ENDOCRINO motox
VADEMECUM

Homeopathic regulation of the neuroendocrine system

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Endocrinotox Handbook

Homeopathic regulation of the neuroendocrine system
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INTRODUCTION

In medicine, a good detoxification of the tissues and extracellular fluids ensures good results in a high percentage of cases. Doctors who have used Detox, Allergyplex and Endotox know that they can achieve excellent results.

However, a small number of patients do not react to the remedies or find that they are only partially effective. This can be due to many different factors but the absence of a good maintenance therapy can be one of the many causes.

Maintenance therapy has three aims:

1) Prevention – avoiding toxins accumulating again
2) Regeneration – “cleaning up” the arteries and regenerating and rejuvenating stressed organs.
3) Constitutional therapy – this requires the deep action of the Homeopathic polycrests in order to strengthen genetic weaknesses.

After the first signs of improvement have been seen in the patient, they are often left to their own devices, and some patients simply don’t go back to their doctor for a second visit. Unfortunately, patients who interrupt their treatment after seeing the first signs of improvement revert to their previous state.

Other patients can return to their original state prior to treatment as a result of allergies or food intolerances.

Other reasons such as smoking, alcohol, lack of physical exercise, poor diet, stress, electromagnetic frequencies, work and family problems etc. can also mean that the therapy does not have a stabilising effect.

Endocrinotox remedies are extremely effective in all these cases.

The Endocrinotox range of remedies support the metabolism and regenerate organs with endocrine function. As a result the patient is better equipped to react when subjected to emotional and stressful factors.

The Endocrinotox range is a new development in complex Homeopathy. It consists of 26 preparations which are fully synergic in their action.
These products are tested and formulated using a combination of the INTEGRA and Vega methods.

These preparations have significant effects on the various endocrine types.

There are certain endocrine constitutions that determine the various types and that differ according to fat tissue localisations. The accumulation of fat is categorised under different “endocrine types”, which are classified in the following 4 ways:

1. fat tissue predominantly on the stomach (“beer belly”)
2. fat tissue predominantly on the thorax (front and back)
3. fat tissue on the hips (particularly in women)
4. fat tissue all over the body

By identifying where the excess fat tissue is located, one can determine to which endocrine type someone belongs.

The Endocrinotox remedies are extremely effective and have clinical, acute and symptomatic indications.

**Summary:** Endocrinotox remedies can be used in all types of therapy. They produce excellent results when combined with the Detox and Endotox remedies. They can also be used to prepare the patient for emotional therapy with Flowerplex or for allergy treatment using Allergyplex.

Sensitivity or negative reactions to these remedies are extremely rare and they can have quite a profound effect on the neuroendocrine system. Depending on the dosage, their regenerative effects can be seen after 2-4 weeks.
APPLICATIONS

Endocrine types

There are various endocrine types which are classified according to their constitution. The classification indicates which organic neuroendocrine system is structurally weak.

There are 4 types for women and 3 types for men:

Women: Pituitary, adrenal, thyroid, gonad
Men: Pituitary, adrenal, thyroid

Pituitary endocrine type

The function of the pituitary gland plays a key role in this endocrine type.

The physique of these patients is similar to that of a child. The head is usually larger than normal and there is an accumulation of fat all over the body, which is typical for children. They generally prefer dairy products and fruit.

This endocrine type is extremely stressed and thinks more about work rather than actually doing it. They are easily distracted, have a tendency towards becoming irritable and are susceptible to allergies.

Adrenal endocrine type

The function of the adrenal gland plays a key role in this endocrine type.

Externally they have a solid physique and obvious muscle masses. They have a tendency towards developing a “beer belly”. They usually prefer meat, potatoes and eggs. This endocrine type is also extremely stressed, as well as aggressive and irritable. When they are stressed they have an increased need for dairy products. They have a predisposition towards heart disorders, arteriosclerosis and diabetes.
**Thyroid endocrine type**

The thyroid plays a key role in this endocrine type. They are usually tall with long limbs and have fat within the thorax.

They usually prefer proteins, sweet foods and coffee. This endocrine type can work extremely intensely - during these intense work phases they have periods of fatigue. They have a tendency towards irritability when under stress and prefer bread and eggs. They have a predisposition towards influenza, colitis and allergies.

**Gonad endocrine type**

This type is most commonly found amongst women. It is more difficult to identify in men. Ovarian function plays a key role in this type. You will generally see an increase in fat around the hips and less fat on the upper body. They prefer fatty, creamy, strongly-flavoured or salty foods. Their energy curve is stable and is evenly distributed during the course of the day. They are a little irritable under stress and prefer fruit. They are susceptible to fibromas, tumours and cysts.

**Stress**

There is a natural inclination towards eating foods that stimulate one’s dominant glands, which create a particular emotional state. When under stress, the body also tends to crave foods that are likely to suppress the dominant glands.
GENERAL ENDOCRINOTOX THERAPY

The best method is to firstly identify to which endocrine type the patient belongs and then treat the patient with the relevant remedy. This enables you to strengthen the constitutional weaknesses and helps to establish a good basis for a more intense treatment and recovery.

Total regeneration therapy

This type of therapy is particularly indicated in the following cases:
1) General Prophylaxis
2) Treatment for drug-resistant patients (who do not respond adequately to medical treatment)
3) Debilitated or weak patients
4) As a rejuvenation protocol after successful treatment
5) Preventive therapy for young patients

1) Preparatory phase
To balance the entire neuro-endocrine axis and the circulation.

Remedies:
- Endocrinotox No. 2 (General male regulation)
- Endocrinotox No. 3 (General female regulation)
- Endocrinotox No. 23 (Regeneration)
- Endotox No. 1 (Circulation)

Dosage: 15 drops of each remedy, 3 times a day
Duration of therapy: 15-20 days

2) Pituitary stage
With each disorder of the endocrine system, there is always a stress to the pituitary feedback systems.

Remedies:
- Endocrinotox No. 6 (Pituitary gland)
- Endocrinotox No. 23 (Regeneration)
- Endotox No. 1 (Circulation)
3) Thyroid stage

The thyroid is the dominant gland in the basal metabolism. A bioenergy test should be carried out initially in order to establish whether the patient has a hypo- or hyper-thyroid metabolism.

Remedies:
- Endocrinotox No. 10 (Hypothyroid)
- Endocrinotox No. 11 (Hyperthyroid)
- Endocrinotox No. 26 (Parathyroids)

Dosage: 15 drops of each remedy, 3 times a day
Duration of treatment: 15-20 days

4) Adrenal stage

The adrenal gland is the dominant gland that regulates the effects of stress.

Remedies:
- Endocrinotox No. 9 (Adrenal glands)
- Detox No. 17 (Stress)
- Endocrinotox No. 23 (Regeneration)

Dosage: 15 drops of each remedy, 3 times a day
Duration of treatment: 15-20 days
5) 1<sup>st</sup> gonad stage
The gonads are secondary reaction organs, which are extremely sensitive to the effects of poisoning from heavy metals and chemical products.

Remedies:
- Endocrinotox No. 7 (Male gonad endocrine type)
- Endocrinotox No. 8 (Female gonad endocrine type)
- Detox No. 12 (Environment)
- Detox No. 14 (Maintenance)

Dosage: 15 drops of each remedy, 3 times a day
Duration of treatment: 15-20 days

6) 2<sup>nd</sup> gonad stage
As they are composed of extremely germinative tissue, the gonads are the organs most predisposed to tumours. The solution is to carry out preventive treatment as early as possible.

Remedies:
- Endocrinotox No. 7 (Male gonad endocrine type)
- Endocrinotox No. 21 (Prostate)
- Endocrinotox No. 23 (Regeneration)

- Endocrinotox No. 8 (Female gonad endocrine type)
- Endocrinotox No. 19 (Uterus)
- Endocrinotox No. 20 (Masto)

Dosage: 15 drops of each remedy, 3 times a day
Duration of treatment: 15-20 days

7) Neuroimmune stage
The immune system regenerates the body and should be detoxified from polluting agents.

Remedies:
- Endocrinotox No. 25 (Neuroimmuno) for children
- Endocrinotox No. 24 (Neuroimmune regulation for children)
- Endotox No. 14 (Thymus)
- Endocrinotox No. 2 (General male regulation)

**women**
- Endocrinotox No. 25 (Neuroimmuno)
- Endotox No. 14 (Thymus)
- Endocrinotox No. 3 (General female regulation)

Dosage: 15 drops of each remedy, 3 times a day
Duration of treatment: 15-20 days

**8) Maintenance therapy**

- Detox No. 12 (Environment)
- Endotox No. 1 (Circulation)
- Detox No. 14 (Maintenance)
  - Appropriate Endocrinotox remedy for the dominant endocrine type

Dosage: 15 drops of each remedy, 3 times a day
Duration of treatment: 3-4 months

At the end of treatment, repeat the cycle or carry out Detox therapy (see the Detox handbook)
DESCRIPTION OF THE REMEDIES
PMS (Premenstrual Syndrome)

Indications:

All premenstrual disorders and related symptoms: irritability, fluid retention, anxiety, depression, emotional stress, hot flashes, hypoglycaemia. The symptoms can start during ovulation and continue up to menstruation.

When a male patient has a positive bioenergy test, this can indicate:

1. emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. use of suppressive drugs, or
5. overstimulation with stimulants such as coffee, nicotine, alcohol

This remedy can be prescribed for men, particularly when they are suffering from irritability, anxiety or insomnia.

Composition:

- Pulsatilla D6/D9
- Sepia D6/D9/D12
- Salix nigra D2
- Corpus luteum 7CH
- Oestrogen 7CH
- Hypothalamus 7CH
- Ammonium carbonicum D6
- Nux vomica D9
- Sabina D6
- Oophorinum D12
- Solidago D1
- Apis mellifica D4
- Viburnum opulus D3
- Vespa crabro D4
- Natrum muriaticum D6/D9/D12
- Fagus sylvatica gemmæ D1
- Passiflora incarnata TM
- Zincum valerianicum D6
Pharmacological notes:

Pulsatilla: emotional disorders, anxiety and irritability
Sepia: hormonal disorders and irregular menstruation, depression
Salix nigra: homeopathic remedy for irritability, difficult menstrual cycles
Corpus luteum: hormone regulation
Oestrogen: hormone regulation
Hypothalamus: hormone regulation
Ammonium carbonicum: when the disorders worsen prior to menstruation
Nux vomica: stress from overstimulation, irritability, stress in general, insomnia
Sabina: back pain prior to and during menstruation
Oophorinum: regulation of hormones
Solidago: activation of diuresis, renal drainage
Apis mellifica: general drainage, ovarian disorders, irritability
Viburnum opulus: cramps in the uterus and ovaries
Vespa crabro: premenstrual depression, Hypoglycaemia, water retention
Natrum muriaticum: general depression, suppressed emotions, water retention
Fagus sylvatica gemmace: remedy for the kidneys, oedema, and water retention
Passiflora incarnata: relaxing remedy, anti-spastic properties
Zincum valerianicum: relaxing remedy

Posology:

15 drops, 3 times a day, at least several minutes before or after meals. Combine with Detox No. 17 (Stress) and Detox No. 13 (Kidneys). In acute situations, administer less drops more frequently – for example, 8 drops every hour. If premenstrual syndrome is expected, take 15 drops 3 times a day as a preventive treatment.

Take the more frequent dosage as soon as the symptoms of PMS begin.
GENERAL MALE REGULATION

Indications:

Regulation of the male neuroendocrine system. Used for disorders such as tiredness, reduced energy levels, chronic infections, fatigue, chronic post-viral syndrome, reduced libido, and prevention of these disorders in old age. It is also effective when taken during stressful situations.

When female patients have a positive bioenergy test result, this can indicate one of the following conditions:
1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs

Composition:

Ribes nigrum gemmae D1  Thymus 7CH
Sequoia gigantea gemmae D1  Ginkgo biloba D1
Passiflora D1  Pancreas 7CH
Arnica 7CH/9CH/12CH  Testis 7CH/30CH
Placenta 4CH  Testosterone propionate 7CH
Hypothalamus 7CH  Glandulae suprarenales 4CH/7CH
Epiphysis 7CH  Adrenal cortex 4CH
Cerebrum 7CH  Nux vomica D9
Thyreoida 7CH  Acidum hydrofluoricum D9
Prostate 7CH
Pharmacological notes:

Ribes nigrum gemmae: insufficiency of the adrenal glands
Sequoia gigantea gemmae: prostate, lymphatic circulation, regeneration
Passiflora: anti-spastic, sedative
Arnica: Stimulation of the connective tissue
Placenta: hormone regulation and general regeneration
Hypothalamus: hormone regulation and regeneration
Epiphysis: hormone regulation and regeneration under stress
Cerebrum: regeneration of cerebral tissues
Thyreoidea: hormone regulation and regeneration, connective tissues of the thyroid
Thymus: immune regulation and regeneration of the thymic connective tissues
Ginkgo biloba: stimulates the brain and peripheral circulation
Pancreas: regenerates the pancreas
Testis: hormone regulation and regeneration of male gonads

**Testosterone propionate:**
Glandulae suprarenales and Adrenal cortex: immune regulation and regeneration of the adrenal glands
Nux vomica: stress regulation
Acidum hydrofluoricum: regeneration of connective tissue and skin
Prostate: hormone regulation and regeneration

Posology:

15 drops, 3 times a day, at least several minutes before or after meals. For conditions of debility, increase the frequency of posology to 10 drops, 6 times a day.

Combine **Detox No. 16 (Regeneration)** and **Detox No. 4 (Cellular load)**.
GENERAL FEMALE REGULATION

**Indications:**

Regulation of the female neuroendocrine system. Effective in the treatment of disorders such as fatigue, poor energy levels, chronic infections, chronic post-viral restlessness syndrome, low libido (in men). Also used to prevent the onset of these disorders in old age.

If male patients have a positive Bioenergy result, this may indicate the following:

1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs

**Composition:**

- Fraxinus americanus D1
- Sequoia gigantea gemmae D1
- Humulus lupulus D1
- Placenta 4CH
- Hypothalamus 7CH
- Thyreoidea 7CH
- Thymus 4CH
- Splen 7CH
- Ovarium 7CH
- Progesteron 7CH
- Oestrogen 7CH
- Insulin 7CH
- Glandulae suprarenales 7CH
- Pulsatilla D12
- Sepia D9/D12
- Acidum hydrofluoricum D9
- Uterus 7CH
- Conium D9/D12
**Pharmacological notes:**

<table>
<thead>
<tr>
<th>Herb/Condition</th>
<th>Effect</th>
</tr>
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<tbody>
<tr>
<td>Fraxinus americanus</td>
<td>lymphatic circulation in the gonads and ovaries</td>
</tr>
<tr>
<td>Sequoia gigantea gemmae</td>
<td>lymphatic circulation and regeneration of gonads and ovaries</td>
</tr>
<tr>
<td>Humulus lupulus</td>
<td>relaxation</td>
</tr>
<tr>
<td>Placenta:</td>
<td>hormone regulation and regeneration</td>
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<tr>
<td>Hypothalamus:</td>
<td>hormone regulation and regeneration</td>
</tr>
<tr>
<td>Glandula thyreoidea:</td>
<td>metabolic regulation and regeneration</td>
</tr>
<tr>
<td>Thymus:</td>
<td>immuno-hormonal regulation and regeneration</td>
</tr>
<tr>
<td>Splen:</td>
<td>regeneration of the spleen</td>
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<tr>
<td>Ovarium:</td>
<td>regeneration of the ovaries</td>
</tr>
<tr>
<td>Progesteron:</td>
<td>hormone regulation and regeneration</td>
</tr>
<tr>
<td>Oestrogen:</td>
<td>hormone regulation and regeneration</td>
</tr>
<tr>
<td>Glandulae suprarenales:</td>
<td>regulation and regeneration of the adrenal glands</td>
</tr>
<tr>
<td>Insulin:</td>
<td>regulation of the metabolism of sugar</td>
</tr>
<tr>
<td>Pulsatilla:</td>
<td>emotional and neuro-hormonal effects</td>
</tr>
<tr>
<td>Sepia:</td>
<td>hormone regulation</td>
</tr>
<tr>
<td>Acidum hydrofluoricum:</td>
<td>regeneration of the connective tissue and skin</td>
</tr>
<tr>
<td>Uterus:</td>
<td>regeneration of the uterus</td>
</tr>
<tr>
<td>Conium:</td>
<td>prophylaxis of malignancies in the breasts and uterus</td>
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**Posology:**

15 drops, 3 times a day, at least several minutes before or after meals. Combine with **Endotox No. 14 (Thymus)** and **Endocrinotox No. 18 (Uterus)**.
**LEFT OVARY**

**Indications:**

All disorders of the left half of the body, as well as inflammatory pains or disorders of the left ovary and general neuroendocrine regulation disorders.

If the test is positive for male patients, this indicates the following:
1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs, or
5. problems in the left part of the body

**Composition:**

- Glycyrrhiza glabra TM
- Capsicum annum TM/D6
- Hydrastis D1
- Placenta 4CH
- Hypothalamus 7CH
- Hypophysis 7CH
- Thyreoidea 7CH
- Splen 7CH
- Ovarium 7CH
- Viscum album D1

- Oestrogen 7CH
- Conium D9/D12
- Argentum metallicum D12
- Thuja occidentalis D3
- Lachesis D9/D12/D15
- Medorrhinum 9CH
- Naja tripudians D9
- Platinum metallicum D12
- Progesteron 7CH
Pharmacological notes:

Glycyrrhiza glabra: effective for hormone regulation and the metabolism of sugars, in general
Capsicum annum: for pain and hypersensitivity
Hydrastis: effective on the immune system, antiseptic
Placenta: regeneration of all tissues
Hypothalamus: hormone regulation and general regeneration
Hypophysis: hormone regulation and regeneration
Thyreoida: hormone regulation and regeneration of the thyroid
Splen: regeneration of the spleen
Ovarium: hormone regulation and regeneration of ovaries
Progesteron: hormone regulation and regeneration
Oestrogen: hormone regulation and regeneration
Conium: effective in the treatment of all tumours and premalignancies in women
Argentum metallicum: pain in the left ovary
Vespa crabro: irritation of the left ovary
Thuja occidentalis: pain in the left ovary
Lachesis: homeopathic remedy for the left side
Medorrhinum: increasing pain in the left ovary
Naja tripudians: neuralgia of the left ovary
Platinum metallicum: general endocrine regulation
Viscum album: general action on the immune system, also effective for the treatment of tumours

Posology:

15 drops, 3 times a day, at least several minutes before or after meals.
Combine with Endocrinotox No. 3 (general female regulation).
For Premenstrual Syndrome: Endocrinotox No. 1 (PMS).
For stress: Detox No. 17 (Stress)
**INDICATIONS:**

All disorders affecting the right side of the body and/or the right ovary, as well as pain and inflammation. General neuroendocrine regulation disorders as well.

If a male patient has a positive bioenergy test, this indicates the following:

1. emotional or endocrine stress, or
2. biorhythm disorders, or
3. gonad premalignancies, or
4. the use of suppressive drugs, or
5. problems with the right side of the body

**COMPOSITION:**

- Capsicum annuum TM
- Echinacea angustifolia TM
- Chelidonium D1
- Hypothalamus 7CH
- Hypophysis 7CH
- Thyreoidea 7CH
- Placenta 4CH
- Hepar 7CH
- Ovarium 7CH
- Progesteron 7CH
- Argentum nitricum D9
- Conium D9/D12
- Zinicum valerianicum D6
- Hedeoma D4
- Lycopodium D4/D6/D9
- Palladium D12
- Sepia D4
- Pulsatilla D6
- Lilium tigrinum D3
- Oestrogen 7CH
**Pharmacological notes:**

Capsicum annuum: for pain and hypersensitivity
Echinacea angustifolia acts on the immune system
Chelidonium: acts on the liver and on the right side of the body
Hypothalamus: hormone regulation and regeneration
Hypophysis: hormone regulation and regeneration
Glandula thyreoidea: hormone regulation and regeneration of the metabolism
Placenta: regeneration of all tissues
Hepar: dominant organ of the right side
Ovarium: hormone regulation and regeneration of the menstrual cycle
Progesteron: hormone regulation and regeneration
Oestrogen: hormone regulation and regeneration of the menstrual cycle
Conium: preventive action against premalignancies and benign tumours
Zincum valerianicum: calming action for stress and spasms
Apis mellifica: acts on the right ovary and the right side of the body and on water retention
Hedeoma: acts on the ovaries
Lycopodium: acts on the liver and the right side of the body, detoxification
Palladium: irritation of the right ovary
Sepia: hormone regulation and regeneration of the menstrual cycle
Pulsatilla: hormone regulation and regeneration of the menstrual cycle
Lilium tigrinum: action on the neuroendocrine system
Argentum nitricum: action on the metabolism of sugars

**Posology:**

15 drops, 3 times a day, at least several minutes before or after meals. Combine with Endocrinotox No. 3 (General female regulation).
If inflammation occurs add: Detox No. 8 (Immune power).
For Premenstrual Syndrome: Endocrinotox No. 1 (PMS).
For stress: Detox No. 17 (Stress).
Indications:

Stress to the neuroendocrine system: we can always find evidence of stress to the regulatory systems of the pituitary gland and the Hypothalamus. This remedy is indicated in the treatment of all neuroendocrine disorders, as well as the pituitary endocrine type. The therapy should last at least three months so as to obtain a regenerative effect on the glands. The pituitary gland plays a dominant role in the pituitary endocrine type. One can see that their build resembles that of a child. The head is usually larger than normal and there is an accumulation of fat all over the body.

They generally prefer dairy products and fruit. This endocrine type is particularly sensitive to stress, is easily distracted, has a tendency towards irritability and is susceptible to allergies. The various endocrine types are often confused as it is difficult to identify the exact constitutional symptoms. However, it is generally easy to recognise this particular endocrine type.

Other indications include:
General disorders or dysfunctions of the neuroendocrine system – it can be used for all endocrine types to help regulate the endocrine system.

Composition:

Aesculus hippocast. Gemmae D1
Pinus sylvestris D1

Aloe D1
Hypophysis 4CH/7CH/9CH/12/CH/15CH
Thyreoida 7CH
Hypothalamus 7CH
Barium muriaticum D4
Ammonium muriaticum D4
Pancreas 7CH

Antimonium crudum D8
Calcium carbonicum D9/D12/D15/D30
Carbo vegetabilis D9
Cina D3
Kreosotum D6
Lac caninum D6/D9/D12
Pulsatilla D12
Sepia D9/D12/D30
Hepar 7CH
Pharmacological notes:

Aesculus hippocast. gemmae: effective treatment for depression and irritability
Pinus sylvestris: general drainage of the lymph
Aloe: acts on the lymphatic circulation
Hypophysis: regeneration of the pituitary gland
Thyreoidae: basal metabolism
Hypothalamus: correlation with the pituitary gland
Barium muriaticum: acts on hormone synthesis
Ammonium muriaticum: poor functioning of the pituitary gland
Antimonium crudum: tendency towards obesity
Calcium carbonicum: Pituitary constitution
Carbo vegetabilis: Pituitary constitution
Cina: scrofulous type
Kreosotum: acts on endocrine regulation in general
Lac caninum: according to INTEGRA, acts on the pituitary gland and Hypothalamus
Pulsatilla: Pituitary constitution
Sepia: regulation of the endocrine system in general
Pancreas: regeneration of the pancreas
Hepar: regeneration of the liver

Posology:

15 drops, 3 times a day, several minutes before or after meals.
10 drops should also be taken before bedtime (this remedy is more effective at nighttime).
Combine with Endocrinotox No. 2 (general male regulation) or Endocrinotox No. 3 (general female regulation).
ENOCRINOTOX
No. 7

DISCONTINUED

MALE GONAD ENDOCRINE TYPE

Indications:

All the symptoms connected with male gonad function such as virility, libido, energy levels and emotional stress.

It is also indicated in the treatment of fibromas, tumours, gonad cysts, and hypertrophy of the prostate. Other characteristics are outlined in the description of the Gonad Endocrine type. Constitutional therapy should be administered for at least three months. This type is more common in women and is more difficult to identify in men. Testosterone plays a key role. This endocrine type display increased fat around the hips and very little fat on the upper body. Their energy curve is stable and remains at even levels throughout the day. They easily become irritable when under stress.

If female patients have a positive test result, this indicates:
1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs, or
5. problems with fibromas in the uterus and breasts.

Composition:

Aurum natronatum muriaticum D4/D9/D12
Antimonium crudum D8
Apis mellifica D6
Sequoia gigantea gemmae D1
Populus tremuloides D1
Sabal serrulata D1
Lachesis D9
Crataegus oxyacantha gemmae D1
Agnus castus D2

Conium D6/D9/D12
Nux vomica D6/D9/D12
Ribes nigrum D1
Testosterone propionate 7CH
Testis 7CH
Hypophysis 7CH
Thyreoida 7CH
Castor equi D4
Passiflora incarnata TM
Pharmacological notes:

Aurum natronatum muriaticum: Hypertrophy of the prostate, arteriosclerosis
Antimonium crudum: tendency towards obesity
Apis mellifica: effective for the kidneys and adrenal glands
Sequoia gigantea gemmae: lymphatic drainage of the pelvic area
Populus tremuloides: effective on benign tumours and the prostate
Sabal serrulata: effective on the urogenital organs
Lachesis: effective on the neuroendocrine system
Castor equi: acts on hormone regulation
Agnus castus: libido and energy levels
Chimaphila umbellata: lymphatic drainage, gonads and prostate
Conium: acts on premalignancies and soft tissue traumatic incidents
Nux vomica: anti-stress remedy
Ribes nigrum: regeneration and stimulation of the adrenal glands, lymphatic drainage
Testosterone propionate: regulation of male hormones
Testis: regulation of the gonads
Hypophysis: neuroendocrine regulation
Thyreoida: metabolism
Crataegus oxyacantha gemmae: stimulates the circulation
Passiflora incarnate: sedative and calming effect
Glycyrrhiza glabra: acts on Hypoglycaemia and the pancreas

Posology:

15 drops, 3 times a day, several minutes before or after meals.
10 drops should also be taken before bedtime (its regulatory activity is at its most effective at night).
Combine with Endocrinotox No. 2 (General male regulation) and Endocrinotox No. 21 (Prostate).
**FEMALE GONAD ENDOCRINE TYPE**

**Indications:**

All disorders of the female endocrine system, such as libido, energy levels and emotional stress.

It is also effective for fibrosis, tumours, gonad cysts, myomas of the uterus and premalignancy. The therapy should also last at least three months for the gonad endocrine type. This endocrine type can easily be identified in women. The gonads (ovaries) play a dominant role. They have increased fat around the hips and very little fat on the upper body. They prefer fatty, creamy, and strongly-flavoured foods or salads and fruit. Their energy curve is stable and remains at even levels throughout the day. They become a little irritable when under stress.

A positive bioenergy test result for men indicates the following:

1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs, or
5. prostate problems (benign or malignant)

**Composition:**

- Aurum natronatum muriaticum D4/D9/D12
- Antimonium crudum D8
- Cimicifuga D3
- Palladium metallicum D9
- Apis mellifica D6
- Lilium tigrinum D3
- Sequoia gigantea gemmae D1
- Helonias dioica D4
- Lachesis D6
- Sepia D9/D12/D30
- Castor equi D4
- Hieracium pilosella TM
- Conium D6/D9/D12
- Hypophysis 7CH
- Ribes nigrum gemmae D1
- Thyreoidea 7CH
- Fucus vesiculosus D1
- Ovarium 7CH
- Caulophyllum D3
- Uterus 7CH
Pharmacological notes:

Aurum natronatum muriaticum: Myomas of the uterus, arteriosclerosis
Antimonium crudum: tendency towards obesity
Apis mellifica: active on kidneys, adrenal glands and right ovary
Sequoia gigantea gemmae: lymphatic drainage of the pelvic area
Lachesis: active on the neuroendocrine system and the left ovary
Castor equi: acts on the hormone system
Conium: Premalignancy and traumas of the gonads and breasts
Ribes nigrum gemmae: regeneration of the adrenal glands, stress
Fucus vesiculosus: regulation of the metabolism of fats
Caulophyllum: active on the uterus
Cimicifuga: neuroendocrine regulation
Palladium metallicum: neuroendocrine regulation
Lilium tigrinum: active on the uterus
Helonias dioica: lymphatic drainage of the pelvic area
Sepia: neuroendocrine regulation
Hieracium pilosella: drainage of the kidneys
Hypophysis: neuroendocrine regulation
Thyreoida: metabolism
Ovarium: neuroendocrine regulation
Uterus: regeneration of the uterus

Posology:

10 drops, 3 times a day, several minutes before or after meals.
10 drops before bedtime (it is more effective during sleep).
Combine with Endocrinotox No. 2 (General female regulation) and other female remedies required by the therapeutic guidelines.
ADRENAL GLANDS

Indications:

It is indicated in the treatment of all adrenal insufficiencies and as a support therapy for treatment with steroids and insulin (allopathic prescriptions with suppressive effects). It is also suitable for heavy physical activity, sport, chronic and acute stress, chronic and acute diseases, depression and allopathic therapies.

It is indicated for adrenal endocrine types (in this case, prescribe a minimum treatment period of 4-6 months).

The adrenal glands need a long time to regenerate themselves. They play a dominant role in hormone balance. Anyone classified as an “adrenal” endocrine type has a muscular and strong build, with a tendency towards a “beer belly”. They prefer meat, potatoes and eggs. They are extremely sensitive to stress and irritable. When under stress they have a great need for dairy products. They are predisposed to heart disorders and diabetes.

Composition:

Agnus castus D2
Adrenalinum D6/D12
Arnica D1
Conium D12
Nux vomica D6/D9/D12
Kalium phosphoricum D6/D12
Guarana D2
Strontium carbonicum D9
Glandula suprarenalis 7CH
Glycyrrhiza glabra D1
Ginseng D1
Eleutherococcus TM
Quercus pedunculata gemmae D1
Ribes nigrum gemmae D1
Testosterone propionate 7CH
Crataegus oxyacantha gemmae D1
Tilia tomentosa gemmae D1
Chininum arsenicosum D6/D9
Pharmacological notes:

Agnus castus: libido and energy levels
Adrenalinum: stress to the adrenal glands
Ribes nigrum gemmae: regeneration of the adrenal gland
Testosterone propionate: general neuroendocrine regulation
Crataeagus oxyacantha gemmae: circulation and stress to the heart
Glycyrrhiza glabra: Hypoglycaemia and stress to the liver
Arnica: for acute stress, trauma or severe physical stress
Conium: chronic fatigue, adrenal endocrine type
Nux vomica: adrenal constitution
Ginseng: adrenal insufficiency
Eleutherooccus: adrenal insufficiency
Quercus pedunculata gemmae: adrenal insufficiency
Kalium phosphoricum: adrenal insufficiency which often leads to viral infections
Guarana: adrenal insufficiency
Strontium carbonicum: post-operative shock and stress, adrenal insufficiency
Tilia tomentosa gemmae: adrenal insufficiency
Glandula suprarenalis: adrenal insufficiency
Chininum arsenicosum: adrenal insufficiency

Posology:

15 drops, 3 times a day, several minutes before or after meals. Combine with Detox No. 17 (Stress) and Endotox No. 14 (Thymus). For tiredness and when a energy boost is needed, increase the dose to 10 drops every hour.
**HYPOTHYROID**

**Indications:**

All disorders due to subclinical weakness of the thyroid.

It is also suitable for feelings of cold, hypotension, scanty or missed menstruation. Overwhelming need for sleep, intolerance to cold, susceptibility to contracting colds, tendency towards lethargy, fatigue, obesity and nervous exhaustion.

It is also effective for use with thyroid endocrine types.

The thyroid plays a dominant role in this endocrine type. They are usually tall, with long limbs and fat around the middle of the body. They generally prefer proteins, sugar and caffeine. This endocrine type are able to work extremely intensely for long periods of time, then periods of fatigue take over. Under stress, they tend to become irritable and prefer bread and eggs.

They have a predisposition towards influenza, colitis and allergies.

**Composition:**

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Strength</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fucus vesiculosus TM</td>
<td></td>
</tr>
<tr>
<td>Iodum D4</td>
<td></td>
</tr>
<tr>
<td>Calcium Iodatum D4/D6/D9</td>
<td></td>
</tr>
<tr>
<td>Calcium silicicum D9/D12</td>
<td></td>
</tr>
<tr>
<td>Alfalfa (Medicago Sativa) TM</td>
<td></td>
</tr>
<tr>
<td>Alnus glutinosa gemmac D1</td>
<td></td>
</tr>
<tr>
<td>Alumen D8</td>
<td></td>
</tr>
<tr>
<td>Avena sativa TM</td>
<td></td>
</tr>
<tr>
<td>Ammonium carbonicum D6</td>
<td></td>
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<tr>
<td>Badiaga D2</td>
<td></td>
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<tr>
<td>Spongia D2</td>
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<tr>
<td>Graphites D9</td>
<td></td>
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<tr>
<td>Calcium carbonicum D12</td>
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<tr>
<td>Kalium carbonicum D12</td>
<td></td>
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<tr>
<td>Solidago virgaurea D1</td>
<td></td>
</tr>
<tr>
<td>Crataegus oxyacantha gemmae D1</td>
<td></td>
</tr>
<tr>
<td>Digitalis D9</td>
<td></td>
</tr>
<tr>
<td>Convallaria majalis D4</td>
<td></td>
</tr>
<tr>
<td>Thyreoidea 4CH</td>
<td></td>
</tr>
<tr>
<td>Hieracium pilosella TM</td>
<td></td>
</tr>
</tbody>
</table>
Pharmacological notes:

Fucus vesiculosus: regulation of the thyroid
Iodum: Hypofunction of the thyroid and pituitary gland
Calcium Iodatum: regulation of the thyroid
Calcium silicicum: regulation of the thyroid
Alfalfa (Medicago Sativa): for fatigue and slowed metabolism
Alnus glutinosa gemmae: struma
Alumen: hardening of the lymph glands
Avena sativa: neuro-activation and stimulation
Ammonium carbonicum: general weakness and slowed metabolism
Badiaga: regulation of the thyroid
Spongia: regulation of the thyroid
Graphites: regulation of the thyroid
Calcium carbonicum: Hypofunction of the thyroid and pituitary gland
Kalium carbonicum: Hypofunction of the thyroid and pituitary gland
Solidago virgaurea: drainage of the kidneys
Crataegus oxyacantha gemmae: circulation
Digitalis: stimulation of the heart
Convallaria majalis; activator of the heart and thyroid
Thyroidea: Hypofunction of the thyroid and pituitary gland
Hieracium pilosella: drainage of the kidneys

Posology:

15 drops, 3 times a day, several minutes before or after meals.
Combine with Endotox No. 8 (Hypometabolic) and Endocrinotox No. 6 (Pituitary gland).
HYPERTHYROID

Indications:

All disorders due to subclinical hyperfunctions of the thyroid. It is also suitable for accelerated metabolism, Hypertension, Hyperhidrosis, diarrhoea, insomnia, intolerance to heat, allergies and nervous overstimulation.

It is also indicated for thyroid endocrine types. The thyroid also plays a dominant role in this endocrine type. They are generally tall with long limbs and are extremely thin. They have a good appetite and prefer proteins, sugar and coffee. This endocrine type can work intensely for long periods of time, then they have periods of fatigue. Under stress, they have a tendency to become irritable and prefer bread and eggs. They are sensitive to cold and have a predisposition towards influenza, colitis and allergies.

Composition:

Iodum D12/D30
Ficus carica gemmae D1
Passiflora incarnata TM
Arsenum iodatum D9
Calcium fluoratum D12
Fucus vesiculosus D15
Badiaga D12/D15
Spongia D15
Kalium carbonicum D6

Thyreoida D15/D30
Pilocarpus D4
Nux vomica D12
Humulus lupulus TM
Bromum D9
Anacardium D9
Phosphorus D12
Ignatia D4
Zincum valerianicum D5
Pharmacological notes:

Iodum: General effect on the thyroid metabolism
Ficus carica gemmae: general calming effect
Passiflora incarnata: general calming effect
Arsenium iodatum: hyperfunction of the thyroid
Calcium fluoratum: hardening of the thyroid gland and the lymph glands
Fucus vesiculosus: at this potency, it has a calming effect on the metabolism
Badiaga: calming effect on the metabolism
Spongia: calming effect on the metabolism
Kalium carbonicum: profound effect on thyroid disorders
Thyreoida: calming effect on the metabolism
Pilocarpus: Hyperthyroidism
Nux vomica: nervous overload
Humulus lupulus: calming effect on the metabolism
Bromum: general neuroendocrine regulation
Anacardium: neurasthenia
Phosphorus: acts on the liver and neuroendocrine regulation
Ignatia: nervous depression
Zincum valerianicum: excessive stimulation and insomnia

Posology:

10 drops, 3 times a day, several minutes before or after meals.
10 drops before bedtime (more effective).
Combine with Endocrinotox No. 3 and No. 2 (general male and female regulation) and Endotox No. 7 (Hypermetabolic).
Indications:

Remedy for women who present with too short a cycle and other menstrual disorders at the anamnesis.

This remedy is therapeutically effective on the neuroendocrine system in general. A bioenergy test illustrated that this remedy can also be effective in treating a large number of other disorders which may or may not be directly related to the menstrual cycle. In cases where this remedy proves suitable for men or women with symptoms that do not relate to the remedy, the cause is biological clock or biorhythm disorders. This means that the remedy can also be effective for treating men in this situation.

Composition:

Asarum europea D2          Magnesium sulphuricum D6
Arsenicum album D9          Natrum phosphoricum D9
Aletris farinosa D3          Acidum muriaticum D6
Arundo D3                  Bufo D9
Baptisia D3                Hypophysis 7CH
Bromum D9                  Ovarium 7CH
Carbo vegetabilis D8         Sepia D12
Coccus cacti D4            Zincum valerianicum D6
Ferrum metallicum D9       Vinca minor D1
Helonias dioica D4              China regia (Cinchona officinalis) D4
Pharmacological notes:

Asarum europaeum: premature menstruation with fluor albus
Arsenicum album: regulation of the biological clock
Aletris farinosa: acts on the pituitary gland, menstruation and asthenia
Arundo: premature menstruation
Baptisia: infections and premature menstruation, mental stress
Bromum: neuroendocrine regulation
Carbo vegetabilis: acts on the pituitary gland and the ovaries
Coccus cacti: urogenital disorders and premature menstruation
Ferrum metallicum: short cycle with general weakness
Helonias dioica: nervous dysregulation of the biological clock
Magnesium sulphuricum: irregular menstruation
Natrum phosphoricum: infertility, short cycle
Acidum muriaticum: fatigue and asthenia in a short cycle
Bufo: neuroendocrine regulation
Hypophysis: neuroendocrine regulation
Ovarium: neuroendocrine regulation
Sepia: neuroendocrine regulation
Zincum valerianicum: irritability due to a short cycle
Vinca minor: short cycle
China regia (Cinchona officinalis): debilitated states

Posology:

10 drops, 3 times a day, several minutes before or after meals.
10 drops before bedtime (more effective).
Combine with Endocrinotox No. 14 (Cycloregular) and Endocrinotox No. 11 (Hyperthyroid)
**CYCLOMETRO**

**Indications:**

For heavy menstruation and other menstrual disorders.

It has a therapeutic effect on the entire neuroendocrine system.

Bioenergy tests show that this remedy can also be effective in the treatment of other disorders, not necessarily linked to the symptoms of heavy menstruation.

When this occurs it is due to biological clock or biorhythm disorders. This means that the remedy can also be used to treat men in this situation.

It is also indicated in the treatment of coagulation defects or plateletopenia.

**Composition:**

<table>
<thead>
<tr>
<th>Thlaspi bursa pastoris TM</th>
<th>Glycerinum D4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fraxinus Americana D1</td>
<td>Sequoia gigantea gemmae D1</td>
</tr>
<tr>
<td>Momordica balsamina 1CH</td>
<td>Carbo vegetabilis D8</td>
</tr>
<tr>
<td>Vinca minor D1</td>
<td>Cinnamomum D4</td>
</tr>
<tr>
<td>Citrus vulgaris gemmae D1</td>
<td>Ferrum metallicum D9</td>
</tr>
<tr>
<td>Millefolium TM</td>
<td>Hypophysis 7CH</td>
</tr>
<tr>
<td>Crocus sativa D2</td>
<td>Splen 7CH</td>
</tr>
<tr>
<td>Geranium maculatum D1</td>
<td>Sepia D12</td>
</tr>
<tr>
<td>Glycyrrhiza glabra D1</td>
<td>Lilium tigrinum D4</td>
</tr>
</tbody>
</table>
Pharmacological notes:

- **Thlaspi bursa pastoris:** when someone is bleeding heavily
- **Fraxinus Americana:** drainage of the spleen
- **Momordica balsamina:** heavy menstruation with back pain
- **Vinca minor:** passive hemorrhage of the uterus
- **Citrus vulgaris gemmae:** clotting
- **Millefolium:** bleeding and clotting defects
- **Crocus sativa:** bleeding and clotting defects
- **Geranium maculatum:** hemorrhages
- **Glycerinum:** long-lasting menstruation
- **Sequoia gigantea gemmae:** drainage of the pelvic area
- **Carbo vegetabilis:** acts on the muscles of the uterus
- **Cinnamomum:** bleeding and clotting defects
- **Ferrum metallicum:** bleeding and clotting defects
- **Hypophysis:** neuroendocrine disorders
- **Splen:** regeneration of the spleen
- **Sepia:** neuroendocrine disorders
- **Glycyrrhiza glabra:** Hypoglycaemia and stress of the liver
- **Lilium tigrinum:** acts on the uterus

Posology:

- 10 drops, 3 times a day, several minutes before or after meals.
- 10 drops before bedtime.
- In acute stages: 10 drops every half an hour.
- Combine with **Endocrinotox No. 25 (Neuroimmuno)** and **Endocrinotox No. 19 (uterus).**
Indications:

Irregular menstruation and other disorders of the menstrual cycle. It has a therapeutic effect on the neuroendocrine system. The bioenergy test illustrates how this remedy can also be effective for many other disorders, not necessarily connected to the symptoms of heavy menstruation. When this occurs, they are usually biological clock and biorhythm disorders. In this case the remedy can be effective for treating men as well. It is also indicated in the treatment of emotional stress.

Composition:

Passiflora incarnata TM          Hypophysis 7CH/20CH
Lac caninum D6/D9/D12          Thyreoidea 7CH
Nux moschata D9                  Ovarium 7CH/30CH
Nux vomica D9                   Melaninum 7CH
Physostigma venenomous D6       Phosphorus D10/D15
Tuberculinum 9CH                    Zincum valerianicum D6
**Pharmacological notes:**

Passiflora incarnate: calming, acts against stress  
Lac caninum: irregular cycle  
Nux moschata: irregular cycle, caused by stress  
Nux vomica: irregular cycle, caused by stress  
Physostigma venenosum: irregular menstruation with palpitations and irritability  
Sepia: stress caused by irregular cycle  
Tuberculinum: irregular menstruation and delayed puberty  
Hypophysis: regulation of the neuroendocrine system  
Thyreoida: general metabolism  
Ovarium: disorders due to dysfunction of the ovaries  
Melaninum: effective regulator of biorhythm, acts against depression and disorders affecting anyone who rapidly changes time zone  
Phosphorus: irregularity due to nervous overstimulation of the liver  
Pulsatilla: irregularity due to nervous overstimulation and emotional stress  
Zincum valerianicum: irregularity due to nervous overstimulation and anxiety

**Posology:**

10 drops, 3 times a day, several minutes before or after meals.  
10 drops before bedtime.  
Combine with [Detox No. 17 (Stress)] and [Endocrinotox No. 6 (Pituitary gland)].
CYCLOSTIM

Indications:

Effective on short cycles or scanty menstruation. It is also suitable when the menstrual cycle has been suppressed.

It has a therapeutic effect on the whole neuroendocrine system. The bioenergy test illustrates how this remedy can also be effective for many other disorders, not necessarily connected to symptoms from the absence of menstruation. When this occurs it indicates that there are disorders of the biological clock and biorhythm due to allopathic and emotional suppression of the endocrine system. This also means that the remedy can be extremely effective for treating men.

Composition:

Arnica D1  Castoreum D9
Dulcamara D3 Mangifera indica D2
Hypophysis 4CH  Cimex lecturalis D9
Ovarium 4CH  Mercurialis D9
Oestrogen 7CH  Polygonum D6
Progesteron 7CH  Pulsatilla D9/D12/D30
**Testosterone propionate** 12CH  Phosphorus D12
Lilium tigrinum D4  Ferrum Iodatum D9
Crotalus Horridus D6  Natrum muriaticum D9/D12/D30
Glycyrrhiza glabra D1
Pharmacological notes:

Arnica: physical stress, traumatic effects
Castoreum: amenorrhoea
Mangifera indica: amenorrhoea
Cimex lectularis: amenorrhoea caused by stress
Mercurialis: amenorrhoea caused by dysfunction of the pituitary gland
Polygonum: amenorrhoea caused by ovarian dysfunction
Pulsatilla: amenorrhoea caused by emotional stress
Phosphorus: amenorrhoea caused by overstimulation
Ferrum Iodatum: amenorrhoea caused by biorhythm disorders
Natrum muriaticum: amenorrhoea caused by emotional stress
Dulcamara: amenorrhoea caused by adrenal dysfunctions
Hypophysis: neuroendocrine regulation
Ovarium: ovarian dysfunctions
Oestrogen: amenorrhoea caused by hormonal disorders
Progesteron: amenorrhoea caused by hormonal disorders
Testosterone propionate: amenorrhoea caused by hormonal disorders
Lilium tigrinum: acts on the uterus
Crotalus Horridus: neuroendocrine regulation of the pituitary gland
Glycyrrhiza glabra: Hypoglycaemia and stress of the liver

Posology:

10 drops, 3 times a day, several minutes before or after meals.
10 drops before bedtime.
Combine with Endocrinotox No. 3 (general female regulation) and Endocrinotox No. 10 (Hypothyroid).
Indications:

Going into the menopause or cycle problems during the menopause can cause symptoms such as widespread sweating, hot flashes, irritability, anxiety, and irregular or no menstruation.

This remedy has a therapeutic effect on the whole neuroendocrine system. The bioenergy test illustrates how this remedy can also be effective for many other disorders, not necessarily connected to menopausal symptoms.

When this occurs, it is as a result of biological clock (the period in which the organs are active according the theories of acupuncture) and biorhythm disorders. In particular this is linked to the disorders caused by aging.

This means that the remedy is also effective for treating men.

Composition:

<table>
<thead>
<tr>
<th>Gingko biloba TM</th>
<th>Physostigma venenosum D6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hamamelis TM</td>
<td>Argentum nitricum D6</td>
</tr>
<tr>
<td>Capsicum D4</td>
<td>Carcinominum D9/D12/D15</td>
</tr>
<tr>
<td>Ovarium D8</td>
<td>Conium D6</td>
</tr>
<tr>
<td>Trillium pendulum D3</td>
<td>Placenta 4CH</td>
</tr>
<tr>
<td></td>
<td>muriaticum D6</td>
</tr>
<tr>
<td>Lachesis D6/D9/D15</td>
<td><strong>Testosterone propionate</strong> 7CH</td>
</tr>
<tr>
<td>Pulsatilla D4/D9</td>
<td>Progesteron 7CH</td>
</tr>
<tr>
<td>Sumbulus moschatus D4</td>
<td>Hypophysis cerebri 4CH</td>
</tr>
<tr>
<td>Thlaspi bursa pastoris TM</td>
<td>Oophorinum D7</td>
</tr>
</tbody>
</table>
Pharmacological notes:

Gingko biloba: cerebral circulation and arteriosclerosis
Hamamelis: venous circulation and varicose veins
Capsicum: climacterium, menopause
Ovarium: ovarian dysfunctions
Trillium pendulum: climacterium, menopause
Sepia: neuroendocrine regulation
Lachesis: climacterium, menopause
Pulsatilla: climacterium due to irritability and emotional stress
Sumbulus moschatus: climacterium and irregular menstruation
Hypophysis cerebri: neuroendocrine regulation
Thlaspi bursa pastoris: climacterium with heavy losses
Physostigma venenosum: irregular menstruation during climacterium
Argentum nitricum: Hypoglycaemia
Carcinominum: prevention of premalignancies
Conium: prevention of mammary malignancies
Placenta: regeneration and general rejuvenation
Aurum natronatum muriaticum: prevention of fibromas of the uterus
**Testosterone propionate:** often indicated for hot flashes
**Progesteron:** often indicated for climacterium disorders
Oophorinum: reduction in ovarian function during the menopause

Posology:

10 drops, 4 times a day, several minutes before or after meals.
10 drops before bedtime.
Combine with **Endocrinotox No. 3 (General female regulation)** and **Endocrinotox No. 23 (Regeneration).**
Endocrinotox
No. 17

Cycloclim

Indications:

For menopausal and menstrual cycle disorders.

This remedy may also be indicated when there are no menopausal symptoms such as: widespread sweating, hot flashes, irritability, anxiety, irregular or no menstruation.

This remedy has a therapeutic effect on the whole neuroendocrine axis.

The bioenergy test illustrates how this remedy can also be effective for many other disorders, not necessarily connected to menopausal symptoms. When this is the case, it is as a result of biological clock (the period in which the organs are active according the theories of acupuncture) and biorhythm disorders. In particular this is linked to the disorders caused by aging.

In many cases this remedy can also be an extremely effective treatment for men.

It is indicated in the treatment of premature aging, stress and biological clock disorders.

Composition:

Sequoia gigantea gemmae D1
Fraxinus americana D1
Acidum boricum D5
Manganum aceticum D6
Hepar sulphuris D8
Oophorinum D4
Sumbul D3
Amylum nitrosum D6
Lachesis D6/D9/D12
Ovarium 4CH
Thyreoidea 7CH
Calcium Iodatum D9
Testosterone propionate
4CH
Kreosotum D4
Lac caninum D6/D9/D12
Magnesium carbonicum D8

Progesteron 7CH
Oestrogen 7CH
Sanguinaria D4

**Pharmacological notes:**

Sequoia gigantea gemmae: lymphatic drainage of the adrenal glands and pelvic area
Fraxinus Americana: lymphatic drainage of the adrenal glands and pelvic area
Acidum boricum: climacterium flushes
Manganum aceticum: climacterium flushes
Hepar sulphuris: neuroimmunological stimulation
Oophorinum: reduction in ovarian function during the menopause
Sumbul: acts on the uterus and ovaries
Kreosotum: neuroendocrine regulation
Lac caninum: acts on depression during climacterium
Magnesium carbonicum: drainage of the uterus and pelvic area
Amylium nitrosum: hot flashes, hyperhidrosis, headaches during the menopause
Sepia: neuroendocrine regulation
Lachesis: acts on depression during climacterium
Ovarium: general regeneration and ovarian dysfunction
Thyroidea: metabolism and prevention of tumours
Calcium Iodatum: hot flashes during climacterium
**Testosterone propionate:**
Progesteron: neuroendocrine regulation
Oestrogen: neuroendocrine regulation
Sanguinaria: hot flashes, climacterium, headaches (particularly on the right side)
**Posology:**

10 drops, 4 times a day, several minutes before or after meals.
10 drops before bedtime.
Combine with **Endocrinotox No. 3 (General female regulation)** and **Endocrinotox No. 23 (Regeneration).**
**CYCLODYSMENO**

**Indications:**

For all pain before or during menstruation, cramps, feelings of bloatedness in the stomach.

It is also an effective treatment for other disorders such as stress, pain and tension.

It is effective for men who present with stress, pain, hemicrania, flatulence and other symptoms. It is also indicated in the treatment of asthma and anxiety.

**Composition:**

- Caulophyllum D1
- Camomile TM
- Viburnum opulus TM
- Apis mellifica D6/D9/D12
- Apium graveolens D1
- Cactus 3CH
- Collinsonia Canadensis D4
- Cerium oxalaceticum D6
- Glycyrrhiza glabra D1
- Crotalus horridus D9/D12
- Cuprum metallicum D10/D12/D15
- Magnesium phosphoricum D8/D10
- Melilotus officinalis D1
- Secale cornutum D4
- Lilium tigrinum D4
- Cocculus D4
- Colocynthis D6
**Pharmacological notes:**

<table>
<thead>
<tr>
<th>Medication</th>
<th>Effect</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caulophyllum</td>
<td>painful menstruation with cramps</td>
</tr>
<tr>
<td>Camomile</td>
<td>sensitivity to pain</td>
</tr>
<tr>
<td>Viburnum opulus</td>
<td>dysmenorrhoea</td>
</tr>
<tr>
<td>Apis mellifica</td>
<td>right ovarian region</td>
</tr>
<tr>
<td>Apium graveolens</td>
<td>pain with water retention</td>
</tr>
<tr>
<td>Cactus</td>
<td>pain with emotional stress</td>
</tr>
<tr>
<td>Collinsonia Canadensis</td>
<td>cramps before and after menstruation</td>
</tr>
<tr>
<td>Cocculus</td>
<td>extremely violent cramps with bleeding</td>
</tr>
<tr>
<td>Cerium oxalaceticum</td>
<td>neuroendocrine effect on the thalamus and hypothalamus</td>
</tr>
<tr>
<td>Cuprum metallicum</td>
<td>cramps and spasms</td>
</tr>
<tr>
<td>Colocynthis</td>
<td>Sudden cramps, colic that improves with warmth and pressure</td>
</tr>
<tr>
<td>Crotalus horridus</td>
<td>neuroendocrine regulation of the pituitary gland</td>
</tr>
<tr>
<td>Magnesium phosphoricum</td>
<td>cramps</td>
</tr>
<tr>
<td>Melilotus officinalis</td>
<td>sedative for spasms</td>
</tr>
<tr>
<td>Secale cornutum</td>
<td>cramps</td>
</tr>
<tr>
<td>Lilium tigrinum</td>
<td>acts on the uterus</td>
</tr>
<tr>
<td>Glycyrrhiza glabra</td>
<td>Hypoglycaemia and stress of the liver</td>
</tr>
</tbody>
</table>

**Posology:**

10 drops, 4 times a day, several minutes before or after meals.
10 drops before bedtime.
5 drops every hour if the patient has extremely violent cramps.
Combine with **Detox No. 17 (Stress)** and **Detox No. 4 (Cellular load)**.
Indications:

For all disorders of the uterus: fibromas, dysplasia, premalignancy, infections, spasms, endometriosis and pelvic pain.

Composition:

- Fraxinus americanus D1
- Gossypium herbaceum D1
- Solidago D1
- Aurum natronatum muriaticum D6/D8/D10
- Calcium arsenicosum D8
- Calcium Iodatum D8/D12
- Carcinominum D12/D15/D30
- Cholesterinum D8
- Graphites D8
- Calcium silico-fluoratum (Lapis albus) D8
- Thyreoidinum 7CH
- Thiosinaminum D4
- Bufo D9
- Sequoia gigantea gemmae D1
- Thuja D2
- Sepia D6
- Conium D6/D9/D12
- Phytolacca D6
- Silicea D10
- Uterus 12CH/15CH/30CH
Pharmacological notes:

Fraxinus americanus: drainage of the spleen and pelvic area
Gossypium herbaceum: lymphatic drainage of the adrenal glands and infections in the lower pelvis
Solidago: general drainage of the kidneys and lymph
Aurum natronatum muriaticum: fibromas of the uterus
Calcium arsenicosum: hardening of the uterus
Calcium Iodatum: fibromas of the uterus and breasts due to thyroid disorders
Carcinominum: premalignancy of the uterus and breasts
Cholesterinum: for tumours, drainage of the liver
Graphites: dysfunction of the thyroid and fibromas
Calcium silico-fluoratum (Lapis albus): fibromas and hardening of the arteries
Thyreoidinum: thyroid, heart, breasts and uterus
Thiosinaminum: reabsorption of cicatricial tissue
Bufo: neuroimmune regulation
Sequoia gigantea gemmæ: lymphatic drainage of the lower pelvis and uterus
Thuja: immune stimulation
Sepia: direct effect on the uterus and ovaries
Conium: premalignancy of the breasts and uterus
Phytolacca: hardening of the breasts and lymphatic drainage
Silicea: lymphatic drainage and connective tissue of the breasts
Uterus: general regeneration of the uterus

Posology:

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.
Combine with Endocrinotox No. 8 (Female gonad endocrine type) and Endocrinotox No. 25 (Neuroimmuno).
Indications:

For breast disorders such as fibromas, dysplasia, cysts, hardening, lymphatic congestion, premalignancy, infections, post-operative traumas and mastopathy. It is also an effective post-operative treatment for breasts and after breast removals.

Composition:

Arnica D1
Chimaphila umbellata D1
Badiaga D1
Barium Iodatum D8
Mercurius biiodatus D8
Bufo D8
Thyreoida 7CH
Plumbum Iodatum D9/D12/D15
Conium D9

Silicea D8
Calcium silico-fluoratum (Lapis albus) D8
Calcium carbonicum D12
Phytolacca D4
Carcinominum D9/D12/D15/D30
Graphites D8
Bromum D6
Mercurius Iodatus flavus D10/D12/D15
Carbo animalis D8
**Pharmacological notes:**

<table>
<thead>
<tr>
<th>Substance</th>
<th>Effect</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arnica</td>
<td>Physical trauma and physical stress</td>
</tr>
<tr>
<td>Chimaphila umbellate</td>
<td>Lymphatic drainage of the breasts</td>
</tr>
<tr>
<td>Badiaga</td>
<td>Lymphatic drainage of the breasts</td>
</tr>
<tr>
<td>Barium Iodatum</td>
<td>Hardening of the breasts and cysts</td>
</tr>
<tr>
<td>Mercurius biiodatus</td>
<td>Hardening of the breasts and cysts, drainage</td>
</tr>
<tr>
<td>Bufo</td>
<td>Lymphatic drainage of the upper part of the body</td>
</tr>
<tr>
<td>Thyreoidea</td>
<td>Regulation of the thyroid, for benign tumours and cysts in the breasts</td>
</tr>
<tr>
<td>Plumbum Iodatum</td>
<td>Hardening of the breasts and cysts</td>
</tr>
<tr>
<td>Conium</td>
<td>(Pre)malignancy of the breasts, particularly after trauma</td>
</tr>
<tr>
<td>Silicea</td>
<td>Hardening of the breasts and cysts</td>
</tr>
<tr>
<td>Calcium silico-fluoratum (Lapis albus)</td>
<td>Hardening of the breasts and cysts</td>
</tr>
<tr>
<td>Calcium carbonicum</td>
<td>Connective tissue of the breasts, cysts</td>
</tr>
<tr>
<td>Phytolacca</td>
<td>Swollen and aching breasts</td>
</tr>
<tr>
<td>Carcinominum</td>
<td>(Pre)malignancy, prevention of the latter swellings and cysts in the breasts</td>
</tr>
<tr>
<td>Graphites</td>
<td>Neuroendocrine regulation and lymphatic drainage of the breasts</td>
</tr>
<tr>
<td>Bromum</td>
<td>Hardening of the breasts and cysts</td>
</tr>
<tr>
<td>Mercurius Iodatus flavus</td>
<td>Painful hardening and swelling of the breasts</td>
</tr>
<tr>
<td>Carbo animalis</td>
<td></td>
</tr>
</tbody>
</table>

**Posology:**

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.
Combine with **Endocrinotox No. 3 (General female regulation)** and **Endocrinotox No. 6 (Pituitary gland)**.
PROSTATE

Indications:

Prostate disorders such as Hypertrophy, dysplasia, swelling, lymphatic block, (pre)malignancy, infections and pain. It is also effective for post-operative states and after prostatectomy.

It is used at prophylaxis level by men over the age of 45.

Composition:

Sequoia gigantea gemmae D1
Chimaphila umbellata D1
Sabal serrulatum D1
Zincum metallicum D10
Conium D9
Thuya D2
Solidago virgaurea TM
Testosterone propionate 7CH

Eupatorium purpureum D2
Fabiana (Pichi pichi) D1
Prostate 9CH/12CH/15CH
Populus tremuloides D1
Thyreoidinum 7CH
Pancreas 7CH
Damiana D1
**Pharmacological notes:**

- Sequoia gigantea gemmae: important lymphatic remedy for the prostate
- Chimaphila umbellata: important lymphatic remedy for the prostate
- Sabal serrulatum: important lymphatic remedy for prostate development
- Zincum metallicum: important mineral remedy for the functionality of the prostate
- Conium: (pre)malignancy of the prostate
- Thuya: important lymphatic remedy for the prostate
- Solidago virgaurea: drainage of the urogenital system
- Damiana: chronic prostatitis
- Eupatorium purpureum: important lymphatic remedy for the prostate
- Fabiana (Pichi pichi): important remedy for the prostate
- Prostate: regeneration of the prostate
- Populus tremuloides: important lymphatic remedy for the prostate
- Thyreoidinum: thyroid has an important role in the development of the prostate and related problems
- Pancreas: important role in the causal chain of stress factors in prostate symptomology

**Testosterone propionate:**

**Posology:**

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.
Combine with Endocrinotox No. 2 (General male regulation) and Endocrinotox No. 25 (Neuroimmuno).
Indications:

For all post-natal disorders. These disorders can become more significant after a few years.

It is also indicated in the treatment of men, and women who have not had children, as it has a strong effect on the endocrine and emotional systems – stress, emotional stress, depression, biorhythm disorders, seasonal depression (winter depression), post-shock or trauma stress, suppression caused by allopathic hormones.

Composition:

Arnica TM/D6/D9/D12  
Agaricus D4  
Echinacea angustifolia TM  
Hydrastis TM  
Avena sativa TM  
Hieracium pilosella TM  
Fucus vesiculosus TM  
Bellis perennis D1  
Kalium carbonicum D9/D12/D15  
Sepia D4/D6/D9/D12  

Acidum phosphoricum D4/D6/D9  
Podophyllum peltatum D4  
Ignatia D6/D9  
Pulsatilla D9  
Lac caninum D6  
Conium D6  
Secale cornutum D6  
Calcium carbonicum D12  
Kalium phosphoricum D9/D12
Pharmacological notes:

Arnica: physical overload, connective tissue damage
Agaricus: mental depression
Echinacea angustifolia: stimulation of the immune system
Hydrastis: stimulation of the immune system
Avena sativa: calming and stimulating effect
Hieracium pilosella: renal drainage
Fucus vesiculosus: stimulation of the thyroid
Bellis perennis: restoration and regeneration of tissues
Kalium carbonicum: post-natal disorders
Kalium phosphoricum: asthenia
Acidum phosphoricum: asthenia, lethargy
Podophyllum peltatum: depression and stimulation of the liver
Ignatia: nervous depression
Pulsatilla: emotional depression
Lac caninum: neuroendocrine regulation
Conium: Weakness
Secale cornutum: post-partum pain
Calcium carbonicum: regulation of the thyroid
Sepia: neuroendocrine regulation

Posology:

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.
Combine with Endocrinotox No. 3 (General female regulation) and Endocrinotox No. 25 (Neuroimmuno).
REGENERATION

Indications:

General regeneration and rejuvenation.

Preventive treatment and remedy for chronic disorders. It is indicated for patients over 45 as a prophylaxis against premature aging and for a more effective body regeneration.

Composition:

- Arnica D9
- Ginkgo biloba TM
- Calcium arsenicosum D6
- Calendula D1
- Aurum natronatum muriaticum D9
- Amber D4
- Ammonium benzoicum D6
- Barium carbonicum D8
- Acidum benzoicum D6
- Hepar 4CH
- Acidum hydrofluoricum D12
- Mercurius solubilis D9
- Thiosinaminum D4
- Placenta 4CH
- Hypophysis 4CH
- Oestrogen 7CH
- Testosterone propionate 4CH
- Pancreas 4CH
- Carduus marianus TM
Pharmacological notes:

Arnica: tissue regeneration
Ginkgo biloba: cerebral and memory regeneration
Calcium arsenicosum: regeneration of the liver, kidneys and gonads
Calendula: recovery from injury and arteriosclerosis
Aurum natronatum muriaticum: arteriosclerosis and tumour prevention
Amber: neuroendocrine regeneration
Ammonium benzoicum: regeneration of joints
Barium carbonicum: arteriosclerosis and cerebral circulation
Acidum benzoicum: depression for those living in the past
Carduus marianus: drainage of the liver
Acidum hydrofluoricum: premature aging
Mercurius solubilis: aging
Thiosinaminum: tissue regeneration and absorption
Placenta: general rejuvenation and regeneration
Hypophysis: neuroendocrine regulation and regeneration
Oestrogen: neuroendocrine regulation and regeneration

**Testosterone propionate:**

Pancreas: regeneration of the pancreas
Hepar: regeneration of the liver

Posology:

20 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.
Combine with **Endocrinotox No. 2 and No. 3 (General male or female regulation)** and **Detox No. 4 (Cellular load).**
**NEUROIMMUNE REGULATION/CHILDREN**

**Indications:**

For hyperactive children, with exudative diathesis, chronic infections, growth disorders, and is also effective as a preventive treatment for these disorders. It can be used on any child with chronic infections of the ears or throat, allergies etc.

**Composition:**

<table>
<thead>
<tr>
<th>Calcium carbonicum D8</th>
<th>Echinacea purpurea TM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calcium phosphoricum D8/D10</td>
<td>Hydrastis TM</td>
</tr>
<tr>
<td>Calcium fluoratum D8/D10</td>
<td>Myristica sebifera 1CH</td>
</tr>
<tr>
<td>Calcium arsenicosum D8</td>
<td>Passiflora incarnata TM</td>
</tr>
<tr>
<td>Ceanothus americanus D1</td>
<td>Hypericum TM</td>
</tr>
<tr>
<td>Ferrum phosphoricum D8</td>
<td>Arnica D1</td>
</tr>
<tr>
<td>Medulla ossis 7CH</td>
<td>Avena sativa TM</td>
</tr>
<tr>
<td>Splen 7CH</td>
<td>Kalium phosphoricum D8</td>
</tr>
<tr>
<td>Thymus 4CH</td>
<td>Zincum valerianicum D6/D9</td>
</tr>
<tr>
<td>Echinacea angustifolia TM</td>
<td>Camomile D6</td>
</tr>
</tbody>
</table>
Pharmacological notes:

Calcium carbonicum: acts on the pituitary gland and thyroid, and is an antidote against pesticides (INTEGRA)
Calcium phosphoricum: growth deficiencies, weak constitution, weak liver and lymphatic stagnation
Calcium fluoratum: infections, Otitis Media, tonsillitis
Calcium arsenicosum: headache, weak spleen, renal weakness, with INTEGRA for allergies from food additives
Ceanothus americanus: weak spleen, poor immune defences
Ferrum phosphoricum: fever, acts on renal drainage
Medulla ossis: strengthens the reticulum-endothelial system and general constitution
Splenic: the spleen plays an important role in the prevention of viruses
Thymus: regenerates the thymus and counteracts emotional stress
Echinacea angustifolia: general strengthening of the immune system
Echinacea purpurea: stimulation of phagocytosis
Hydrastis: stimulation of the liver and lymph
Myristica sebifera: strengthening of the immune system against bacterial infections
Passiflora incarnata: neuroendocrine sedative and calming
Hypericum: strengthens the nervous system against heavy metals and overstimulation, acts on the thalamus (INTEGRA)
Arnica: follow-up for concussion treatment, traumas to the brain, lesions of cicatricial tissue, traumas
Avena sativa: sedative for the nervous system
Kalium phosphoricum: strengthens the defences against viral infections
Zincum valerianicum: for hyperactivity due to overstimulation
Camomile: acts on the limbic system (INTEGRA)

Posology:

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.
Combine with Detox No. 8 (Immune power) and Detox No. 1 (Allergy), and for infections, add Detox No. 10 (Lymph) as well.
**Indications:**

Weakening of the immune system due to stress, overstimulation, poor lifestyle; works against the effects of alcohol, nicotine, poor food habits.

It is also an effective preventive and regeneration treatment.

**Composition:**

- Calcium arsenicosum D10
- Ceanothus americanus TM
- Hepar 7CH
- Nervus sympatheticus 7CH
- Splen 7CH
- Thymus 7CH
- Echinacea angustifolia TM
- Echinacea purpurea TM
- Hydrastis TM
- Stramonium D9
- Passiflora incarnata TM
- Hypericum TM
- Arnica TM
- Ginkgo biloba TM
- Avena sativa TM
- Ignatia D4
- Berberis TM
- Sulphur LM6
- Adrenalinum D12
- Hypophysis 7CH
- Kalium phosphoricum D8
- Zincum valerianicum D6/D9
Pharmacological notes:

Calcium arsenicosum: drainage of the spleen, kidneys and liver, detoxification
Ceanothus americanus: for drainage of the spleen and immune defences
Hepar: regeneration of the liver
Nervus sympathicus: effects of overstimulation
Splen: strengthening of the spleen and immune system
Thymus: strengthening of defences against stress
Echinacea angustifolia: general strengthening of resistance
Echinacea purpurea: stimulation of phagocytosis (cell defences)
Hydastis: stimulation of the liver and lymph
Stramonium: overstimulation, stress
Passiflora incarnata: sedative
Hypericum: strengthens the constitution against heavy metals and overstimulation, acts on the thalamus (INTEGRA)
Arnica: soft tissue traumas, strengthening of the constitution against physical and emotional stress
Ginkgo biloba: activation of cerebral circulation and memory
Avena sativa: strengthens the nervous system
Ignatia: overstimulation, depression, stress
Berberis: strengthens liver and kidney drainage
Sulphur: activates the defence system
Adrenalinum: stress
Hypophysis: strengthens the neuroendocrine system
Kalium phosphoricum: viral defences and production of interferon
Zincum valerianicum: overstimulation

Posology:

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.
Combine with Detox No. 17 (Stress) and Endotox No. 14 (Thymus).
ENDOCRINOTOX
No. 26

PARATHYROIDS

Indications:

Regulation of parathyroid function, bone development, lymphatic drainage, recovery after a bone fracture, concussion, trauma, shock. It is also indicated for rheumatic disorders, arthritis, growth disorders in children, mineral deficiencies, calcium and fluoride supplements for children, strengthening of teeth against cavities and chronic infections, stagnation of the lymph, arteriosclerosis and hardening of tissues.

Composition:

- Abies pectinata gemmae D1
- Pinus Montana gemmae D1
- Calcium carb. Hahnemanni D8/D12
- Calcium fluoratum D8/D12
- Calcium gluconium D8/D12
- Calcium phosphoricum D4/D8
- Natrum phosphoricum D6
- Calcium Iodatum D6/D9/D12
- Calcium silico-fluoratum (lapis albus) D8/D10

- Vitamin D D6/D8/D10
- Os totalis 4CH
- Hepar sulphuris D6/D10
- Sepia D3/D6
- Silicea D8
- Kalium carbonicum D8
- Glandula parathyreoidea 7CH
- Boron D8/D10
Pharmacological notes:

Abies pectinata gemmae: drainage for bone metabolisms and arthritis
Pinus Montana gemmae: drainage for bone metabolisms and rheumatic infections
Calcium carb. Hahnemanni: acts on parathyroids, thyroid and pituitary gland
Calcium fluoratum: acts on bone growth, lymph and dental caries, arteriosclerosis and chronic bacterial infections
Calcium gluconium: acts on parathyroids
Calcium phosphoricum: strengthens bone development and immune defence
Natrum phosphoricum: renal calculi, acidosis, excessive consumption of soft drinks
Calcium Iodatum: thyroid, lymphatic stagnation, tonsillitis, defences against viruses
Calcium silico-fluoratum (lapis albus): strengthens connective tissue
Vitamin D: strengthens resistance and bone development
Os totalis: regeneration of bone
Hepar sulphuris: increases resistance and strengthens the immune system
Sepia: stimulates the neuroendocrine system
Silicea: strengthens the connective tissue, antioxidant
Kalium carbonicum: strengthens the liver, adrenal glands and connective tissue
Glandula parathyreoidea: regeneration of parathyroids

Posology:

10 drops, 4 times a day, several minutes before and after meals and combine with Detox No. 4 (Cellular load) and Endocrinotox No. 6 (Pituitary gland).
**DETOXIFICATION AND ENDOCRINOTOX THERAPY**

The best therapeutic approach is to start with the detoxification programme outlined in the Detox/Endotox Handbook. When you have completed this programme you can begin Endocrinotox Therapy as outlined in this booklet.

Endocrinotox Therapy can also be started before the detoxification programme is completed. This system can be used to strengthen a classic homeopathic therapy with polycrests.

The following is a summary of the therapeutic programme:

1. **Detox** therapy (outlined in the Detox/Endotox Handbook):
   
   *Reduction of exogenous toxins*

2. **Endotox** therapy (outlined in the Detox/Endotox Handbook):
   
   *Reduction of endogenous toxins*

3. **Endocrinotox** therapy (see the beginning of this booklet):
   
   *For regenerating and strengthening the tissues and the immune system, and improving the general feeling of wellbeing.*

4. Maintenance therapy:

   *This is devised according to weak points and symptoms; prescribe a remedy for each group (Detox, Endotox and Endocrinotox) being supported, if necessary using Flowerplex or Allergyplex.*

The Endocrinotox remedies can be combined with any other type of therapy and they have a profound action. They can be used on the basis of symptoms or testing methods such as Vega, BFD, EAV and kinesiology.
ENDOCRINOTOX THERAPY AND PREGNANCY

There are no contraindications with using Endocrinotox therapy during pregnancy.

The following remedies are recommended during pregnancy:

1. Endocrinotox No. 3 (General female regulation)
2. A remedy suitable for the patient’s endocrine type (Pituitary, adrenal, gonad, thyroid) and identified using a test or at the anamnesis. If you are in any doubt, prescribe Endocrinotox No. 6 (Pituitary gland).
3. Endocrinotox No. 25 (Neuroimmuno)
4. Endocrinotox No. 26 (Parathyroids)

One month before giving birth:

1. Detox No. 3 (Connective tissue)
2. Detox No. 13 (Kidneys)
3. Detox No. 11 (Ligaments)
4. Detox No. 8 (Immune power)

During labour:

1. Detox No. 17 (Stress)
2. Detox No. 3 (Connective tissue)
3. Endotox No. 13 (Sugar)

These remedies can be mixed together in one bottle and administered every 5-10 minutes (5-10 drops).

After the birth:

1. Detox No. 3 (Connective tissue)
2. Endocrinotox No. 22 (Postnatal)
3. Endotox No. 12 (Muscle tissue)
4. Endocrinotox No. 23 (Regeneration)
**ENDOCRINOTOX THERAPY AND CHILDREN**

It is very difficult to establish a child’s endocrine type. In children under the age of 6, the pituitary endocrine type is the most common. It is best to carry out a test in order to establish which is the most effective remedy.

For chronic infections:

1. Endocrinotox No. 26 (Parathyroids): 20 drops before bedtime  
2. Endocrinotox No. 24 (Neuroimmune regulation/children): 10 drops, 4 times a day  
3. Detox No. 8 (Immune power): 15 drops, 4 times a day  
4. Endotox No. 14 (Thymus): 20 drops in the morning  
5. Detox No. 10 (Lymph): 10 drops, 3-6 times a day

Continue with this therapeutic scheme for 3 months; the majority of children will greatly improve.

**REGENERATION AND ENDOCRINOTOX THERAPY**

For arteriosclerosis, Alzheimer’s disease, memory loss and as a preventive treatment:

1. Endotox No. 6 (Brain): 20 drops before bedtime  
2. Endocrinotox No. 2 or No. 3 (General male or female regulation): 20 drops before bedtime  
3. Endotox No. 1 (Circulation): 20 drops, 4 times a day  
4. Endocrinotox No. 23 (Regeneration): 20 drops before bedtime  
5. Endocrinotox No. 26 (Parathyroids): 20 drops in the morning

It is also important to support the body with antioxidants such as beta-carotene, Vitamin C, Selenium and Vitamin E.
**HIGHLY SENSITIVE PATIENTS AND ENDOCRINOTOX THERAPY**

Reactions and worsenings may occur when homeopathic remedies are used. This can happen with Endocrinotox therapy, but it is extremely rare. When treating highly sensitive patients, it is advisable to begin with Endocrinotox Therapy as it helps to strengthen the body and prepare it for detoxification.

**ACUPUNCTURE AND ENDOCRINOTOX THERAPY**

Endocrinotox is an ideal support therapy to combine with acupuncture therapies and Chinese phytotherapy. The remedies have a profound effect and strengthen the effects of acupuncture.

**BIOENERGY TESTING AND ENDOCRINOTOX THERAPY**

Various methods can be used to test these remedies:

The VEGA test, EAV test (Voll), BFD test, Kinesiology, and INTEGRA (the system developed by Dr. Martina).

These systems can be used to establish the level of toxicity in the body and the efficacy of the various remedies.
## THERAPEUTIC INDEX

### A

**Adiposity**  
(being overweight/obese)  
1. Identify the constitutional endocrine type  
2. Endocrinotox No. 10 (Hypothyroid), 10 drops, 4-6 times a day  
3. Endotox No. 8 (Hypometabolic), 4-6 times a day  

Carry out renal drainage as well (Detox No. 13).  
Regulate the metabolism of sugar (Endotox No. 13)

**Adrenal insufficiency**  
Endocrinotox No. 9 (Adrenal glands), Detox No. 6 (Energy load), Endocrinotox No. 23 (Regeneration)

**Anxiety, irritability, stress**  
1. Identify the constitutional endocrine type.  
Then Detox No. 17 (Stress), Endocrinotox No. 1 (PMS), Endocrinotox No. 2 or No. 3

**Arteriosclerosis**  
Endotox No. 1 (Circulation) and No. 15 (Fats)  
Endocrinotox No. 23 (Regeneration)  
Endotox No. 6 (Brain) and Detox No. 9 (Liver)

### B

**Bleeding between menstrual cycles**  
Endocrinotox No. 13 (Cyclometro)  
Endocrinotox No. 3 (General female regulation)  
Endocrinotox No. 19 (Uterus)

**Brain (circulation)**  
See “Dementia” or “Arteriosclerosis”
Breasts (cysts, pain, Swelling, hardening, lumps)  
Endocrinotox No. 20 (Masto)  
Detox No. 10 (Lymph), Detox No. 4 (Cellular load)  
According to the side affected (right or left):  
Endocrinotox No. 4 or No. 5 (right or left ovary)

Change in time zone  
Endocrinotox No. 25 (Neuroimmuno)  
Endocrinotox No. 6 (Pituitary gland), Detox No. 17 (Stress)

Chronic fatigue  
Detoxification therapy (see the Detox/Endotox handbook); then regeneration therapy (see this booklet)

Chronic infections  
Endotox No. 14 (Thymus)  
Detox No. 10 (Lymph) and No. 8 (Immune power)  
Endocrinotox No. 25 (Neuroimmuno)

Colic (in children)  
Endocrinotox No. 24 (Neuroimmune regulation – children)  
Endocrinotox No. 18 (Cyclodysmeno)

Dementia  
1. Endotox No. 6 (Brain): 20 drops before bedtime  
2. Endocrinotox No. 2 or No. 3 (General male or female regulation): 20 drops before bedtime  
3. Endotox No. 1 (Circulation): 20 drops, 4 times a day
4. Endocrinotox No. 23 (Regeneration): 20 drops before bedtime
5. Endocrinotox No. 26 (Parathyroids): 20 drops in the morning

**Depression**

Flowerplex Therapy (see the Flowerplex Vademecum) Detox No. 17 (Stress), Endocrinotox No. 22 (Postnatal), Endotox No. 13 (Sugar)

**E**

**Endocrine disorders (female)**

Endocrinotox No. 3 (General female regulation) and remedy according to endocrine type, Detox No. 7 (Hormonal feedback).
Endocrinotox No. 8-12-13-14-15-16-17-18 – depending on the type of disorder

**Endocrine disorders (male)**

Endocrinotox No. 2 (General male regulation) and remedy according to endocrine type, Detox No. 7 (Hormonal feedback)
Endocrinotox No. 7 (Male gonad endocrine type)

**F**

**Fatigue**

Endocrinotox No. 9 (Adrenal glands), Detox No. 6 (Energy load) and Detox No. 4 (Cellular load)

**G**

**Growth in children**

Endocrinotox No. 6 (Pituitary gland), No. 26 (Parathyroids)
Detox No. 4 (Cellular load), Detox No. 10 (Lymph)
**H**

**Heart and circulation**
See “Arteriosclerosis”

**Hot flashes**
Endocrinotox No. 3 (General female regulation)
Endocrinotox No. 16 (Cyclopreclim)

**I**

**Immune defences**
(weakened)
Endocrinotox No. 25 (Neuroimmuno), Endotox No. 14 (Thymus), Detox No. 18 (Virus) and Detox No. 2 (Bacteria)

**Immune defences**
(weakened by stress)
See “Stress”

**M**

**Memory (loss of)**
See “Dementia”

**Menopause**
Endocrinotox No. 17 (Cycloclim)
Constitutional remedy according to endocrine type

**Menstrual cycle (irregular)**
Endocrinotox No. 14 (Cycloregular)
Endocrinotox No. 3 (General female regulation)

**Menstrual cycle (short)**
Endocrinotox No. 12 (Cycloregular)
Endocrinotox No. 3 (General female regulation)

**Menstruation (heavy)**
Endocrinotox No. 13 (Cyclometro)
Endocrinotox No. 3 (General female regulation)

**Menstruation (painful, cramps)**
Endocrinotox No. 18 (Cyclodysmeno)
Endocrinotox No. 3 (General female regulation)
Menstruation (scanty)  
Endocrinotox No. 15 (Cyclostim)  
Endocrinotox No. 3 (General female regulation)

Metabolism (accelerated)  
Endocrinotox No. 11 (Hyperthyroid)  
Endotox No. 7 (Hypermetabolic)

Metabolism (slowed)  
Endocrinotox No. 10 (Hypothyroid)  
Endotox No. 8 (Hypometabolic)

Osteoporosis  
Endocrinotox No. 3 (General female regulation)  
Endocrinotox No. 26 (Parathyroids)

Ovaries (painful)  
Endocrinotox No. 18 (Cyclodysmeno)  
Endocrinotox No. 3 (General female regulation)  
Endocrinotox No. 4 or No. 5 (Left or right ovary)

Premenopause  
Endocrinotox No. 16 (Cyclopreclim)  
Constitutional remedy according to endocrine type

Premenstrual Mastodynia  
Endocrinotox No. 1 (PMS) and No. 20 (Masto),  
Endotox No. 13 (Sugar) and Detox No. 9 (Liver)

Premenstrual Syndrome (PMS)  
Endocrinotox No. 1 (PMS), Endotox No. 13 (Sugar) and Detox No. 17 (Stress)

Prophylaxis (Pre- and Post-partum)  
The first month  
1. Detox No. 3 (Connective tissue)  
2. Detox No. 13 (Kidneys)  
3. Endotox No. 3 (Connective tissue)  
4. Endotox No. 13 (Sugar)
During labour
1. Detox No. 17 (Stress)
2. Detox No. 3 (Connective tissue)
3. Endotox No. 13 (Sugar)

These remedies can be mixed together in one bottle and administered every 5-10 minutes (5-10 drops)

**Prostate (Hypertrophy)**

Endocrinotox No. 21 (Prostate), No. 23 (Regeneration) and No. 2 (General male regulation)

**Sensitivity to cold**

Endocrinotox No. 9 (Adrenal glands)
Endocrinotox No. 25 (Neuroimmuno)
Detox No. 6 (Energy load)

**Stress**

Endocrinotox No. 25 (Neuroimmuno)
Endotox No. 14 (Thymus) and Detox No. 17 (Stress)