicine. Components contains remedies both in decimal dilutions and in centesimal dilutions.

The former have a pharmacological action oriented in the organ-trophic sense, the latter are for modulating vascular neuroendocrine function.

IPER G combines the homeopathic remedies of two constitutions:
- Carbonic
- Fluoric

Both constitutions present “vascular sclerosis” as their ultimate pathological event.

For the carbonic types, this sclerosis is due to the dysmetabolic condition of the individual and consequently of his arterial wall.

For the fluoric subject, the vascular sclerotic process is related to the homotoxin damage expressed in the mesenchymal tissue (elastic fibers) of the arterial wall, through degeneration of the elastic fibers in the collagen tissue.

**COMPOSITION**

**INDICATIONS**
Essential arterial hypertension; peripheral arterial vasculopathies; claudicatio intermittens; diabetic vasculopathy; cerebral vasculopathies; diabetic retinopathy; hypertensive retinopathy.

**DOSAGE**
- Arterial hypertension in the early stages: 10 drops, 2-3 times a day, between meals.
- Full-blown arterial hypertension: 15-20 drops a day, between meals.

**PACKAGE SIZE**
- 30 ml bottle, with drop counter. For oral use.

MENYANTHES COMPOSITUM

Useful in case of headache and migraine. Its formulation takes into account the various etiological possibilities of the two conditions.

The psychogenic aspects and individual PNEI, which represent the terrain on which the two pathologies develop and find expression, have not been overlooked.

The presence of Arnica, Belladonna, Gelsemium, Sabadilla and Sanguinaria makes the product particularly suitable for headache stemming from vascular congestion and anxiety.
**Internal medicine**

**PHARMACOLOGICAL INDEX**

**COMPOSITION**

**INDICATIONS**
Headache and migraine.

**DOSAGE**
10-20 drops a day, between meals.

**PACKAGE SIZE**
30 ml bottle with drop counter. For oral use.

**M47**

The components lend this medicine a triple action:

- pain-killing (Solanum Malacoxylon)
- anti-rheumatic (Ferrum metallicum)
- reducing osteo-articular calcifications (Solanum Malacoxylon and Hekla Lava)

**COMPOSITION**
Solanum malacoxylon 4CH/12CH, Ferrum metallicum 4CH, Hekla lava 12CH/30CH.

**INDICATIONS**
Calcification-induced periarthritis (especially as an adjuvant to biomesotharapy).

**DOSAGE**
10-15 drops twice a day, for at least 30 days.

**PACKAGE SIZE**
30 ml bottle with drop counter. For oral use.

**MICOX**

Original combination of remedies that exert their synergic and complementary effects on the mycetes commonly responsible for the most frequent mucocutaneous mycoses.

The presence of nosode preparations from fungi, associated with homeopathic remedies for the drainage of the lymph pathways and connective tissue, explains the rationale behind Micox, which is to reinforce the immune defenses against the specific antigens (Mucor mucedo, Candida albicans, Aspergillus), to eliminate the mesenchymal and lympho-hematic overload.
caused by the fungi (Hydrocotyle asiatica, Sulphur met., Mercurius sublimatus corrosivus) and to contrast the excessively acid environment that is known to favor the growth of mycotic colonies (Natrium oxalaceticum, Acidum DL-malicum).

COMPOSITION

INDICATIONS
Treatment of mucocutaneous mycoses.
Adjuvant in the treatment of disorders secondary to mycotic infestations.

DOSAGE
20 drops three times a day for the first month. Continue with 10 drops three times a day for another 30 days. Maintenance therapy: 10 drops a day.

NOTES
it may be advisable to associate Eubioflor 1.
During the treatment, eliminate yeast, refined sugars, pork and other potential causes of food intolerance.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

OSTEOBIOS

The therapeutic indication for Osteobios (as an adjuvant in the treatment of osteoporosis) is justified by the synergic action of its components: the presence of the 3 calcareous is indispensable, the presence of the organ preparations is interesting, while the presence of calcitonin and MAP (Master Aminoacid Pattern, the human ideal association of essential amino acids) is innovative.

Every aspect of bone metabolism is thus considered: the constitutional, the hormonal and the protein metabolic.

COMPOSITION

INDICATIONS
Adjuvant in therapy for osteoporosis.

DOSAGE
10-20 drops 3 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.
PILOSELLA COMPOSITUM

Pilosella Compositum meets the need to provide a biological diuretic. Its original composition combines **allopathic formulas in low homeopathic dilutions** (a “thiazidic” product that is effective in the elimination of Na-Cl-K, and two “K savers” with an anti-aldosterone effect), the **organ preparation Hypophysis suis**, that - at a dilution D12 - imodulates pituitary function and the metabolism of ADH, and several **low decimal dilutions of remedies** whose diuretic effects are well known.

**COMPOSITION**
- Hydrochlorothiazide D4, Amyloride D4, Spironolactone D4, Apis D2, Hypophysis suis D12, Berberis TM, Solidago TM, Pilosella TM.

**INDICATIONS**
Diuretic indicated in fluid retention and adjuvant in slimming treatments.

**DOSAGE**
- As diuretic in biological treatments:
  - 15-20 drops 3 times a day (as directed by the physician)
- As diuretic, according to the SON Program (please refer to SON FORMULA):
  - 1st week: 20-25 drops in the morning right from the first day of the program
  - from the 2nd week onwards: 20-25 drops twice a day (morning and evening)
  - premenstrual period: 25 drops 3 times a day
  - maintenance: 25 drops in the morning

**NOTE**
A low-salt diet is recommended.

**PACKAGE SIZE**
30 ml bottle with drop counter. For oral use.
PROBIOS

Experience with out-patients has demonstrated that Probios is useful as an accompanying treatment in cases of prostatic hypertrophy. The heart of the remedy is represented by the balanced association of organ preparations (the dilution D200 of Prostata suis is fundamental). The possible infectious etiology of the pathology is managed by the Hepar sulphuris in the various dilutions. Glandula Suprarenalis and Damiana contribute towards countering for any related disorders in the sexual sphere.

COMPOSITION

INDICATIONS
Prostatic hypertrophy.

DOSAGE
10 drops 3 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

SEPIA COMPOSITUM

More than any other preparation, Sepia Compositum expresses the PNEI “philosophy”. The central nucleus is composed of two organ preparations, Corpus Pinealis suis and Glandula Thymi suis.

Corpus Pinealis suis takes effect through its hormone (melatonin), by means of which it normalizes not only the circadian rhythms, but also neuroendocrine homeostasis, as well as controlling behavior.

It is worth noting that the preparation also contains the two precursors of melatonin: tryptophan and serotonin; the latter is known to have a role in controlling mood.

Thymus Suis modulates hypothalamus activity; it regulates the gonads and is regulated by them in return.

Acidum Phosphoricum and Sepia are two homeopathic polycysts whose Materia Medica makes them suitable for use in depressive conditions. Alfalfa and Avena sativa are used in homeopathy as “antiasthenic” and “neurotonic” agents.

The nosode Salmonella Thyphi is used for its symptomatological similarity: typhic disease determines the so-called “typhous state”, a condition characterized by depression, confusion and delirium.
**COMPOSITION**


**INDICATIONS**

Anxious depression. Cyclic mood disorders. Psychogenic eating disorders (particularly bulimia with a craving for carbohydrates).

**DOSAGE**

10-20 drops three times a day.

**PACKAGE SIZE**

30 ml bottle with drop counter. For oral use.

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**S44**

This medicine, with its anti-inflammatory and antipyretic action, stems from the need in biological medicine to deal with acute inflammatory episodes with and without associated hyperpyrexia. This need is particularly felt in pediatric treatments. The medicine S44 is formulated with remedies from classic homeopathy and with potentized allopathic drugs at low dilutions. There are two potentized allopathic drugs involved, both in dilutions D4:

- Nimesulide
- Erythromycin

**Nimesulide** has an anti-inflammatory, antipyretic and antalgic effect. **Erythromycin** is an antibiotic belonging to the macrolide group, effective against Gram + and Gram - cocci and bacilli. It is one of the least toxic and most manageable antibiotics, even in pregnancy. Recent studies have been designed to demonstrate that erythromycin can play a positive effect on the interleukin network.

Alongside these two constituents, S 44 also contains several remedies from classic homeopathy, as mentioned before, with the following indications:

- **Belladonna**: in scalar dilution, particularly indicated in feverish pathologies with tissue congestion and hyperemia.
- **Arnica**: with a decongestant vasculotrophic and a general anti-stress effect.
- **Calcarea sulphurica**: a remedy whose characteristics encompass both Calcarea carbonica and Sulphur, i.e. anti-inflammatory, anti-suppurative, tissue and liver draining effects.
- **Lachesis**: an antibiotic-like antibacterial, decongestant, vasculotrophic activity. In homeopathy poisons and mineral acids are used to obtain antibacterial and antiviral therapeutic effects.
- **Echinacea angustifolia**: a remedy that stimulates and modulates immune response.
- **Streptococcinum**: the nosode of Streptococcus viridans, with an antistreptococcal and antibacterial effect.
COMPOSITION
Nimesulide D4, Erythromycin D4, Belladonna D6-12-30, Arnica D10, Calcarea sulphurica D6, Lachesis D12, Echinacea angustifolia D6, Streptococcinum 30CH, Eupatorium D8, Vincetoxicum D12, Aconitum D6, Hepar sulphuris D12, Bryonia D12, Mercurius solubilis D12.

INDICATIONS
Bacterial or viral fever symptoms; acute and chronic inflammatory processes affecting the skin, mucous and serous membranes; abscesses, boils, pyodermatitis, hyperpyrexia, toothache, both in children and in adults.

DOSEAGE
_in children:_ from 5 to 10 drops every 3 hours.
_in adults:_ from 10 to 20 drops every 2-3 hours.
In hyperpyrexia, the dosage can be doubled and the frequency halved.

PACKAGE SIZE
30 ml bottle, with drop counter. For oral use.

**START**

_Start_ increases the energy reserves and is therefore suitable for use in 90% of individuals. By increasing the individual’s vital “ancestral energy”, _Start_ has no specific action, but has proved useful alone in overcoming the majority of functional disorders. Moreover, it always amplifies the therapeutic effect of other homeopathic remedies.

COMPOSITION
Heavy water 5CH, Quercus pedunculata gemmae 5CH, Cina 5CH, Poterium sanguisorba 5CH, Lithium lacticum 5CH, Ac. boricum 5CH, Rosa canina 5CH.

INDICATIONS
All functional diseases which incur a decline in vital energy. Physical and psychological exhaustion. Over-exertion. Chronic-degenerative pathologies (it is not recommended in neoplastic disease). As an optimizer of homeopathic and acupuncture treatments. As a “protector” for the physician. Stress-induced hypertension. The administration in prepuberal subject has to be avoided.

CONTRAINDICATIONS
Hyperadrenalism, Cushing’s syndrome, hypertension of adrenal etiology.

DOSEAGE
10 drops once-twice a day (morning and early afternoon).
If taken in association with other homeopathic remedies or in intervals between acupuncture sessions, the morning dose may suffice.
The afternoon administration is recommended within 6 p.m. }
EMBRYO THERAPY

The Embryo therapy consists of the administration of specific embryo preparations from Zebra fish.

Embryo homogenates from oviparous fish (Zebra fish genus, Brachidanio Rerio) are collected at three specific points in their development and poten-tized in dilution D4. The components regulate cell differentiation, expressed during the period of embryonal development, and can RETRAIN dedifferentiated tumor cells and restore them to a correct state of differentiation. The aim of the EMBRYO method is to induce the activation of precise gene sites with an anti-oncogenic action.

The use of Embryo in oncology is based on the observation that, during embryogenesis, exposure of the embryo to cancerogenous substances leads to malformations, but never to cancer, which only occurs at a later stage of gestation, when the embryo has become a fetus. It is worth noting that the undifferentiated embryonic cell does not deviate physiologically from its evolutionary course: in fact, it remains under the strict control of a Biological Order. This control is exerted by regulator substances coded by particular genes, called ONCOREPRESSORS, expressed mainly during this embryonal period, which coincides with the simultaneous maximum repression of the so-called PROTO-ONCOGENIC genes. The tumor cell, vice versa, is a cell form that regresses from a differentiated into a primitive dedifferentiated form. In this phase, the oncogens are fully expressed and the oncorepressors are inhibited to the utmost.

**DOSAGE**

Embryo Rerio: 30 drops of stage I + 15 drops of stage II + 15 drops of stage III morning, afternoon and evening.

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**APISPLEX**

*Apisplex* treats allergic **conjunctivitis** and **rhinoconjunctivitis**.
Alongside remedies such as *Euphrasia* and *Apis*, with a distinctly anti-inflammatory and anti-edematous effect on the eye, it also contains *Histamine* that, in homeopathic dilutions, has an antihistamine effect, as well as *Hepar suis, Vesica urinaria suis, Taraxacum, Berberis, Pareira* that, by developing an organ-specific trophism for the liver and bladder, activate the excretory function of these organs, which are known to be related to the eye and conjunctiva according to the rules of bio-energetics.

**COMPOSITION**

**INDICATIONS**
Symptomatic and fundamental treatment of allergic conjunctivitis and rhinoconjunctivitis.

**DOSAGE**
*Acute phase*: 3 granules every hour until symptoms improve; then continue with 3 granules 3 times a day.
*Prevention* (in seasonal forms): starting from a month before the expected onset of the seasonal allergic symptoms, 3 granules 3 times a day.
*In the event of bacterial superinfection*, associate with *Bellaplex* at the same dosage.

**PACKAGE SIZE**
Tube containing 4 g of granules.

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**ARNIPLEX**

*Arniplex* is specific for the treatment of **keratitis**.
Its therapeutic action is oriented towards the synergic action of its components: *Argentum nitricum* and *Arnica* are known to have an anti-inflammatory action; *Mercurius solubilis* and *Vincetoxicum* work on the potential infectious etiology of the pathology; *Hepar suis, Vesica fellea suis, Chelidonium* and *Taraxacum*, with an anti-inflammatory and antispastic action on the liver and bile ducts, take effect by promoting excretory drainage from the organs correlated with the cornea according to the laws of bio-energetics.

**COMPOSITION**
*Argentum nitricum D6, Mercurius solubilis D12, Arnica D6, Calcium carbonicum D12/D30, Vincetoxicum D6, Hepar suis D6/D12/D30, Vesica fellea suis D6, Chelidonium D6, Taraxacum D4*
**INDICATIONS**
Keratitis, especially of infectious etiology.

**DOSEAGE**
*In the acute phase:* 3 granules every hour until symptoms begin to improve, then continue with 3 granules three times a day. *On complete remission of symptoms,* continue the treatment with 3 granules a day for at least three weeks.
*For chronic forms in periods of remission:* 3 granules three times a day for six months.
*This medication must be used strictly under the supervision of a specialist.*

**PACKAGE SIZE**
Tube containing 4 g of granules.

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**BELLAPLEX**

This is a complex preparation for the treatment of bacterial conjunctivitis. In the composition of the product, it is easy to identify two fundamental core remedies: one (*Belladonna, Argentum nitricum, Mercurius solubilis hahnemannii, Echinacea* and, to some degree, *Pulsatilla*) with an anti-inflammatory and antiseptic action; the other (*Vesica urinaria suis, Bacterium coli, Pareira, Cantharis*) that takes effect selectively on the urinary tract, activating the excretory function and thus facilitating the preferential drainage route for the eye and conjunctiva according to the laws of bio-energetics.

**COMPOSITION**
Belladonna D6, Argentum nitricum D6, Mercurius solubilis D12, Pulsatilla D12, Echinacea D4, Vesica urinaria suis D6, Bacterium coli D6, Pareira D6, Cantharis D6

**INDICATIONS**
Bacterial conjunctivitis with corpusculate secretion. Prevention of conjunctivitis in subjects who wear contact lenses.

**DOSEAGE**
*In the acute phase:* 3 granules every hour until symptoms improve. Once decongestion has been achieved and secretions have stopped, continue for 7 days at a dosage of 3 granules three times a day.
*Prevention of bacterial conjunctivitis in subjects who wear contact lenses:* 3 granules three times a day.

**PACKAGE SIZE**
Tube containing 4 g of granules.
THE ALLERGY PLEX RANGE

What are Allergy Plex?
Allergy Plex are homeopathic complexes which combine allergens of various kinds (foods, plants, animals, minerals, synthetics and of voluptuary origin) balanced with homeopathic remedies according to the Roy Martina method.
Components may be constitutional remedies, potentized catalysts (for restoring enzyme activities), organ supporting remedies’ remedies that take care of the casual links, symptomatic and phytotherapeutic homeopathic remedies for support treatment.

How do they work?
Allergy Plex activity is focused on:
• desensitization
• desintoxication
• drainage

Each Allergy Plex exerts a disintoxicating and draining effect; the organ dilutions support the target organ and stimulate the immune system; the isopathic components act as neutralizers and specific antidotes, induce desensitization mechanisms; finally, the symptomatic c remedies modulate the tiresome allergic symptoms right from the start, and the constitutional ones work on the patient’s terrain.

When are they used?
In allergy or intolerance (especially to foods).

STANDARD DOSAGE
10-30 drops 3 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.
### Roy Martina method

<table>
<thead>
<tr>
<th>Allergy Plex No.</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Milk – Dairy products</td>
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<tr>
<td>2</td>
<td>Meat</td>
</tr>
<tr>
<td>3</td>
<td>Pork</td>
</tr>
<tr>
<td>4</td>
<td>Chicken / Eggs</td>
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<tr>
<td>5</td>
<td>Fish</td>
</tr>
<tr>
<td>6</td>
<td>Seafood</td>
</tr>
<tr>
<td>7</td>
<td>Cereals I</td>
</tr>
<tr>
<td>8</td>
<td>Cereals II</td>
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<tr>
<td>9</td>
<td>Walnuts</td>
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<tr>
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<td>21</td>
<td>Alcohol</td>
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<td>Sugars and sweeteners</td>
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<td>Flavorings</td>
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<td>24</td>
<td>Salt and spices</td>
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<td>25</td>
<td>Food additives I (preserving agents)</td>
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<tr>
<td>26</td>
<td>Food additives II (emulsifying agents)</td>
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<td>27</td>
<td>Food additives III (coloring agents)</td>
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<tr>
<td>28</td>
<td>Food additives IV (chemical substances)</td>
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<td>29</td>
<td>Pollens and dust</td>
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<td>31</td>
<td>Fur</td>
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<tr>
<td>32</td>
<td>Exhaust fumes</td>
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<tr>
<td>33</td>
<td>Fumes from ink and printed matter</td>
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<tr>
<td>34</td>
<td>Smoke</td>
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<tr>
<td>35</td>
<td>Coffee - Tea - Cocoa</td>
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<tr>
<td>36</td>
<td>Desensitization I: Gemmo-phytotherapeutic drainage</td>
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<td>37</td>
<td>Desensitization II: Rash</td>
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<td>38</td>
<td>Desensitization III: Insects</td>
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<td>39</td>
<td>Desensitization IV: Endocrine support</td>
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<tr>
<td>40</td>
<td>Desensitization in depth</td>
</tr>
</tbody>
</table>

Composition and details of each Allergy Plex are listed in the “Allergy Plex Vademecum” in Italian.
THE DENTOTOX RANGE

What are Dentotox?
While respecting the human bio-system, it is extremely important to pay the utmost attention to all the xeno-molecular materials that we carry permanently within our biological systems.
The xeno-molecular materials (transplanted organs, artificial cardiac valves, hip prostheses, etc.), are the most common ones used in dentistry.
As in recent years, countless studies have been published on the amalgam used in fillings and on its immunosuppressant effects.
The Dentotox range is intended mainly for the treatment of intoxication due to dental materials and the main dental pathologies.

How do they work?
Dentotox are complexes whose composition includes: homeopathic remedies, gemmo-phytotherapeutic remedies, organ preparations, nosodes, potentized allopathic medications, and isopathic dilutions of dental materials.
The homeopathic remedies take effect on the symptoms and on the terrain, developing a triple action of drainage, disintoxication and reinforcement of the immune system.
The nosodes (Luesinum) act on the luesinic diathesis usually prevalent in patients with dental pathologies.
The potentized allopathic preparations neutralize the harmful effects of iatrogenic allopathic treatments.
The isopathic dilutions of dental material achieve a chelating, disintoxicating and draining effect on the toxic dental materials.

When are they used?
For the biological management of dental patients; particularly for disintoxication from amalgam and other dental materials.

STANDARD DOSAGE
10-30 drops 3 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

Dentotox No. 1 Amalgam I
Dentotox No. 2 Amalgam II
Dentotox No. 3 Pre-amalgam
Dentotox No. 4 Dental drainage
Dentotox No. 5 Composites
Dentotox No. 6 Porcelain
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<tr>
<th>Dentotox No.</th>
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<td>Infections</td>
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<td>Gingiva</td>
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<td>Fluorine</td>
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<td>Nervocalm</td>
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<td>Root canal</td>
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<td>Radiation</td>
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<td>15</td>
<td>Pre-Operative</td>
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<td>16</td>
<td>Post-Operative</td>
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</tbody>
</table>

Composition and details of each Dentotox are listed in the “Dentotox Vademecum” in Italian.
THE DETOX-ENDOTOX RANGE

What are Detox-Endotox?

Detox-Endotox are homeopathic complexes that provide valid disintoxication and effective drainage. The components include classic homeopathic remedies, nosodes, organ preparations, intermediate catalysts, gemmo-phytotherapeutic and isotherapeutic elements.

How do they work?

The Detox are specifically for the disintoxication and drainage of exogenous toxins, while the Endotox are specific for the disintoxication and drainage of organic catabolites and the products that accumulate in the course of dysmetabolic disorders (generically definable as endogenous toxins).

When are they used?

Detox-Endotox can be used for specific disintoxication treatments, or as a support therapy during long-term treatments.

STANDARD DOSAGE

10-30 drops 3 times a day.

PACKAGE SIZE

30 ml bottle with drop counter. For oral use.

Detox No. 1 (Allergy)  Endotox No. 1 (Circulation)
Detox No. 2 (Bacteria)  Endotox No. 2 (Colon)
Detox No. 3 (Connective tissue)  Endotox No. 3 (Protein metabolism)
Detox No. 4 (Cell load)  Endotox No. 4 (Extracellular fluids)
Detox No. 5 (Dysbiosis)  Endotox No. 5 (Joints)
Detox No. 6 (Energy load)  Endotox No. 6 (Brain)
Detox No. 7 (Hormone feedback)  Endotox No. 7 (Hypermetabolic)
Detox No. 8 (Immune capacity)  Endotox No. 8 (Hypometabolic)
Detox No. 9 (Liver)  Endotox No. 9 (Immune system)
Detox No. 10 (Lymph)  Endotox No. 10 (Carbohydrates)
Detox No. 11 (Metals)  Endotox No. 11 ( Ligaments)
Detox No. 12 (Environment)  Endotox No. 12 (Muscle tissue)
Detox No. 13 (Kidneys)  Endotox No. 13 (Sugar)
Detox No. 14 (Maintenance)  Endotox No. 14 (Thymus)
Detox No. 15 (Petrochemicals)  Endotox No. 15 (Fats)
Detox No. 16 (Regeneration)  Endotox No. 16 (Salt)
Detox No. 17 (Stress)  Endotox No. 17 (Acid - Alkaline)

Composition and details of each Detox-Endotox, are listed in the "Detox-Endotox Vademecum" in Italian.
THE ENDOCRINOTOX RANGE

What are Endocrinotox?
Endocrinotox are 26 preparations with the aim of regulating the neuroendocrine system.
Components are absolutely synergic in their action and include homeopathic and gemmo-phytotherapeutic remedies, organ preparations and potentized hormones, as well.

How do they work?
The remedies support metabolism and regenerate the organs through an endocrine function. The outcome is that patients succeed in reacting better when they are submitted to strong emotional stimuli or, more in general, to stress-inducing factors. Endocrinotox enables to treat endocrinological pathologies and readjusts the constitutional balance.

When are they used?
• To restore regularity to disturbed endocrine functions.
• To take action on constitutional aspects relating to neuroendocrine imbalance.
• As support in the course of slimming diets.

STANDARD DOSAGE
10-30 drops 3 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

Endocrinotox No.  1  PMS (premenstrual syndrome)
Endocrinotox No.  2  General regeneration, male
Endocrinotox No.  3  General regeneration, female
Endocrinotox No.  4  Left ovary disorders
Endocrinotox No.  5  Right ovary disorders
Endocrinotox No.  6  Hypophyseal regulation
Endocrinotox No.  7  Male gonad endocrine type
Endocrinotox No.  8  Female gonad endocrine type
Endocrinotox No.  9  Adrenal stimulation
Endocrinotox No. 10  Hypothyroid metabolism
Endocrinotox No. 11  Hyperthyroid metabolism
Endocrinotox No. 12  Short menstrual cycle
Endocrinotox No. 13  Abundant menstrual cycle
Endocrinotox No. 14  Irregular menstrual cycle
Endocrinotox No. 15  Short or absent menstrual cycle
Endocrinotox No. 16  Initial signs of menopause
Endocrinotox No. 17  Menopausal disorders
Endocrinotox No. 18  Menstrual pain
Endocrinotox No. 19  Uterus disorders
Endocrinotox No. 20 Breast disorders
Endocrinotox No. 21 Prostate disorders
Endocrinotox No. 22 Post-delivery problems
Endocrinotox No. 23 Enzyme regeneration
Endocrinotox No. 24 Neuro-immune regulation, children
Endocrinotox No. 25 Neuro-immune stimulation after stress
Endocrinotox No. 26 Regulation of parathyroid function

Composition and details of each Endocrinotox are listed in the “Endocrinotox Vademecum” in Italian.
THE FLOWER PLEX RANGE

What are Flower Plex?
The Flower Plex range combines floral essences, originating from the USA and Europe, with homeopathic remedies of mineral, plant and animal origin. These floral essences are effective on psycho-energetic disorders and on negative energy models; the homeopathic remedies work on any somato-energetic imbalance and on the toxic interference.

How do they work?
Flower Plex preparations take effect in the following ways:
• they release blocked and repressed energy
• they remove or neutralize negative bio-energetic models
• they increase, reinforce and balance human bio-energy

When are they used?
In all disorders of the psychological sphere and in all emotional disorders. In psychosomatic diseases and in all conditions that generate anxiety or induce an energy block or interfere with the organic and psychological homeostatic systems.

DOSAGE
Standard dosage: 10 drops 3-4 times a day
Frequent dosage: 10 drops 6-8 times a day
Dosage in children: 10 drops 2-3 times a day

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

Flower Plex No. 1 Spiritual clarity
Flower Plex No. 2 Energy flow
Flower Plex No. 3 Oblivion of accident
Flower Plex No. 4 Heart Chakra
Flower Plex No. 5 Bio-energy protection
Flower Plex No. 6 Inner chi
Flower Plex No. 7 Inner voice
Flower Plex No. 8 Female spirituality
Flower Plex No. 9 Male spirituality
Flower Plex No. 10 Ethereal body
Flower Plex No. 11 Sexuality
Flower Plex No. 12 Kundalini chi
Flower Plex No. 13 Meditation
Flower Plex No. 14 Cosmos
Flower Plex No. 15 Groundedness
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Flower Plex No. 17 New hope
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Flower Plex No. 19 Acceptance
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<thead>
<tr>
<th>Flower Plex No.</th>
<th>Description</th>
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<td>Closeness</td>
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<tr>
<td>21</td>
<td>Harmony</td>
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<tr>
<td>22</td>
<td>Softness</td>
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<tr>
<td>23</td>
<td>Sharing</td>
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<td>24</td>
<td>Joy</td>
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<td>25</td>
<td>Inner balance</td>
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<tr>
<td>26</td>
<td>Warmth</td>
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<tr>
<td>27</td>
<td>Relaxing thoughts</td>
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<td>28</td>
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Composition and details of each Flower Plex are listed in the “Flower Plex Vademecum” in Italian.
THE METATOX RANGE

The Metatox range comprises four combinations of homeopathic and gemmo-phytotherapeutic remedies as adjuvant treatment during withdrawal from smoking, alcohol, etc., and in slimming diets.

METATOX 1 (Deep Metatox)

COMPOSITION
Plantago major D1, Chamomilla D1, Schrophularia D1, Juniperus comm. gemmae D1, Chelidonium majus D1, Tabacum D6/9/12/30, Nicotinum D6/12/30, Coffea D6/12/30, Saccharum D6/9/12/30, Papaver 12CH, Caladium seg. D4, Nux vomica D6/9/12, Natrium muriaticum D9. Contains alcohol (30%).

INDICATIONS
To overcome nicotine, alcohol, coffee, sugars and narcotic dependence.

 DOSAGE
30 drops at least 4 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

METATOX 2 (Neurocalm Metatox)

COMPOSITION
Stevia D1, Passiflora incarnata D1, Hypericum D1, Escholtzia D1, Avena sativa D1, Eleutherococcus D1, Humulus lupulus D1, Valeriana D1, Ribes nigrum gemmae D1, Pulsatilla D6/9/12, Kalium phosphoricum D8, Ginseng D2, Chamomilla D3. Contains alcohol (30%).

INDICATIONS
As sedative for the nervous system when the body is submitted to stress of all kinds, and for nicotine withdrawal symptoms.

 DOSAGE
30 drops at least 4 times a day.

PACKAGE SIZE
30 ml bottle with drop counter. For oral use.

METATOX 3 (Metabolism Metatox)

COMPOSITION
Glycyrrhiza glabra D1, Guaranà D1, Fucus vesiculosus TM, Stevia D1, Lycopodium D4, Gl. thyroidea 4CH, Badiaga D2, Cimicifuga D3, Iodum D12, Spongia tosta D4/12/15, Phytolacca D3, Hypophysis anterior 4CH, Hypophysis posterior 4CH, Hypothalamus 4CH. Contains alcohol (30%).
**METATOX 4 (Drainage Metatox)**

**COMPOSITION**
Stevia D1, Solidago virga aurea TM, Hieracium pilosella D1, Juniperus communis gemmae D1, Berberis vulgaris D1, Schrophularia nodosa D3, Apis mellifica D4, Galphimia glauca D3, Adrenalinum 4CH, Gl. thyroidea 4CH, Chelidonium majus D3, Lycopodium D3, Natrium muriaticum D9, Argentum nitricum D9, Calcium carbonicum D10, Syzygium jamb. D1. Contains alcohol (30%).

**INDICATIONS**
Improves metabolic activity, regulates hypoglycemia, helps elimination of fluids excess, improves the body energy.

**DOSAGE**
30 drops at least 4 times a day.

**PACKAGE SIZE**
30 ml bottle with drop counter. For oral use.
N owadays, even the layman looks forward to achieving the best state of fitness.
At times doping might appear to be the shortest cut. In the USA, 11% of teenagers use anabolic steroids.
Doping substances (anabolic steroids, GH, anti-estrogens, dopaminergic like compounds, etc.) are certainly effective in the short term, but they turn out to be harmful in the long run.

Homeopathy provides many advantages in sports field, i.e.

1 **Optimization of training through** a natural improvement of physiological (metabolic) functions;

2 **lack of side effects**;

3 **safety**: small doses have no artificial impact on the performance.

---

**BIOCYCLIC PLUS**

**COMPOSITION**
Coenzyme A D6, Acidum alpha-lipoicum D6, Natrium oxalaceticum D6, Acidum cis-aconitum D6, Acidum fumaricum D6, Acidum alpha-ketoglutaricum D6, Acidum DL malicum D6, Baryum oxalaceticum D6, Natrium pyruvicum D6, Vit. B1 D4, Vit. B2 D4, Vit. B6 D4, Vit. C D4, Cerium oxalaceticum D6, Manganum phosphoricum D6, Magnesium gluconicum D2, Acidum lacticum D8, Beta vulgaris rubra D2, Ginseng D3, Embryo totalis suis D6, Glandula suprarenalis suis D10, Musculus suis D6, Cysteine D6, Acidum succinicum D6, ATP D6.

**INDICATIONS**
Activation of the mitochondrial respiration.
Stimulation of ATP synthesis.

**DOSAGE**
3 granules 3 times a day.

**PACKAGE SIZE**
Tube containing 4 g of granules.
OLYMPIA

COMPOSITION
Leucin D6, Isoleucin D8, Valine D20, Tryptophan D8, Phenylalanine D8, Tyrosine D8, Treonine D8, Methionine D8, Cysteine D8, Histidine D8, Arginine D5, Ornithine hydrochloride D4, Proline D4, Serine D14, Alanine D14, Ubiquinone D6.

INDICATIONS
Stimulation of muscle anabolism. Reduction of muscle catabolism. Stimulation of oxidative phosphorylation in muscle cells. Reduced release of lactic acid.

DOSAGE
Granules: 3-5 granules 1 hour before starting training
3-5 granules immediately before starting training
3-5 granules within 45 minutes from end of training

Injectable ampoules: 1 ampoul before and 1 after completing the training session via im. or sc. The s.c. administration may be used to stimulate a specific group of muscles.

PACKAGE SIZE
Tube containing 4 g of granules.
Pack containing 10 ampoules of 1 ml

OMEO DEF

COMPOSITION
Lipase 4CH, Hyaluronidase 4CH, Rosmarinus D1, Vitis vinifera D1, ADN 4CH, Vena 5CH, Adeps 9CH, Placenta 4CH.

INDICATIONS
Activation of lipolysis. Reduction of subcutaneous adipose tissue. Improved muscle profile.

DOSAGE
5 granules before training, or 5 granules twice a day.

PACKAGE SIZE
Tube containing 4 g of granules.
OMEEO GAZ

COMPOSITION
O₂ 4CH, H₂O₂ 4CH, Hemoglobin 7CH, Red blood cells 4CH, Populus D1, Cornus D1.

INDICATIONS
Regulation of muscle oxygenation. It prevents energy failures during performance.

DOSAGE
5 granules half-way through training (or as necessary).

PACKAGE SIZE
Tube containing 4 g of granules.

OMEEO PREP

COMPOSITION
Lappa major TM, Alfalfa TM, Gelsemium 5CH, Arnica 5CH, Sequoia gigantea D1, Cortex cerebralis 7CH, Helonias 6CH/30CH, Naja tripudians 30 CH.

INDICATIONS
Treatment of states of anxiety before competition.

DOSAGE
5 granules before and after training.

PACKAGE SIZE
Tube containing 4 g of granules.

OMEEO STER

COMPOSITION

INDICATIONS
Natural steroid like compound. Activation of muscle anabolism.

DOSAGE
3 granules before training and 3 granules as necessary.

PACKAGE SIZE
Tube containing 4 g of granules.
OLIGOTHERAPY

Compendium Guna
The Oligoel range offers the classic oligo elements according to Menetrier. The Oligoel are generally prepared as gluconate salts, they all ensure complete ionic dissociation of the oligo element, the absence of irritating or toxic effects, long time stability (5-year shelf life) as well as pleasant flavor.

**STANDARD DOSAGE**

30 drops twice a day or, alternatively, 15 drops 4 times a day, on an empty stomach or between meals, dissolved in half a glass of natural mineral water, retaining the solution in the mouth for a few seconds before swallowing.

**PACKAGE SIZE**

30 ml bottle with drop counter. For oral use.

**BIBLIOGRAPHY**

*Ivo Bianchi*: *Gli Oligoelementi nella pratica terapeutica* - (pp. 416) _23.34 - Guna Editore._
OLIGOEL No.1 (Aluminium)

INDICATIONS
• Delayed intellectual development in children
• Hypercinesia in childhood and learning difficulties
• Sleep disorders

OLIGOEL No.2 (Bismuth)

INDICATIONS
• Inflammatory and infectious processes of the ear, nose and throat (especially tonsillitis and laryngitis)

OLIGOEL No.3 (Cobalt)

INDICATIONS
• Regulation of the neurovegetative system (especially at vascular level and in the digestive tract)
• Migraine

OLIGOEL No.4 (Fluorine)

INDICATIONS
• Hyperlaxity of the ligaments
• Prophylaxis of dental caries
• Calcium metabolism disorders (osteoporosis, osteomalacia, rickets, etc.)

OLIGOEL No.5 (Phosphorus)

INDICATIONS
• Parathyroid dysfunctions (osteoporosis, bone dystrophies)
• Spasmophilia
• Regulation of neuromuscular excitability

OLIGOEL No.6 (Iodine)

INDICATIONS
• Thyroid dysfunctions (hypo- and hyper-thyroidism)
• Oligo element specific for thyroid metabolism
OLIGOEL No.7 (Lithium)

INDICATIONS
- Psychological disorders
  (with associated nervousness and anxiety)
- Tendency for depression

OLIGOEL No.8 (Magnesium)

INDICATIONS
- Intestinal conditions (regulation of peristalsis)
- Spasmophilia
- Arthritis

OLIGOEL No.9 (Manganese)

INDICATIONS
- Allergic conditions (urticaria, asthma, rhinitis)
- Migraine, digestive and ophthalmological disorders
- Arthralgia fugax

OLIGOEL No.10 (Manganese - Cobalt)

INDICATIONS
- Neurovegetative syndromes
- Regulation of circulatory disorders

OLIGOEL No.11 (Manganese - Copper)

INDICATIONS
- Chronic infectious disorders
- Predisposition to respiratory diseases
- Susceptibility to fatigue

OLIGOEL No.12 (Manganese - Copper - Cobalt)

INDICATIONS
- Complementary anemia treatment

OLIGOEL No.13 (Nickel - Cobalt)

INDICATIONS
- Functional pancreatic disorders
  (slow digestion, post-prandial drowsiness, etc.)
OLIGOEL No.14 (Potassium)

INDICATIONS
- Chronic rheumatism
- Rheumatic pains in general

OLIGOEL No.15 (Copper)

INDICATIONS
- Bacterial or viral inflammatory diseases (influenza)

OLIGOEL No.16 (Copper - Gold - Silver)

INDICATIONS
- Anergic diathesis: psychophysical asthenia, tendency for depression, low immune defenses, recurrent infections

OLIGOEL No.17 (Zinc)

INDICATIONS
- Functional endocrine disorders
- Regulation of the hypophysis

OLIGOEL No.18 (Zinc - Nickel - Cobalt)

INDICATIONS
- Pancreatic pathologies (hypophyseal-pancreatic)
- Prediabetes, obesity

OLIGOEL No.19 (Zinc - Copper)

INDICATIONS
- Gonadic-hypophyseal dysfunctions
- Functional endocrine disorders of puberty and the menopause

OLIGOEL No.20 (Sulphur)

INDICATIONS
- Allergic diseases (desensitization)
- Functional disorders of the liver and bile ducts
## Composition and Concentration of Oligoel Range

<table>
<thead>
<tr>
<th>Oligoel</th>
<th>Composition and Concentration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oligoel 1</td>
<td>aluminium chloratum D3 = 1 mg/ml</td>
</tr>
<tr>
<td>Oligoel 2</td>
<td>bismutum subnitratum D5 = 0.01 mg/ml</td>
</tr>
<tr>
<td>Oligoel 3</td>
<td>cobaltum gluconicum D4 = 0.250 mg/ml</td>
</tr>
<tr>
<td>Oligoel 4</td>
<td>natrium fluoratum D4 = 0.250 mg/ml</td>
</tr>
<tr>
<td>Oligoel 5</td>
<td>natrium phosphoricum D5 = 0.07 mg/ml</td>
</tr>
<tr>
<td>Oligoel 6</td>
<td>iodum metallicum D5 = 0.0125 mg/ml</td>
</tr>
<tr>
<td>Oligoel 7</td>
<td>lithium gluconicum D3 = 2.50 mg/ml</td>
</tr>
<tr>
<td>Oligoel 8</td>
<td>magnesium gluconicum D3 = 0.9 mg/ml</td>
</tr>
<tr>
<td>Oligoel 9</td>
<td>manganum gluconicum D4 = 0.3 mg/ml</td>
</tr>
<tr>
<td>Oligoel 10</td>
<td>manganum gluconicum D4 = 0.3 mg/ml cobaltum gluconicum D4 = 0.25 mg/ml</td>
</tr>
<tr>
<td>Oligoel 11</td>
<td>manganum gluconicum D4 = 0.3 mg/ml cuprum gluconicum D4 = 0.25 mg/ml</td>
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<td>Oligoel 12</td>
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</tr>
<tr>
<td>Oligoel 13</td>
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<tr>
<td>Oligoel 14</td>
<td>kalium gluconicum D4 = 0.12 mg/ml</td>
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<td>Oligoel 15</td>
<td>cuprum gluconicum D3 = 2.5 mg/ml</td>
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<tr>
<td>Oligoel 16</td>
<td>cuprum gluconicum D4 = 0.25 mg/ml argentum nitricum D5 = 0.01 mg/ml aurum gluconicum D7 = 0.0001 mg/ml</td>
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<td>Oligoel 17</td>
<td>zincum gluconicum D4 = 0.25 mg/ml</td>
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<td>Oligoel 18</td>
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<td>Oligoel 19</td>
<td>zincum gluconicum D4 = 0.25 mg/ml cuprum gluconicum D4 = 0.25 mg/ml</td>
</tr>
<tr>
<td>Oligoel 20</td>
<td>natrium thiosulphuricum D4 = 0.15 mg/ml</td>
</tr>
</tbody>
</table>
THERAPEUTIC APPLICATIONS

RESPIRATORY TRACT

Oligoel No.2 (Bismuth)
• Tonsillitis, laryngitis (acute and chronic forms)

Oligoel No.9 (Manganese)
• Allergic asthma and rhinitis (allergic diathesis)

Oligoel No.11 (Manganese - Copper)
• Chronic or recurrent respiratory diseases
• Chronic pharyngitis

Oligoel No.15 (Copper)
• Influenza (bacterial and viral anti-infectious effect)

Oligoel No.20 (Sulphur)
• Allergic respiratory forms (desensitization)

DIGESTIVE TRACT

Oligoel No.3 (Cobalt)
• Abdominal spasm
• Meteorism

Oligoel No.9 (Manganese)
• Gastric ulcer
• Chronic constipation

Oligoel No.10 (Manganese - Cobalt)
• Digestive disorders in cases of vegetative dystonia (dystonic diathesis)

Oligoel No.18 (Zinc - Nickel - Cobalt)
• Pre-diabetes
• Weight problems, obesity

CIRCULATORY SYSTEM

Oligoel No.3 (Cobalt)
• Micro- and macro- angiospasm

Oligoel No.9 (Manganese)
• Variations in blood pressure (together with Oligoel No.6 Iodine)

Oligoel No.10 (Manganese - Cobalt)
• Functional circulatory disorders, arteritis (together with Oligoel No.3 Co)

Oligoel No.12 (Manganese - Copper - Cobalt)
• Anemia (together with Oligoel No.15 Cu and Oligoel No.1 Al)
**LOCOMOTOR APPARATUS**

**Oligoel No.4 (Fluorine)**
- Osteoporosis
- Hyperlaxity of the ligaments
- Osteochondrosis

**Oligoel No.9 (Manganese)**
- Arthralgia fugax

**Oligoel No.10 (Manganese - Cobalt)**
- Arthritis (together with Oligoel No.14 K)

**Oligoel No.16 (Copper - Gold - Silver)**
- Inflammatory rheumatism (together with Oligoel No.14 K if the ESR is high)

**NERVOUS SYSTEM**

**Oligoel No.1 (Aluminium)**
- Sleeping and memory disorders

**Oligoel No.7 (Lithium)**
- Depressive syndromes
- Senile psychiatric disorders

**Oligoel No.10 (Manganese - Cobalt)**
- Vegetative dystonia

**Oligoel No.15 (Copper)**
- Migraine (60 drops every hour)

**Oligoel No.16 (Copper - Gold - Silver)**
- Psycho-asthenia
- Depressive syndromes (together with Oligoel No. 7 Li)

**ENDOCRINE SYSTEM**

**Oligoel No.5 (Phosphorus)**
- Parathyroid dysfunction
- Spasmophilia (together with Oligoel No.8 Mg)
- Situations with low blood calcium

**Oligoel No.6 (Iodine)**
- Thyroid dysfunctions
- pre-Basedow syndrome

**Oligoel No.16 (Copper - Gold - Silver)**
- Adrenal cortex insufficiency

**Oligoel No.18 (Zinc - Nickel - Cobalt)**
- Gonadic-hypophyseal dysfunctions
- Dysmenorrhea and amenorrhea in young women
- Puberal disorders
- Infantile adipose-genital syndrome
SKIN AND MUCOUS MEMBRANES

Oligoel No.9 (Manganese)
- Eczema due to sensitization
- Urticaria

Oligoel No.11 (Manganese - Copper)
- Chronic eczema
- Chronic cysts
- Hyposthenic diathesis

Oligoel No.16 (Copper - Gold - Silver)
- Acne, psoriasis
- Staphylococcus-induced furunculosis

Oligoel No.19 (Zinc - Copper)
- Alopecia seborrhoica and areata
AROMATHERAPY

Compendium Guna
ACARI STOP

Acari Stop is a preparation of Neem oil suitable for treating fabrics, carpets, walls, mattresses. Especially people suffering of dust mite allergy benefit from the treatment of their surroundings.

The Neem oil is the oily extract of the seeds of *Azadirachta Indica*, an Indian plant traditionally used for its medicinal properties. The extract drastically reduces the presence of dust mites in fabrics, due to its influence on their reproductive cycle.

It is common knowledge that dust mites belong to the class of Arachnides (spiders), so no insecticides are effective against these animals. The extract of *Azadirachta Indica* is produced without resorting to the use of chemical solvents (that are potentially hazardous to subjects already sensitive to other allergens) and guarantees that the properties of the plant are preserved.

The regular use of ACARI STOP helps to eliminate the allergy-inducing factors in closed rooms, favoring the hygiene of rooms infested with dust mites.

**COMPOSITION**

Extract of Neem seed (*Azadirachta Indica* < 10%) diluted in isopropyl alcohol (> 90%).

**METHOD**

Spray on fabrics, rugs, fitted carpets, sofas, armchairs, mattresses and any other surface where dust can deposit. Spray from a distance of 15-20 cm. Dries rapidly, does not stain. Repeat the treatment every 20-30 days.

**PACKAGE SIZES**

400 ml PE bottle containing with nebulizer. Only for external use. Inflammable.
AROMA DI GUNA No.2

In addition to their marked insect-killing effect, the essential oils used in Aroma di Guna No.2 also ensure the product a remarkable tonifying, refreshing and pain-killing effect, due to the use of total natural essential oils (according to Valnet). Thanks to these characteristics, Aroma di Guna No.2 is an excellent natural repellant against mosquitoes, wasps, bees, hornets, fruit flies, horse flies, and other flies and troublesome insects; it alleviates the itching of insect bites; it soothes the burning of painful bites from bees, wasps, hornets, facilitating the reabsorption of the edema (repair of the microcirculation). It does not affect the lipophilic balance of the skin or give rise to toxic metabolites.

COMPOSITION
Essential oils: Melissa, Geranium, Verbena, Lavender, Mint, in propellent gaz.

INDICATIONS
Repels mosquitoes, bees, hornets, flies, horse flies and wasps.
Useful also in preventive treatment against fleas.

DOSAGE
Nebulize on the exposed parts of the skin from a distance of about 10 cm.
It is advisable to repeat the application every 5-6 hours.
Room surfaces, floors and pillows can also be sprayed to keep insects at bay.

Do not spray in the eyes. In the event of accident, rinse with running water.

PACKAGE SIZE
Aerosol can, content 50 ml. For external use.

NOTE
Flammable product. Do not pierce the can.
Do not spray in the eyes. In the event of accident, rinse with running water.
AROMA DI GUNA No.4

Aroma di Guna No.4 is a spray containing absolutely natural essential oils that are useful for cleansing the air and protecting the airways from noxious agents in rooms, especially during the winter season. Its formulation has been achieved so as to preserve the entire antiseptic, bacteriostatic and stimulating properties of the oils it contains. The use of Aroma di Guna No.4 is recommended: at home, to cleanse the air made dry and unhealthy by heating systems; in the workplace, to facilitate concentration and well-being; in the motor car and in traffic, to alleviate the discomfort deriving from exposure to high levels of air pollution; in any interior, to avoid irritation due to exposure to dust or cold and damp climates.

COMPOSITION
Essential oils of Lavender, Niaouli, Pine, Myrtle, Rosemary, Carnation, Mint, Cypress, in propellant gas.

INDICATIONS
Nebulize indoor, when required. Avoid contact with the eyes. Do not spray in the eyes. In the event of accident, rinse with running water.

PACKAGE SIZE
Aerosol can, content 50 ml. For indoor use.

NOTE
Flammable product. Do not pierce the can. Do not spray in the eyes. In the event of accident, rinse with running water.
DIETOLOGY AND FOOD SUPPLEMENTS

Compendium Guna
SON FORMULA®

SON Formula® is a food supplement of essential amino acids, in the appropriate range required by the MAP (Master Amino acid Pattern) that is the human ideal essential aminoacid profile.

This unique composition enables a 99% net nitrogen usage (NNU), i.e. 99% of the amino acids comprising the SON Formula® follow the anabolic path, taking part in protein synthesis, and only 1% go through the kidneys.

The 99% NNU makes SON Formula® the one and only essential amino acid supplement that produces no nitrogen waste.

SON Formula® is rapidly absorbed, within just 23 minutes of its ingestion.

SON Formula® produces no fecal residue.

Ten grams of SON Formula® provide the same amino acids as 350 g of meat, fish or chicken, with a calorie contribution of just 50 kcal.

In a lower weight and volume, SON Formula® provides the highest nutritional value in absolute terms by comparison with any edible protein or dietary product. It is consequently ideal for:

- optimizing sporting performances
- losing weight without becoming weak
- coping with nutritional deficiencies

COMPOSITION

100 g of MAP contains: L-Leucin 20 g, L-Valine 16 g, L-Isoleucin 15 g, L-Lysin 14 g, L-Phenylalanine 13 g, L-Treonine 11 g, L-Methionine 7 g, L-Tryptophan 4 g

Tablets: 1 tablet of 1,01 g contains 1 g of MAP, with transparent coating and no excipient.

Powder: 1 sachet of 6,65 g contains 5 g of MAP and 1,65 g excipents and strawberry flavoring.

DOSAGE

10 g of SON Formula® are equal to 10 tabletes or 2 sachets.

- For sportspeople:
  - in amateur sports: 10 g of SON Formula® associated with the necessary vitamin, mineral, oligo element and calorie intake, to be taken half an hour before training.
  - in competitive sports: 10 g of SON Formula® associated with the necessary vitamin, mineral, oligo element and calorie intake, to be taken half an hour before training.

10 g of SON Formula® associated with the necessary vitamin, mineral, oligo element and calorie intake, to be taken during the first meal after training.
DIETOLOGY AND FOOD SUPPLEMENTS

The Formula® range

- **For overweight people:**
  *Replace one meal a day with:*
  10 g of SON Formula® + 400-500 g of fruit + 200-300 g of vegetables (with no salt).

  *Replace three meals a day (only under medical supervision)*
  10 g of SON Formula® + 400-500 g of fruit + 200-300 g of vegetables (with no salt) in lieu of breakfast, lunch and dinner.

- **For inadequate dietary intake (qualitatively or quantitatively):**
  5-10 g of SON Formula® associated with the necessary vitamin, mineral, oligo element and calorie intake, to be taken during the main meals, once or twice a day as necessary.

**PACKAGE SIZE**
- Tablettes: packs containing 50, 150, 500 tablets.
- Powder: pack containing 42 sachets of 6.65 g.

*For further information of SON Formula®, please request the specific documentation*

*Further details about SON Formula® are available in English.*
**VIT FORMULA®**

*VIT Formula®* is a complete food supplement rich in vitamins, minerals and oligo elements that responds perfectly to the body’s needs.

*VIT Formula®* is ideal in terms of **completeness**: it contains all the vitamins, minerals and oligo elements essential to the body in addition to amino acids with a disintoxicating action.

*VIT Formula®* is ideal in terms of **quality**: its vitamins, minerals and oligo elements are of carefully selected quality.

*VIT Formula®* is ideal in terms of **formulation**: its composition is perfectly balanced in relation to the body’s needs.

*VIT Formula®* is the ideal complement to **SON Formula®**, thus ensuring an optimal protein synthesis.

The best ratio is each 10 g of **SON Formula®**, 1 tablet of **VIT Formula®**.

**COMPOSITION**

Each 1.4 g tablet contains:

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin C</td>
<td>50 mg</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>250 mcg</td>
</tr>
<tr>
<td>Vitamin D3</td>
<td>2.5 mcg</td>
</tr>
<tr>
<td>Vitamin E</td>
<td>1.5 mg</td>
</tr>
<tr>
<td>Folic acid</td>
<td>55 mcg</td>
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<tr>
<td>Vitamin B1</td>
<td>150 mcg</td>
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<tr>
<td>Vitamin B2</td>
<td>380 mcg</td>
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<tr>
<td>Vitamin B6</td>
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<tr>
<td>Vitamin PP</td>
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<tr>
<td>Vitamin B12</td>
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<tr>
<td>Biotin</td>
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<tr>
<td>Vitamin K1</td>
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<tr>
<td>Pantothenic acid</td>
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<tr>
<td>Choline</td>
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<tr>
<td>DL - Methionine</td>
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<tr>
<td>Inositol</td>
<td>130 mg</td>
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<tr>
<td>Magnesium</td>
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<tr>
<td>Calcium</td>
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<td>Manganese</td>
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<td>Iron</td>
<td>4 mg</td>
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<tr>
<td>Copper</td>
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<tr>
<td>Zinc</td>
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</tr>
<tr>
<td>Nickel</td>
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<tr>
<td>Chrome</td>
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<tr>
<td>Molybdenum</td>
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<td>Vanadium</td>
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<td>Iodine</td>
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<td>Selenium</td>
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<td>Boron</td>
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<tr>
<td>Silicon</td>
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<tr>
<td>Fluorine</td>
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<tr>
<td>Fats</td>
<td>0.026 g</td>
</tr>
<tr>
<td>Carbohydrates</td>
<td>0.113 g</td>
</tr>
<tr>
<td>Proteins</td>
<td>0.212 g</td>
</tr>
</tbody>
</table>

**INDICATIONS**

Primary and secondary vitamin deficiencies. For supporting and integrating **SON Formula®**.

**DOSAGE**

*Adults*: from 1 to 3 tablets a day.

*Children under 12 years old*: 1 tablet a day.

In association with **SON Formula®**: 1 tablet of **VIT Formula®** every 10 g of **SON Formula®**.
THE AR\textsubscript{D} RANGE
ANTI FREE RADICALS DOSABLE FORMULATIONS

The AR\textsubscript{D} Range is a series of \textit{complete and balanced} combination of antioxidants whose aim is to contrast the injuries of free-radicals. Each formulation has been specifically studied in order to the focus on the needs of the different systems where free radicals are more active.

The therapeutic effects of AR\textsubscript{D} range are objectively measurable by means of the \textit{D-ROMSTEST}, performed with Free Radicals Analyze System (FRAN), that detects the blood level of free radicals (MANAS S.r.l.- Tel 0039 2/28018258 – Fax 0039 2/28018262).

Bibliographic reference for the AR\textsubscript{D} range, available [www.cornelliconsulting.it](http://www.cornelliconsulting.it)

\textbf{ARD STENOVIT®}

ARD\textsubscript{D} Stenovit® consists in a \textit{specific, complete and balanced} combination of antioxidants for the vessel tissue and the circulatory system.

\textbf{Why specific?}
ARD\textsubscript{D} Stenovit® has a \textit{specific trophic action on vessels, arteries in particular}.

\textbf{Why complete?}
It has been demonstrated that deep antioxidant effects on the vessels can only be achieved by a pool of substances, instead of a single one.

\textbf{Why balanced?}
The ratio of the components suit average daily needs, avoiding the ingestion of excessive quantities of antioxidant compounds, that may raise various undesirable pharmacological effects, and \textit{even opposite (i.e. pro-oxidant)} effects.

ARD\textsubscript{D} Stenovit® is a \textit{complete supplement}, designed specifically for integrating the Mediterranean diet; in fact, the quantities of its components have been calculated on the basis of the quantities of antioxidants contained in the foods normally ingested in a typical diet in this geographical area.

ARD\textsubscript{D} Stenovit® presents unique features that make it a genuine \textit{antioxidant unit}:

- It is formulated with low dosages (that are sufficient, but not excessive), just as nature would normally provide these vitamins and antioxidants;
• It is a synergic and complementary association of various antioxidant substances; it has been demonstrated that no single product has been identified as yet that can reduce the harmful effect of free radicals on the vessels alone; for instance, vitamin E loses its antioxidant potential in low oxygen surface tension conditions, when β-carotene steps in to take its place. Vitamin C has a great anti-oxidant capacity but it is not liposoluble, and therefore fails to reach tissues that require such substances; in these conditions, it is replaced by coenzyme Q10.

It becomes necessary to use antioxidants with a different localization (i.e. in the membranes, in the flow stream or in the cells) in order to reduce oxidative stress effectively.

It is therefore easy to understand how, for instance, vitamin C, β-carotene and coenzyme Q10 are complementary in their antioxidant action and their ingestion in combination has an unquestionably synergic effect.

• It is in a two-phase formulation, i.e. the active ingredients (vitamins and other antioxidant components) are a lyophilized powder prepared in the plunger cap of a bottle that contains an appropriated liquid solution. Just before administration, the powder is mixed with the solvent ensuring the best and maximum antioxidant activity and efficacy.

COMPOSITION

The "plunger cap" contains: Selenium yeast (40.0 mg), Vit. C (30.0 mg), Bioflavonoids (30 mg), Zinc pidolate (25.0 mg), Mannitol (23.1 mg), coenzyme Q10 (10.0 mg), L-cysteine (10.0 mg), Vit. E (15.0 mg), Vit. B6 (1.0 mg), Vit. A (0.4 mg), β-carotene (0.05 mg);
The bottle contains: fructose (3000 mg), magnesium and potassium aspartate (200 mg), lime flavoring (30 mg); preserving agents: potassium sorbate (10.0 mg), methyl P-hydroxybenzoate (7.5 mg), propyl P-hydroxybenzoate (2.5 mg), demineralized water to make up to 10 ml.

Indications

For delaying cell aging processes; hypertension, hyperlipidemia (hypertriglyceridermia and hypercholesterolemia); varicose veins in the lower limbs; circulatory disorders (particularly arteritis); use of estro-progestinic contraceptives; tabagism; over-exertion in sports.

INDICATIONS

Flebo-angiology, Aesthetic medicine, Geriatrics, Sports medicine, Gynecology, General medicine, Dermatology, etc.

DOSEAGE

1 dose corresponds to 1 bottle.
In patients with moderate oxidative stress: 1 dose a day for 10-15 days a month, for several months, taken preferably in the morning.
In patients with severe oxidative stress: 1 dose a day for more than 10-15 days a month, for several months, taken preferably in the morning.
For sportspeople: 1 dose before and after practising the sport, throughout the training period.

PACKAGE SIZE

Pack containing 10 bottles of 10 ml each.
ARD Esilen® contrasts specifically oxidative stress skin and the consequent aging of the skin.

Protection at the dermal endothelium is ensured by CAT (which stands for Transverse Antioxidant Complex) represented by Vit. E, β-carotene, Vit. A, Vit. C, Bio-flavonoids, Coenzyme Q₁₀, Zn, Se, and L-cysteine.

The core of the product is squalene, an important intermediate product of cholesterol synthesis, normally produced by the sebaceous glands. Squalene is a natural antioxidant specific for the epidermis and β-carotene is effective at connective tissue level.

Squalene has a key role in decreasing the oxidant action of singlet oxygen, a free radical generated mainly through UV rays.

It is common knowledge that the capacity of glands to synthesize squalene declines dramatically with aging thus enhancing the formation of wrinkles and skin dyschromias.

Due to the synergic and complementary action of its components, ARD Esilen® is helpful in defending the skin from physiological and pathological aging.

ARD Esilen® is also available for external application, with the same composition. Excellent results are accomplished using both treatments: smoothing skin, flattening and nourishing wrinkles, giving a young tone to the face.

**COMPOSITION**

_The plunger cap contains:_ Squalene 100 mg, β-carotene 3.6 mg, Potassium aspartate 200 mg, Magnesium aspartate 100 mg, Vit. C 30 mg, Bioflavonoids 30 mg, Coenzyme Q₁₀ 10 mg, Zn pidolate 25 mg, Selenium yeast 27.5 mg.

_The bottle contains:_ adequate solution with preservative agents.

**INDICATIONS**

_Bottles for oral use:_ specific antioxidant for the treatment of skin aging.

**DOSAGE**

_Bottles for oral use:_ 1 bottle a day for at least 10 days a month for several months. It may be associated with ARD Esilen® emulsion.

**PACKAGE SIZE**

Pack containing 10 bottles of 10 ml each.
**AR<sub>D</sub> COGITON®**

AR<sub>D</sub> Cogiton® consists in a complete and balanced formulation of antioxidants, specifically studied for the cerebral system. The aim is to contrast the cerebral oxidative stress that speeds the physiological aging of the cerebral vessels and the neuron isolation.

<table>
<thead>
<tr>
<th>THE CAUSES</th>
<th>THE AR&lt;sub&gt;D&lt;/sub&gt; COGITON DEFENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>• High level of homocysteine</td>
<td>• The Vitamine B pool reduces the levels of homocysteine</td>
</tr>
<tr>
<td>• Lack of carnosine</td>
<td>• Carnosine contrasts the cerebral oxidative stress</td>
</tr>
<tr>
<td>• Weakness of the cerebral vessels</td>
<td>• Ginkgo biloba and CAT* protect the cerebral vessels</td>
</tr>
</tbody>
</table>

*CAT stands for transverse antioxidant complex and is a specific pool of vitamins, bioflavonoids, coenzymes meant to ensure a complete protection for the vessels against free radicals.

**COMPOSITION**
The antioxidant principles are available as lyophilised powder inside the plunger cap of the bottle and contain the following:
- Beta-carotene 5 mg, Vitamine E 20 mg, Vitamine C 30 mg, Nicotinamide 18 mg, Coenzyme Q<sub>10</sub> 10 mg, L-cysteine 10 mg, Selenium 27,5 mcg, Pyridoxine 2 mg, Thiamine 1,4 mg, Riboflavin 1,6 mg, Cyanocobalamin 1 mcg, Folic acid 0,2 mg.
- Bottle solution (10 ml): Fructose 3000 mg, Acacia honey 1000 mg, Carnosine 100 mg, FE Ginkgo biloba 25 mg, Orange flavoring 20 mg.
- Preservative agents: potassium sorbate 13,4 mg, methyl p-hydroxybenzoate 10 mg, demineralized water up to 10 ml, citric acid up to pH 3,9.

**INDICATIONS**
Whenever it is necessary to protect the cerebral tissue from oxidative stress injuries.

**DOSAGE**
1 dose a day, at least for 10 days a month. 1 dose corresponds to 1 bottle.

**WAY OF ADMINISTRATION**
Screw the plunger cap so that the lyophilised powder falls down into the solution. Shake well, open the cap and drink directly the solution.
PACKAGING SIZE
Pack containing 10 bottles of 10 ml each. For oral use.

NOTE
ARD Cogiton® is not suitable for children.
Under treatment of anticoagulant medications, it is advisable to consult a physician.
Avoid administration in pregnancy and breastfeeding.
ORTHOMOLECULAR THERAPY

ORTHO®-BASIC

The biological homeostasis of human body demands a metabolically alkaline environment; otherwise, an excessively acid environment can facilitate the onset of diseases or jeopardize the general state of health. The natural tendency of the organism towards a limited homeostasis triggers compensation or adaptation mechanisms that, if they last too long, give rise to a pathological condition: that is what happens, for instance, when a prolonged condition of metabolic acidosis obliges the homeostatic control systems to sequester first Na, then Ca (after Na, Ca is the most effective alkalizing mineral) in order to buffer the acid pH. As a consequence, the "alkaline reserve" is progressively impoverished, leading to cell congestion, the detoxification processes slow down and the physiopathological conditions for the onset of chronic-degenerative diseases set in.

To ensure the right alkaline environment we need a diet with a high content of fruit and vegetables, unfortunately, it is not always possible. After years of research, Ortho®-Basic has been developed to ensure the availability of a natural alkalizing cocktail, a food supplement composed of mineral salts, plants, fruit and milk enzymes, that guarantees a rapid recovery of the alkaline reserves - and that is why it can be considered as a genuine biomodulator of the buffer systems.

**COMPOSITION**

**INDICATIONS**
Food supplement indicated in all cases of metabolic acidosis, for the consequent impoverishment of the alkaline reserves. Recovery and maintenance of a physiological alkaline pH. Adjuvant in the treatment of osteoporosis. Testing urinary pH at the beginning of the treatment and at the end of the packaging, may be useful in order to check the variation of pH and the end of the therapy. For this purpose, 2 pH sticks are included in each package.

**DOSEAGE**
2-3 teaspoons twice a day (morning and evening) for a period of at least three weeks, to be taken together with powdered fructose or sugar, or dissolved in fruit juices. Repeat the treatment at every change of season, when you wish to undertake a disintoxicating cure or support classic homeopathic therapies. Before using Ortho®-Basic, it is advisable to check the pH of the urine with the aid of one of the sticks contained in the package. After finishing the carton, check the urinary pH once again.

**PACKAGE QUANTITIES**
150 g container with a packet of two sticks for testing urinary pH and instructions for their use.

**NOTE**
The packets of two sticks for testing urinary pH, provided with the product, are also available separately.
It is hardly surprising that *Candida* infection has been defined by some authors as the "silent epidemic": the incidence of this pathology, especially in the industrialized countries, reveals a morbidity rate that is becoming higher and higher.

There are various species of fungi belonging to the *Candida* genus (*albicans, krusei, tropicalis, parapsilosis*, to name just a few of the most common), but only some of these (at least 9 are now known) can give rise to pathologies affecting the skin and mucous membranes; in immunosuppressed subjects, they can be responsible for even severe disease, however.

The generally endogenous etiology of Candida infections is usually characterized by an overproduction of the normally resident flora and disruption of the organism’s defensive barriers, but the use of antibiotics, oral contraceptives, corticosteroids, or poor hygiene can also be responsible for the onset of *Candida albicans*.

The pharmacological treatment aims essentially to eliminate the fungus, often disregarding the need to restore the balance of the connective environment and to reinforce the patient’s immune defenses.

For this purpose, it may be useful to supplement the diet with Ortho®-Candy (preferably in association with Ortho®-Basic) that, on the one hand - thanks to the core components with an immunostimulating action - controls the growth of the fungi and retards their proliferation; on the other, thanks to the core remedies with a mainly intestinal trophic effect, it enables a timely and effective mobilization of the toxins resulting from the catabolic reaction of the mycotic colonies.

**COMPOSITION**


**INDICATIONS**

For the treatment of Candida infections and of the related pathologies. It is advisable to drink considerable amounts of water during the day in order to avoid overloading the excretory organs.

**DOSEAGE**

From 2 to 6 capsules a day, preferably after meals, for at least three months.

**PACKAGE SIZE**

Pack containing 90 capsules of 230 mg.
OVIX® Tablets

OVIX® tablet active ingredient is quail egg homogenate (Coturnix japonica, var. B-Mina).
The use of wild quail eggs stems from Japanese popular medicine: for over 400 years, quail eggs diet have been used to prevent or treat allergic attacks.
In Europe, laboratory tests and clinical research in the last 30 years have demonstrated the scientific basis for the empirical Japanese tradition led to the development of OVIX®, a food supplement that has not only proved excellent as an antiallergic adjuvant modulating the arachidonic acid cascade, but has also, and more importantly, proved absolutely safe and with no side-effects.

COMPOSITION
Each ovix tablet contains 0.75 mg quail egg homogenate.

INDICATION
Adjuvant in the treatment of
- allergic rhinitis
- allergic asthma
- pollen allergy (hay fever)
- allergic eczema

DOSAGE
Prevention, starting from a few days before exposure and ending a few days after exposure
- 3-12 years old: 1-2 tabs a day
- 12-16 years old: 1-3 tabs a day
- adults: 3 tabs a day

During the attack, the use of OVIX® during allergic attacks must be considered as an adjuvant treatment: its use enables a reduction in the dosage of the habitually used medication.
- 3-12 years old: 2-3 tabs a day
- 12-16 years old: 3-6 tabs a day
- adults: 6-12 tabs a day

Maintenance therapy:
- 3-12 years old: 1-2 tabs a day
- 12-16 years old: 2-3 tabs a day
- adults: 3 tabs a day

PACKAGE QUANTITIES
Blister pack containing 45 tablets for dissolving under the tongue.
The Ovix® range

OVIX® Cream

An innovative offshoot from OVIX® tablets, OVIX® cream is particularly recommended as a therapeutic adjuvant in cases of: atopic eczema, psoriasis, dermatitis and dermatosis of various etiology, “sine materia”, senile and scalp pruritus.

This white, non-greasy cream has a fluid consistency; it is easy to apply to the skin and rapidly absorbed.

INDICATIONS AND DOSAGE
- **Atopic eczema** (particularly in babies): 1 application every 2-3 days.
- **Psoriasis**: 2 applications a day on the affected areas.
- **Dermatitis and dermatosis of various etiology**: 1-2 applications a day on the affected areas.
- **“sine materia”, senile and scalp pruritus**: 2 applications a day on the affected areas.

COMPOSITION
Homogenate of quail egg (Coturnix japonica, variety B. Mina). Extract obtained by lyophilizing the egg white and yolk. Quails bred under veterinary control (Vercos – France). Jojoba oil; vegetable oils of avocado and apricot; shea butter; vegetable fatty acids; emulsifiers and lecithin; extract of rosemary (antibacterial and anti-oxidant).

PACKAGE SIZE
75 ml tube.
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